



Professional Services



Youth S.P.O.Ts

The objective of the Federation's 22 Youth S.P.O.Ts (Spaces for Participation, Opportunities and Training) is to foster the holistic development of young people under 35. The S.P.O.Ts comprise 16 Integrated Team Centres, three Children and Youth Centres, two Youth Centres and Youth S.P.O.T. 21.

Annual Statistics

During the past year, the 22 Youth S.P.O.Ts provided a wide range of learning opportunities and challenging experiences, by identifying and responding to the individual and collective needs of young people. These included a special focus on careers and further studies, encouraging volunteerism, helping to build care and support networks, the promotion of civic education and nurturing creativity. By last year the Youth S.P.O.Ts had a total of 259,807 members, with a total attendance in all the centres standing at 2.7 million.

Service Reform of Youth S.P.O.Ts and Youth S.P.O.T. Staff Conference

In order to echo the five strategic directions of connectivity, caring, community engagement, professional collaboration and resources development under the Federation's Second 5-Year Corporate Plan, service reform was carried out in Youth S.P.O.Ts.

As a result, three pillar services were introduced, which were *Strengthening Classroom Learning*, *Extending Educational Opportunities* and *Social Exposure and Development*. The objective is to provide tailor-made programmes to broaden the horizons of young people through the different service directions.

A Youth S.P.O.T. Staff Conference was held in December 2009 for staff to share their views and opinions on the changes. It is hoped that in the coming year, a wide range of classes and activities under the scopes of the three pillar services will be developed.

Another change was the setting up of uCafés within each Youth S.P.O.T. These venues will each have a different theme and encourage young people to build up their own social networks. This initiative reflects the Federation's commitment to connectivity.



LOHAS Youth S.P.O.T.

One of the Federation's first Children and Youth Centre, the Tsui Lam Youth S.P.O.T. in Tseung Kwan O District had to close in February 2010 due to the diminishing youth population in the catchment area. However, with the support of the Social Welfare Department, a new LOHAS Youth S.P.O.T. was opened in Tseung Kwan O District to meet the needs of new families in the newer development.

Modernisation of Youth S.P.O.Ts

The last phase of modernisation was completed before the summer of 2010 in four Youth S.P.O.Ts, including those at Lung Hang, Heng Fa Chuen, Tin Shui and the Felix Wong Youth S.P.O.T.

Service Highlights and New Initiatives

Step Up, Take the Lead: A community programme in Tseung Kwan O District

Taking advantage of the Federation's strong service network in the District, a joint project, *Step Up, Take the Lead*, was introduced by all of the service units in Tseung Kwan O, including the Jockey Club Verbena Youth S.P.O.T., the Jockey Club Tseung Kwan O Youth S.P.O.T., the Felix Wong Youth S.P.O.T., the LOHAS Youth S.P.O.T. and the Sai Kung and Wong Tai Sin Outreaching Social Work Team and Extended Service for Young Night Drifters. The project was funded by the Sai Kung District Council and supported by the Social Services and Healthy and Safe City Committee of Sai Kung District Council. The Social Welfare Department and other NGOs also provided support and encouragement.

Workshops, voluntary services and performances were provided from August 2009 to February 2010.

The aim of the project was to motivate young people, especially in the performing arts while also encouraging them to serve the community.

Be NetWise Internet Education Campaign (see page 23 for more details)

The Jockey Club Shaukiwan Youth S.P.O.T. and the Felix Wong Youth S.P.O.T. participated in launching the district-wide *Be NetWise Internet Education Campaign* in September 2009. Through a variety of programmes and activities, as well as 9,000 home visits, 47 education seminars and 55 workshops with a total attendance of 14,383, the Campaign was well promoted in Eastern and Sai Kung Districts.

Happy Heli High Flyer Project

A-World Consulting and the Federation organised the *Happy Heli High Flyer Project* between July and September 2009. A total of ten participants from the Felix Wong Youth Improvement Award Scheme 2009, the Youth Support Scheme, the Lee Shau Kee College and the Jockey Club Tin Yuet Youth S.P.O.T. participated in this unusual project where they learnt about helicopters and were able to meet helicopter pilots. This exciting exposure was sponsored by Heliservices (HK) Ltd.

Climateers Ambassador Experiential Programme

The Federation was invited to be one of the partners in the *Climateers Ambassador Experiential Programme* launched by the World Wide Fund for Nature, Hong Kong. The project, which lasted for nearly a year, comprised a series of cutting-edge training and educational programmes, including



thematic seminars, interactive workshops and field visits. In total, 80 Climateer Ambassadors, representing six units of the Federation, including the Jockey Club Kwai Fong, the Jockey Club Verbena and the Jockey Club Wang Tau Hom Youth S.P.O.s, as well as the School Social Work Unit, Leadership 21 and Lee Shau Kee College, took part.

The Climateer Ambassadors were taught about the reality of climate change and carbon footprints, after which they joined the Low Carbon Competition, the Climateers Annual Summit and an Awards Presentation in the summer. Two winners will be selected and offered an opportunity to participate in an overseas eco-trip in August 2010.



Shoulder to Shoulder - Service Voucher Scheme

In order to help young people from low-income families sustain their current use of the Federation services during the economic downturn, the Federation launched the *Shoulder to Shoulder - Service Voucher Scheme* in early December 2008. The Scheme ended in March 2010 and around 1,800 youth from needy families were given vouchers worth up to HK\$500.

HKFYG Xu Bei Hong Art S.P.O.I.

With the full support of Renmin University of China, the HKFYG Xu Bei Hong Art S.P.O.I. (XBH Art S.P.O.I.) was formed in November 2009. An opening ceremony and exhibition was held on 7 November 2009 with some invaluable masterpieces of Xu Bei Hong being displayed. The exhibition was open to the public and attracted hundreds of visitors and wide media coverage.



The XBH Art S.P.O.I. is dedicated to provide a series of Chinese Painting and Calligraphy courses to all level of Chinese-Art lovers, as well as beginners. All course tutors were experienced, qualified, and approved by the Xu Bei Hong Art Committee, China. By doing so, the XBH Art S.P.O.I. also aims to enrich the knowledge of Chinese culture among young people.

uChannel

During the year, uChannel provided a wide range of opportunities in order to foster the development of young people in Hong Kong as well as on the Mainland. Its popularity rose greatly among the youngsters with over 20 million clicks since its launch. The average weekly download rate reached 20,000. Currently, there are 20 programmes including two signature programmes co-organised with CNR Huaxia Radio.

uCinema

The HKFYG uCinema was set up by Youth S.P.O.I. 21 with the aim to promote innovative media creations, such as short films and videos. Through various activities, participants were encouraged to make fresh, vibrant and adventurous audio-visual media creations that embraced beliefs, ideas and visions to share with others. There are now a total of 26 films on liberal studies topics presented by the budding directors.



u21.hk and u21 youthnet

u21.hk upholds its promise to provide useful, healthy and updated information for young people. The topics covered include jobs, education, volunteering, media, e-shopping and e-games. This year u21.hk changed its 'look' and included more interactive elements, continually striving to let young people express themselves in a safe and positive environment.

Website Revamp

u21.hk website was revamped in early 2010 with content made more user-friendly.

u21 Live Channel

u21 Live (<http://live.u21.hk>) was launched in April 2010 and is hosted by a group of youth volunteers, concerned about the community and wish to express their opinions. The hosts invite guests from different sectors and with different interests to have a live interview every week. Audiences can call back for a live dialogue session with the guests and hosts during the broadcast.

Healthy Internet Video Contest 2009

The Television and Entertainment Licensing Authority (TELA) and u21.hk launched this contest to enhance the public's understanding of the Control of Obscene and Indecent Articles Ordinance (COIAO), which regulates obscene and indecent materials in order to protect young people. Sixteen workshops on how to make videos were arranged, which resulted

in more than 667 participants submitting over two hundred video clips.

HKFYG Youth@Digital TV

The HKFYG Youth@Digital TV Programme was broadcast over ATV Home as well as ATV's HD channel once a week over the past year, with such content as leadership, media trends and stories of youth facing adversity. This year, 55 secondary schools nominated 164 students to join the *Young Anchors Series*. Upon completion of a series of workshops, participants were selected to be programme hosts.

Young Writer Series

With an aim to promote Chinese writing, the 3rd and 4th *Young Writer Series Writing Contest* were successfully held in 2009-10, with Wan Li Book Company Limited as collaborator. More than ten articles were selected for publication.



Giving out Fortunate Rice

Giving out Fortunate Rice continued to run this year with Chow Tai Fook as sponsor and through which 1,200 elderly benefited. A new online programme, *Gift Garden* was produced to encourage individuals and groups to donate gifts to the needy.

In 2009 to 2010, u21.hk recorded a total of over 16,000,000 views and 4,600,000 visitor sessions. This was also the third year running that u21.hk was honoured with the Meritorious Websites Award given by the Television and Entertainment Licensing Authority.

Be NetWise Internet Education Campaign

Youth online behaviour remains a major concern and as a result, the Federation took an active role in the *Be NetWise Internet Education Campaign*, funded by the Office of the Government Information Officer, as a one-year educational project. The aim of the project is to coach and teach young people how to be safe, healthy and responsible while online. The Federation was commissioned to be the Central Coordinator of the Campaign with 14 other social service organisations directly participating. Over 500 jobs were created by the Campaign and services, including home visits, parent workshops, student and parents talks, competitions, a mobile exhibition vehicle and carnivals were arranged at the district level. Educational messages were also conveyed through mass communication channels such as TV, radio, newspapers, outdoor screens and other public displays. A specialised

NetWise Support Centre for Families was set up to deal with emerging web related cases such as Internet addiction.

u21 youthnet

By the end of March 2010, the number of registered members of u21 youthnet was 302,610. Over 40 organisations and retail stores supported the Federation by offering privileges to u21 youthnet members. A *Sunshine Programme* was launched during the summer holiday to attract more young people to join u21 youthnet and participate in different programmes. The more programmes they took part in, the more chances they could win a prize. Two e-newsletter, *yxpress* and *teenspress*, were sent bi-weekly to keep members abreast of the latest news from the Federation.

uPortal.hk

In order to enhance communication with members and service users, the Federation launched uPortal.hk (also known as E-MRM) in April 2009. The portal provides comprehensive and updated news about the Federation and also facilitates members to enrol and pay for programmes online. uPortal.hk will continue to offer more new features in the coming year, allowing members to update their profile online and to view their programme and volunteer records. Online enrolment and payment services will also extend to non-members. Members and service users registered at the portal were also able to build up their own social networks.



Youth Employment

Hong Kong's unemployment rate saw a gradual improvement after the global recession. However, for young people between the ages of 15 and 19, the unemployment remained three to four times higher than the overall rate. This was particularly so for those with low academic attainments or skills.

Since its establishment in 2003, the Youth Employment Network (YEN) has acted as a bridge for youth to smoothen the transition from school to work by improving their employability skills, while at the same time, exploring work opportunities and encouraging the business sector to employ young people.

Over the past year, YEN cooperated with government departments, the private sector and other NGOs to offer various services in the following areas:

Employability Enhancement

1. *Life Banking Project*: targeted at senior secondary school students and focusing on school to work transition. This past year, over 24,000 students from 95 secondary schools participated in a series of activities, workshop and seminars.
2. *Youth Pre-employment Training Programme (YPTP) & Youth Work Experience and Training Scheme (YWETS)*: under the coordination of the Labour Department, the Federation attended 783 cases of unemployed youth aged between 15 and 24, and conducting 17 training courses on employment skills for about 183 participants.
3. *Manpower Development Scheme*: under the coordination of Employees Retraining Board, the Federation conducted six full-time and two part-time courses for 103 youth.
4. *Integrated Employment Assistance Scheme (IEAS)*: YEN offered services and training to Comprehensive Social Security Assistance recipients aged between 15 and 59 in Tuen Mun District. A total number of 968 cases were handled.

Employment Creation

1. *Employer Network*: formally launched in February 2004, the Network uses the Internet and email to bring notice of job vacancies to young people. Liaising with the business sector, over 127 job vacancies were created with related on-the-job training provided. Employers this year included:
 - The Airport Authority of Hong Kong
 - Ocean Park
 - Select Service Partner Hong Kong
2. *The Youth Career Expo*: YEN organised three large-scale *Youth Career Expos*. These expos served as "One-stop-shops" and 9,100 young people were able to access information and assistance.

Supporting Entrepreneurship

1. *Youth Business Hong Kong*
With endorsement from Youth Business International, the Federation launched *Youth Business Hong Kong (YBHK)* in July 2005 to assist young people who want to start their own businesses and become entrepreneurs by providing seed money in the form of loans. Would-be entrepreneurs are also allocated business mentors who not only provide specialist or professional advice and training, but who also help link up young people with wider networks.



During the reporting period, YBHK received 298 business proposals applying for support. An amount of HK\$588,100 was offered to 14 businesses. To encourage more youth to start their own business, various training workshops, talks and seminars were organised. Over 550 youth attended.

YBHK received a support from Bank of China - "Caring Hong Kong - A Heart Warming Campaign" to launch a *BOCHK Youth Entrepreneur Support Project* in October 2009. This project targets unemployed youth with a viable business plan but without adequate resources to get off the ground.

YBHK published a case book "*Be a Boss - Cases and Analyses of Youth Business*" to share the experience of ten young entrepreneurs who offer tips, advice and references to others.

2. *LiveWIRE*

Co-organised by the Federation and Shell (HK) Limited, *LiveWire* provided elementary and advanced business training for 98 youth. Also included under the programme was the *Lunar New Year Bazaar Award Scheme*, which encourages young people to set up a business - in competition with each other - at the Lunar New Year Flower Market. This competition had 31 teams, with more than 255 young people taking part.

3. *Youth Social Enterprise*

The new initiative, The "HKFYG Organic Farm" (the Farm) was launched to promote healthy living through organic farming. The Farm has the pride to be the only local farm certified organic under The United States Department of Agriculture (USDA) National Organic Programme (NOP).



Located in Yuen Long up on a hill, the Farm has a good natural supply of water, fresh air and very fertile soil - perfect for the growth of organic and healthy produce. This enables consumers to enjoy quality local crops thus reducing transportation, food mileage and carbon emissions.

The Farm also provides a wide range of educational programmes for schools and companies for participants to learn more about organic farming, while giving them an escape from a hectic city life. Through hands-on educational experiences, young people will be inspired to adopt not only healthy eating habits, but also a green lifestyle. To get started, the Federation specially prepared "Go Green Live Well" Lunar New Year Organic Hamper, an exclusive collection of fresh organic vegetables from the Farm, for people to express care for their friends, business partners and the environment.

Café 21, the first flagship youth social enterprise set up by the Federation, has developed itself into a popular relaxing place for people looking for healthy and tasty food. This chic hang-out has also become a comfortable venue to organise private parties, conferences, as well as media briefings and exhibitions, offering work experience for young café trainees.

Image 21, a multi-media studio workshop, offers on-the-job training opportunities for trainees to hone their photographic skills. Added to its professional services including instant photo print, media editing and design, the passionate work attitude of workshop trainees have impressed different clients ranged from non-governmental organisations, government departments to private companies including DBS Bank (Hong Kong) Limited, Social Welfare Department and Lions Clubs International District 303 - Hong Kong & Macau.





Leadership Training

Since April 2000, Leadership 21 has been providing comprehensive, systematic and professional leadership training for young people aged from 15 to 34. During the past decade, Leadership 21 has provided training totalling 700,000 hours to more than 72,000 students, equipping them with the skills and competencies to be young leaders. Leadership 21 has also been commissioned by various government bureaux, tertiary institutions and private corporations to organise tailor-made programmes.

“Hong Kong 200” Leadership Project

The *Hong Kong 200 Leadership Project* is a ten-year training project, begun in May 2006, to enhance young people’s social responsibility and reinforce their willingness to give back to the community. With support from the All-China Youth Federation, the 200 youth leaders selected each year will receive intensive training in Hong Kong and on the Mainland, focusing on recent political, economic and social developments.

This year saw the fourth batch of student leaders selected. This means that over 800 young people have been nurtured and encouraged through specialised training to expand their horizons, hone their analytical skills, develop their talents and strengthen their sense of duty and responsibility

to the community. To maximize their potential in shaping a better future for Hong Kong, they participated in the *First Hong Kong Youth Leadership Forum 2009*. Under the theme, “A New Pearl of the Orient: Preparing Young Leaders for Tomorrow’s Opportunities”, they heard from the Honourable Henry Tang Ying-yen, GBS, JP and other eminent social leaders, including Professor Yeung Yue-man, OBE, JP, Professor Cheng Kai-ming, SBS, JP, Mr. Barry Cheung, JP and Mr. Alex Fong.

Summer School for Effective Leadership 2010

The *Summer School for Effective Leadership* is a collaborative project between the Federation and The University of Hong Kong (HKU). Held for the third consecutive year, the School continues

to empower young people from all around the world with enhanced leadership skills, while they also learn self and team management, improve their analytical abilities and enhance their global perspective.

In 2010, over 120 youth leaders were admitted to the ten-day School. They had the privilege to hear from the distinguished speakers, such as Mrs. Carrie Lam Cheng Yuet-ngor, JP, Secretary for Development, Dr. John C.C. Chan, GBS, JP, Chairman, The Hong Kong Jockey Club and Mr. Chong Chan-yau, Honorary Consultant of Student Development, Centre of Development and Resources for Students, HKU.

Hang Seng Bank - Leaders to Leaders Lecture Series 2010

Since 2004, the Federation and The University of Hong Kong have organised the popular *Leaders to Leaders Lecture Series*. For the second year, the Series was sponsored by Hang Seng Bank. Under the theme, “Hong Kong Today - Pass on the Wonders of Hong Kong”, nine distinguished guest speakers were invited to engage with over 350 leaders from secondary schools and universities. They were:

The Hon. Mr. Justice Patrick Chan Siu-oi	Permanent Judge, Court of Final Appeal
Prof. Edward K.Y. Chen, D.Phil.(Oxon), Hon.D.Soc.Sc.(HKU), GBS, CBE, JP	Former President, Lingnan University
Prof. Way Kuo	President and University Distinguished Professor, City University of Hong Kong
Prof. Yuen Kwok-yung, SBS, JP	Head of Department and Chair of Infectious Diseases, Department of Microbiology, The University of Hong Kong
The Hon. Mrs. Laura M. Cha, GBS, JP	Member, Executive Council, HKSAR Government
Mr. Yau Lop-poon	Editor-in-Chief, <i>Asia Weekly</i>
Mr. Lam Chiu-ying, SBS	Chartered Meteorologist
Mr. Leung Man-tao	Cultural Critic
Dr. Rita Fan Hsu Lai-hai, GBM, GBS, JP	Member, Standing Committee of the Eleventh National People’s Congress of the People’s Republic of China



The Sir T.L. Yang English Ambassadors Outreach

In light of Sir T.L. Yang’s passion for promoting English learning among young people, Dr. Jack Tang, the first ethnic Chinese Chairman of the Hong Kong General Chamber of Commerce, through his generous support, helped to establish this Outreach programme in 2009.

During the year, a group of 25 outstanding young English Ambassadors visited six secondary schools to promote the fun of using English to more than 1,700 students.



Volunteer Services

Established in 1998, the main aim of the Youth Volunteer Network (VNET) is to encourage volunteerism among young people. With the continued support from The Hong Kong Jockey Club Charities Trust, VNET offers young people a variety of opportunities to serve their community while enhancing their life.



Statistics

Over the past year, VNET had 15,339 new registrations resulting in a total of 134,155 registered volunteers with a combined service hour total of 599,607 hours. At the same time, those who were involved in the *Heart to Heart Project* contributed 739,519 hours. There were also 589 volunteer training programmes, with the participation of 24,594 young people.

'I am a Volunteer' Campaign

The 'I am a Volunteer' Campaign was again promoted to coincide with the *Global Youth Service Day* in April and the *International Volunteer Day* in December. As a result, 13,968 young people volunteered through 144 organisations and schools, carrying out more than 270 services. Over 31,000 needy persons directly benefited.

2009 Global Youth Service Day

The themes for this year's *Global Youth Service Day* (GYSD) were "Serving the Elderly" and "Protecting the Environment" and four large-scale events were organised on 25 April. Legislative Council Members, the Honourable Alan Leong Kah-kit, SC and the Honourable Kam Nai-wai, and District Social Welfare Officer (Wong Tai Sin and Sai Kung) of the Social Welfare Department, Ms. Cecilia Li, were the Officiating Guests. District Council members from Eastern and Sai Kung Districts were also present to show their support.

International Volunteer Day

To celebrate the International Volunteer Day, a campaign called *Volunteering: Extraordinary Experiences and Great Moments* was launched to encourage volunteers to share their extraordinary experiences and great moments of self reflections,

either in writing or through photographs. Entries were then uploaded to the VNET and u21 websites. A total of over 1,600 entries were received. After public voting through the Internet and a judging by a panel of professionals, 40 outstanding pieces were selected for awards.

VNET also organised the *Community Volunteer Service Scheme* in which 408 young people were involved in contributing a total of 2,778 service hours to serve deprived families, children and the elderly in their neighbourhoods.

Heart to Heart Project

For the fifth year, the *Heart to Heart Project* brought together schools and businesses. A total of 178 schools and 89 companies supported a total of 113 school volunteer corps.

Hong Kong Young Ambassador Scheme

The Scheme is a joint venture of the Tourism Commission and the HKFYG, and has been running for the past nine years. The aim is to promote Hong Kong both as a hospitable city for visiting tourists, while making it a 'must-visit' for those abroad. This year, the scheme collaborated for the first time with the Hong Kong Association for Customer Service Excellence. The theme was "Cultivate Excellence; Nurture Service Stars". Under the tripartite partnership, a series of training programmes, company visits, as well as a *Young Service Stars Competition* was held. This year there were 786 applications to be Young Ambassadors, with 220 appointed in the role.



Community-based Volunteer Projects

Clean Hong Kong Campaign

In light of the health crisis due to the Human Swine Influenza outbreaks, the HKFYG joined in the territory-wide *Clean Hong Kong Campaign*. With funding support from the Home Affairs Department, VNET mobilised 1,416 volunteers to participate. Their services included visiting and cleaning homes for vulnerable elderly and families in the communities; producing



promotional video clips on public hygiene practices which were shared on YouTube and training young children to observe good personal hygiene practices at home. A total of 1,128 persons were served.

Project Relay

The project, aimed at fostering a caring community for the elderly, was carried out again during the period from July 2009 to March 2010. 24 volunteer groups were formed involving 540 volunteers and served 346 elderly.

Festive Greeting to Poor Elderly

To share the festive joy with underprivileged groups during Chinese New Year, VNET mobilised 531 youth volunteers bringing with them goody bags donated from corporate partners and seasonal greetings to 500 poor elderly in the community. Volunteers also helped with the traditional practice of cleaning homes and repainting in order to bring the elderly good health in the coming year.

Training Programmes

The 3rd HKFYG Tsinghua University Youth Volunteer Leaders Training

Continuing to collaborate with the Volunteer Service Centre of Tsinghua University, a nine-day training programme in Hong Kong from 27 July to 4 August was held. A delegation of 24 student volunteer leaders, along with 135 local youth volunteer leaders participated. The theme for this year was "Serving our Community". Alongside lectures and workshops, a sharing session with the volunteer corps of Ricoh Hong Kong Ltd. was organised. There were also a service practicum which included the *Clean Hong Kong Campaign* and a youth forum.



Training Workshop on the New Volunteer Management System

VNET organised the captioned workshop aimed at helping staff manage volunteer information more accurately and effectively. A total of 52 staff members participated in the training.

Other Service Highlights

The Hong Kong 2009 East Asian Games Opening Ceremony Cheerleading Volunteer Service

Over 500 VNET volunteers served as cheerleaders during the launch of the Games on 5 December. They distributed maracas, light fans, torches, toy drums and clappers to the crowd. They also invited spectators at the Hong Kong Cultural Centre Piazza and on the Avenue of Stars to join in cheering during the fireworks countdown and welcomed all the participating athletes.



Recognition to Volunteers

VNET recognises the efforts of volunteers in different ways. These include a five level badges and certificate awards system and the annual in-house Outstanding Volunteer Selection. One outstanding volunteer leader, Ms. Veronica Chow Tsz-ying, was sponsored to attend the Korean 20th International Youth Forum as a way for her to enhance her leadership skills and broaden her vision in volunteering.

Awards

Outstanding Youth Volunteer Award

Two nominated youth volunteers, Mr. Lee Ho-kei and Ms. Wong Joling were named as *Outstanding Youth Volunteers 2009* by the Social Welfare Department.

Top 10 Highest Service Hour Award

The Federation was once again given the Top 10 Highest Service Award by the Steering Committee on the Promotion of Volunteer Service for the year 2008 in the public organisation category.

Festive Greetings

To connect volunteers, VNET sent them two specially designed e-cards respectively at Christmas and Chinese New Year.

Publications

Community Service as Other Learning Experiences – Youth Serve the Elderly

The purpose of this book is to share with OLE teachers the need for community services and the importance of volunteering in the community, especially for the elderly.

A Resource Handbook on Serving Elderly

The handbook facilitates young people to organise service projects for the elderly in a self-help manner.

The 20 Stories of Youth Volunteers 2009

The book highlights the wonderful journey of 20 young volunteers, some of whom have helped the elderly write their biographies, coached mentally handicapped persons to be volunteers and offered support to young offenders.

Volunteering Together: Stories to Inspire 2007-08

The report summarised the achievements of the 2007-08 *Heart to Heart Project*.





Services for Youth at Risk

The Federation renders services for youth at risk through its district-based Outreaching Teams, Extended Services for Young Night Drifters and Youth Support Scheme.

Along with regular services, including casework, group activities and structured programmes, special projects for specific problems (such as drug abuse and gang violence) were organised last year. The Youth at Risk Unit was also commissioned by the Action Committee Against Narcotics and the Narcotics Division to produce an Anti-drug Resource Kit for School Sector with the support of the Beat Drugs Fund. The Resource Kit was launched to the public in March 2010.

Outreaching Social Work Services

The Federation operates two Outreaching Social Work Teams, serving Sai Kung and Wong Tai Sin, as well as Tsuen Wan and Kwai Chung Districts. The social workers in these Teams provide professional services to local youth at risk between the ages of six and 24, helping them address their anti-social and delinquent behaviour.



The work that was carried out included the following:

Sai Kung and Wong Tai Sin Districts	Tsuen Wan and Kwai Chung Districts
Formation of Community Anti-drugs Teams with the support of the Home Affairs Department to carry out a series of anti-drugs programmes in different districts.	Formation of Community Anti-drugs Teams with the support of the Home Affairs Department to carry out a series of anti-drugs programmes in different districts.
Adventure-based training camps for youth who are exposed to high risk behaviour.	Anti Youth Drug Abuse Programme with sponsorship from the Kwai Tsing District Office of the Home Affairs Department from August 2009 to July 2010. 300 young people were served. Six schools joined this Project which included alternative life training courses, anti-drug adventure-based training day camp, body check services offered by Kwai Chung Hospital, counselling services for high risk youth and occasional youth drug abusers, as well as anti-drug leadership training for 50 senior form students.
18 estates in Sai Kung and Tseung Kwan O Districts joined the Caring Estates Campaign which included youth carnivals in different estates and received support from the local Children and Youth Services Unit, Family Service Centres and residence groups.	With funding support from the Tsuen Wan District Office of the Home Affairs Department, a multi-disciplinary anti-drugs campaign entitled, Tsuen Wan District Three Pronged Anti Youth Drug Abuse Campaign was held. It received support and cooperation from the Tsuen Wan District Fight Crime Committee, Yan Chai Hospital and Tsuen Wan Adventist Hospital and included preventive education for parents and teachers, alternative life training courses, anti-drug camps, Chinese medicine services, and counselling services for high risk youth and occasional young drug abusers.
Life Decode II was implemented from December 2009 to April 2010. The programme was sponsored by the Rotary Club of Lan Kwai Fong and involved 30 youth, exhibiting aggressive behaviours. The purpose of the programme is to enhance problem solving skills and help build up positive social networks and restructure irrational beliefs by adopting 'Cognitive Behavioural Therapy'. The project also encouraged the youth to reform their life structures through different activities and sharing with the mentors.	Project Shine was again supported by the Beat Drugs Fund, and again focused on implementing a community-based approach to identify high-risk youth and drug abusers. Rational Emotive Behaviour Therapy was adopted as a key concept of the project. Through counselling, group training and tailor-made activities, the project hopes to alert young people to the dangers of drugs. Counselling services dealt with emotional and psychological issues and the aim is to turn the lives of drug abusers around. The project served 135 young drug abusers and offered 40 educational talks, workshops and activities to secondary students, teachers, parents and local residents during the reporting period.
Also carried out, for six primary and 13 secondary schools in Sai Kung, was an Assessment on Risk and Protective Factors with regard to drug taking behaviour. The overall results were released in June.	



Extended Service for Young Night Drifters

Social workers targeted young people from the ages of 6 to 24 drifting in the streets or public places in Sai Kung District in late evenings and overnight. With sponsorship from Sai Kung District Council as well as support from the local offices of Social Welfare Department and Leisure and Cultural Services Department, the Unit carried out the Tseung Kwan O Night Market Project named 『YND』 at Tseung Kwan O Sports Centre where recreational and educational programmes were organised every Friday nights from 11:30 p.m. till 2:00 a.m. Saturday morning.

Youth Support Scheme

Support and counselling services are provided to young offenders cautioned under the Police Superintendent's Discretionary Scheme in Kwai

Tsing, Tsuen Wan, Tuen Mun and Tung Chung Districts. The purpose is to help them become law abiding citizens in the future. Most of the cases were referred through intake in the Crisis Assessment Sessions at Divisional Police Stations. Most of the young people had committed minor offences, such as shop lifting and common assault.

With funding support of Ricoh Hong Kong Ltd, the Ricoh Empowerment Project was organised. For the past three years, Ricoh staff volunteers joined together to serve the mentally handicapped, ethnic minority youth, deprived children and drug abusers. Eight Ricoh staff were partnered with eight outstanding youth volunteers to help organise different voluntary programmes.



With sponsorship from the Citigroup Success Fund, Teen Action 2009 was run for the 6th year. This physical and adventure programme is tailor-made for violent teens. 21 boys aged between 14 and 17, along with 19 police volunteers, participated. They took part in physical and disciplinary training, sea adventures, an adventure camp, hiking and voluntary services. The participation of police volunteers is a crucial element in this programme, as the young people discovered a new kind of role model.

With sponsorship from the Community Collaboration Project, the unit collaborated with five community partners in Tung Chung District to hold a project named Through the Teen Striker - Anti-drug Project. 19 young people learnt about magic, graffiti and how to be a clown. They were also given the skills to refuse drugs and learnt how not to be intimidated by peer pressure.

With continuous support from Hongkong Bank Foundation District Community Programme, the second year of Teen's Project was successfully held during April to July in 2009, designed for teenagers who have received a police discretionary warning after committing a violent crime. To reduce their risk of re-offending, it was done in partnership with Kwai Tsing Police District. The programme aimed to strengthen mental and emotional strength, improve the sense of discipline and increase drug awareness through fitness training. Police volunteers became mentors of the teens and accompanied them through fitness training, a wild camp and a visit of residential treatment for drug abusers.

Anti Drug Resource Kit for School Sector

The Federation was commissioned by the Action Committee against Narcotics and the Security Bureau's Narcotics Division to produce an anti-drug resource kit in 2008. The purpose was to help schools formulate a Healthy School Policy promoting an anti-drug message and encourage positive values. The production of the resource kit was sponsored by the Beat Drugs Fund.

Launched on 17 March 2010, the kit was delivered to all primary and secondary schools as well as parent-teacher associations. The kit provides school management, teachers and school social workers with practical reference materials and identification tools, including guidelines on the formulation of the Healthy School Policy, learning and teaching materials for an anti-drug curriculum, drug information, examples of how to handle drug cases, a referral mechanism and information on community support. 12 briefing sessions were also organised in March and April for over 1,700 school personnel and social workers.

A summary of the important parts of the resource kit for easy reference was made and uploaded to the website antidrug.u21.hk.

The Way Forward

The main focus of the Federation's services for youth at risk in the coming year will continue to be on those involved in drugs, gang violence and juvenile delinquency.

Youth Counselling



NetWise Support Centre for Families

With support from the Office of the Government Chief Information Officer, the NetWise Support Centre for Families was launched on 1 September 2009.

The aim of the Centre is to promote the safe and healthy use of Internet among adolescents, as well as provide a one-stop service with regards to Internet safety for parents and their children. The Centre pays special attention to online related issues such as addiction, online friendships, cyber-bullying, intellectual property infringement and pornography.

In order to ensure that this message of using the Internet safely was promoted, Internet Ambassadors were trained, and 100,000 copies of the *Be NetWise Parents Handbook* were produced. Teachers and social workers were also trained and the Centre had produced 6,500 sets of *Be NetWise Education Resource Kit* for use in schools.

Youthline 2777 8899

Youthline 2777 8899 has again proven to be an immediate and convenient channel for young people to express their concerns and emotions through the phone, emails, MSN, blogs and the Internet over the past year.



“Web Positive” Online Outreach Counselling Service

Web Positive is a new form of online youth counselling, offering outreach services which particularly searches through online platforms for young people facing stress or other negative feelings. Conducted by typing in key words and searching personal blogs, personal and relevant messages are sent to those individuals. Only when a trusting relationship has been established, follow up action will be offered, either through messaging, emails or hotline services. A blog and video competition has also been held to promote positive life attitudes.

Form Five Broadband 2777 1112

To help HKCEE and HKAL candidates improve their learning abilities, several talks and workshops on practical tips were organised in 2009. A large-scale symposium was also held for 1,000 F.5 students and their parents, providing information about further studies and potential career paths.

On the eve of the announcement of the HKCEE results, a trip to Hong Kong Disneyland was organised to relieve the stress of 100 F.5 students. A 100-hour hotline and online counselling service, was also available, with over 100 social workers and trained volunteers offering immediate guidance and counselling via the phone or messaging.

Infoline Services

Infoline, targeting primary students, is a 24-hour telephone service to help develop positive attitudes through stories and dramas. Callers are encouraged to share their thoughts by leaving

messages in the voice box. The purpose is to build up self confidence and with a thematic focus, explore through music and story-telling, a younger generation can be helped. Over the past year, a total of 318,450 callers listened to the stories and performances of *Infoline*.



Relationships

Love affairs seem to cause the greatest upset among teenagers. The use of Facebook and online forums make it easy for young people to engage in cyber-relationships. To support teachers and youth workers to teach young people about relationships, *A Practical Guide to Courtship* was published with the support of the Social Work Training Fund. The guide book aimed at promoting positive love attitudes among adolescents.

Case Profile

From April 2009 to March 2010, the computer registered 634,656 incoming calls. The daily average of incoming calls was 1,739. Together with cases handled by *Form Five Broadband 27771112* and online counselling, counsellors handled 55,560 cases during the year. Problems relating to school, mental health and emotional issues remained the top three concerns of young people. Counsellors observed that there is a rising trend for young people to disclose their sadness and hopelessness on the Internet. Online counselling services will be strengthened to meet this particular need.

School Social Work

Over the past year, the Federation offered stationing school social work services to 37 secondary schools, among which are 17 schools served by the School Social Work Unit, with the remaining 20 served by nine Youth S.P.O.Ts. The Unit handled 1,483 cases and provided 1,406 programmes for students, parents and teachers. The total number of consultations was 9,258.

Case Profiles

The top three common concerns related to school (30%), family (24%) and emotional/mental health (15%). Students were also distressed by peer relationship, career worries and the options regarding further education. Some students were also found to be unmotivated to study, unable to adapt to school or had unsatisfactory parent-child relationships. Apart from individual counselling, preventive programmes and therapeutic groups were organised. Close collaboration with teachers and parents was also deemed to be crucial in supporting the wellness of young people.



Trial Scheme on School Drug Testing in Tai Po District

With the support of Beat Drugs Fund, extra resources were allocated to strengthen the School Social Work Service under the Trial Scheme on School Drug Testing. From December 2009 to May 2010, in the three serving schools in Tai Po District, 87 anti-drug programmes were conducted with an attendance of 6,617. Anti-drug ambassador teams were formed to promote a "Say No to Drugs" message.



Obesity Project

The Unit launched the *Obesity Project* jointly with Department of Applied Social Sciences of The Hong Kong Polytechnic University. The aim is to establish an adolescent and family network for promoting the physical psycho-social well-being of obese youth. Two of the serving schools, with over 30 junior form students, joined the project as Health Ambassadors. The Ambassadors attended a series of workshops and camps to learn about healthy habits and develop a positive self-image.

Professional Training Series

Thematic training workshops were held for all the School Social Workers of the Federation, led by experienced counsellors who focused on the wider issues of emotional and family problems.



List of Schools Served by the School Social Work Unit and Youth S.P.O.Ts

District	Name of School
North	1 * De La Salle Secondary School N.T.
	2 * Kei San Secondary School, The Hong Kong Council of the Church of Christ in China
	3 * Fung Kai Liu Man Shek Tong Secondary School
Tai Po	4 Confucian Ho Kwok Pui Chun College
	5 Buddhist Hui Yuan College
	6 * Law Ting Pong Secondary School
Sha Tin	7 * Buddhist Kok Kwong Secondary School
	8 SKH Lam Kau Mow Secondary School
	9 * Buddhist Wong Wan Tin College
Yuen Long	10 Pak Kau College
	11 * Buddhist Mau Fung Memorial College
	12 N.T. Heung Yee Kuk Yuen Long District Secondary School
Tuen Mun	13 * Christian Alliance College
	14 * Tsung Tsin College
	15 Ho Ngai College (sponsored by Sik Sik Yuen)
Sham Shui Po	16 Holy Trinity College
	17 Buddhist Tai Hung College
	18 Wai Kiu College
	19 Tack Ching Girls' Secondary School
	20 Tsung Tsin Middle School
Yau Ma Tei / Tsim Sha Tsui / Mong Kok	21 St. Francis Xavier's College
	22 Po Leung Kuk Vicwood K.T. Chong Sixth Form College
	23 Diocesan Girls' School
Wong Tai Sin	24 * Lok Sin Tong Wong Chung Ming Secondary School
	25 * Lok Sin Tong Yu Kan Hing Secondary School
Tin Shui Wai	26 * Tin Shui Wai Methodist College
	27 * Shun Tak Fraternal Association Yung Yau College
Tsuen Wan	28 * St. Francis Xavier's School, Tsuen Wan
Kwai Chung	29 HKTA The Yuen Yuen Institute No.1 Secondary School
	30 Lions College
	31 Salesians of Don Bosco Ng Siu Mui Secondary School
Tseung Kwan O	32 * Po Leung Kuk 1984 College
	33 * King Ling College
	34 * QuailIED College
	35 * VTC Yeo Chei Man Senior Secondary School
	36 * Creative Secondary School
	37 * HKICC Lee Chau Kee School of Creativity

Remarks: * Served by Youth S.P.O.Ts



Student Guidance Team

In order to strengthen counselling services at primary schools, the Student Guidance Team was set up in 2002. This Team provides Stationing School Social Work Services as its core service and also organises "Understanding Adolescent Project for Primary Students", along with the "P.A.T.H.S. to Adulthood: A Jockey Club Youth Enhancement Scheme", as well as the "School-based After-School Learning and Support Programme".

All-dimensional Counselling Service

Stationing School Social Work Services were offered to 25 primary schools and two kindergartens in the last academic year. In total, 575 cases were handled and 12,458 consultations were provided. From statistics, the most common problems identified include behavioural problems or misconduct, issues about studies, emotional and psychological problems, as well as difficulties with families. In addition to individual counselling, the Student Guidance Team also provided 2,793 activity sessions for students, parents and teachers.

This year, The Peak Tramways Company Limited, The Peak Tower Ltd. and the Student Guidance Team jointly organised the *Learn from the Peak Tour* from October to December 2009. Over 330 primary students from different schools who had low motivation to study were invited to join. The

students enjoyed a fully paid trip to the Peak with entry into the The Peak Tower and Madame Tussauds Hong Kong. The children were able to take in the spectacular view, learning the history of the Peak tram and also enjoyed themselves. They also increased their motivation to learn by engaging with tourists.

In this academic year, two joint school teacher training workshops were held. The first one, on 21 November 2009, was entitled "How to turn stress into a positive force" and held for all the serving primary schools of Student Guidance Team. Dr. Tsang Fan-kwong, the speaker, shared lots of practical skills on handling with around 200 principals and teachers.

The second workshop was tailor-made for the seven primary schools of Precious Blood. It focused on how to expand horizons and to think

creatively. Conducted by Mr. Lawrence Cheng, the workshop was entitled, "Let's go crazy once".

In-house training workshops were also held for staff, on topics such as how to improve public speaking skills, how to devise play therapies, how to deal with child abuse cases and how to handle students with oppositional defiant disorder.

Understanding Adolescent Project (UAP) for Primary Students

The UAP project aims to improve the resilience of students through a series of preventive and developmental programmes. The targeted classes included P4 students from 40 schools, P5 students from 39 schools and P6 students from 38 schools. This was held under the joint efforts of the Student Guidance Team, Youth S.P.O.Ts and the Camps Unit of the Federation.

P.A.T.H.S. to Adulthood:

A Jockey Club Youth Enhancement Scheme

The Hong Kong Jockey Club Charities Trust, in collaboration with the Education Bureau and the Social Welfare Department, continues to be involved in the five-year project, *P.A.T.H.S. to Adulthood*.



Aimed at nurturing students to their fullest potential, the project focuses on whole person development for students from S.1 to S.3. In the 2009-10 school year, this project was held in 20 secondary schools.

School-based After-School Learning and Support Programmes

The *School-based After-School Learning and Support Programmes* continues to provide extra learning opportunities for the underprivileged students. The Student Guidance Team has provided services for two secondary schools and five primary schools.



List of Schools Served by the Student Guidance Team

District	Name of School
North	Pui Ling School of The Precious Blood
	HKFYG Lee Shau Kee Primary School
Yuen Long	Christian Alliance S.Y. Yeh Memorial Primary School
	Kwong Ming Ying Loi School
	Hing Tak School
Tuen Mun	Si Yuen School of The Precious Blood
	Kwai Ming Wu Memorial School of The Precious Blood
Tsuen Wan	Tsuen Wan Lutheran School
	Tsuen Wan Chiu Chow Public School
	Tsuen Wan Trade Association Primary School
Kwai Tsing	Salesian Yip Hon Primary School
	Baptist (Sha Tin Wai) Lui Ming Choi Primary School
Sha Tin	Chi Hong Primary School
	L.K.W.F.S.L Wong Yiu Nam Primary School
Sham Shui Po	Ka Ling School of The Precious Blood
	Iu Shan School
Kowloon City	Lok Sin Tong Primary School
Wong Tai Sin	Confucian Tai Shing Primary School
Kwun Tong	L.S.T. Yeung Chung Ming Primary School
Eastern	HKUGA Primary School
Wan Chai	Precious Blood Primary School
Central and Western	St. Stephen's Girls' Primary School
	St. Paul's College Primary School
Southern	Precious Blood Primary School (Wah Fu Estate)
	Precious Blood Primary School (South Horizons)

Kindergartens and Day Nurseries

The Federation has been providing pre-primary education since 1997 and now runs two kindergartens-cum-day nurseries in Sai Wan Ho and Yaumatei. The intake of students is good at both kindergartens with 100% at Ching Lok Kindergarten in Sai Wan Ho and over 90% at Ching Lok Kindergarten in Yaumatei. New initiatives were carried out in the past year to cater for the various needs of children.



Enhanced Curriculum

Both kindergartens have passed the Quality Review under the Pre-primary Education Voucher Scheme (PEVS). Ching Lok Kindergarten has refined the spiral strategy in the curriculum and a Thematic Approach is now used in N1, while a Project Approach was gradually adopted in K1-2 and fully adopted in the teaching of K3. Previously, a Big Book Approach was implemented in the teaching of English in K1-3, but not in the nursery class due to the lack of local teaching material for nursery children. This year, the Kindergarten purchased overseas teaching material to implement the Big Book Approach in nursery education and the outcome was very encouraging. To support the children's creativity, Ching Lok Kindergarten (Yaumatei) provided more opportunities for K2-3 students to think, draw and write. Teachers told stories and encouraged

students to continue the story by drawing and writing. This greatly increased students' learning incentive and learning effectiveness.

Professional Development for Teachers

Principals of both kindergartens completed the Certification Course for Kindergarten Principals as required by the Education Bureau so as to upgrade their professionalism. The majority of teachers made use of development subsidies from EDB and the Social Welfare Department to undertake formal training and further enhance their teaching strategies. Apart from the study of pedagogical skills, kindergartens also organised special staff development programmes to provide systematic learning opportunities and to enhance their abilities in other essential areas. A series of English programmes, conducted by a retired English teacher on a voluntary basis, was

arranged for teachers so as to enhance their English competence. The programme focused on strengthening oral skills, improving accuracy in pronunciations and enriching vocabulary. The volunteer also advised on how to make encouraging comments on student's reports and how to improve their daily conversation in English with students. The teachers enjoyed the programmes very much, finding them useful and practical.

Newly Initiated Programme for Families with Children with Special Learning Needs

With more and more children requiring special learning needs and with little proper support at home, Ching Lok Kindergarten made a great effort to identify these children and devise tailor-made programmes for their parents. Through a series of parent-child activities such as games, drawing, playing and outings, teachers demonstrated ways to communicate and ways to facilitate learning. Parents were thus equipped with the skills necessary to help their children, while also benefiting from community support and not feeling isolated.

Collaboration with Professionals on the Emotional Well-being of Children

There has been an increasing emphasis on the emotional well-being of children which is essential for whole person development. Ching Lok Kindergarten (Yaumatei) collaborated with the Hong Kong Institute of Education to carry out the Zippy's Friends programme for K.3 students. The 24-session programme focused on six areas: feelings, communication, friendship, conflict, change and loss and making a new start. Through storytelling, role playing, drawing and games, children learnt to cope with situations and dilemmas such as bullying, loneliness, rejection and death. Instead of telling children what to do, teachers encouraged them to think for themselves and to come up with their own solutions. Children were given opportunities to identify and talk about



their feelings. They also learnt to listen attentively and speak openly. Children's problem solving skills were enhanced and the kindergarten will incorporate the elements of emotional health into the kindergarten's curriculum in the future.

The Way Forward

The School Management Committee of Kindergarten will be expanded to inject new ideas into the management. Efforts will be made to enhance the curriculum and the professionalism of teachers.

Primary School

The HKFYG Lee Shau Kee Primary School (LSKPS) completed the previous cycle (2006-09) of its three year development plan and is now on its next three year cycle for 2009-12. This will focus on accelerating the effectiveness of learning, fostering the healthy growth of students and establishing a positive attitude towards life, as well as strengthening home-school collaboration.



Celebration of the 10th Anniversary

As part of the 10th anniversary celebrations of LSKPS, the School staged an English musical *Cinderella* on 12 September 2009 at the Yuen Long Theatre to showcase the talents and achievements of students. Over 80 students from LSKPS and six from the HKFYG Lee Shau Kee College (HLC) performed two shows that day. The School was honoured to have Dr. Moses Cheng Mo-chi, GBS, JP, Chairman of the Education Commission as the Guest of Honour. To promote the school, LSKPS also invited principals, teachers and parents of nearby primary schools and kindergartens to enjoy the show. Feedback from the audience was positive and encouraging. The young actors found this an invaluable learning experience.

The school also held a 10th Anniversary Ceremony and Variety Show on 24 April 2010. The school invited Mrs. Yu Law Siu-man, Chief School Development Officer (Yuen Long), to officiate. The theme of the Ceremony was "Love. Back home" reflecting LSKPS as a warm and safe

place for students and teachers. Students of the HKFYG kindergartens, along with the students from HLC were invited to perform, while previous LSKPS students "returned home" to run the game stalls. The celebration activities were successful and well received by the Guest of Honour, parents and fellow students.



Effective Teaching Strategies in Language Education

Since 2008-09, LSKPS has been implementing the Primary Literacy Programme-Reading/Writing (PLP-R/W). This year, the PLP-R/W was extended to P2. Students enjoyed the lessons with stories, songs and rhymes, while at the same time improving their skills in English listening, speaking, reading and writing.

The school joined the *Seed Project* organised by Education Bureau (EDB) this year to investigate effective strategies to further develop reading skills in Key Stage 2 (from P.4 to P.6) through the implementation of Reading Workshops which P5 has now joined. In order to facilitate the implementation of this Project, an experienced English teacher was seconded to EDB for planning the curriculum for the Reading Workshops for P5 and developing necessary resources to support learning and teaching strategies. This teacher was also able to assess the impact on student learning in order to improve teaching practices. After implementing the Reading Workshops for a year, students have improved their reading skills and most of them have cultivated an interest in reading English language books.

Developing Students' Creativity

The school participated in the Hong Kong FLL Robotics Tournament organised by the Federation. About 20 students, divided into two teams, were selected to participate in the



tournament. To further enhance their skills of programming and completing the challenges, they participated in training courses provided by The Hong Kong Polytechnic University and Semia Limited. All the expenses were sponsored by Dell.

The tournament was held on 27 February 2010 at the Hong Kong Science Park. Those who participated found the Tournament both challenging and interesting.

The Way Forward

The school aims at improving students' learning performance in the next school year. The school will promote the importance of reading. In English language studies, the PLP-R/W will continually be implemented from P.1 to P.3. Students of P5 and P6 will join the *Seed Project* to further develop their reading skills.

The number of traditional examination will be reduced with assessments emphasising learning progress. Extra school days will be released for the school to implement measures for catering to learning differences. The school will strengthen support for students with different needs and ensure that each child receives the attention he or she deserves by placing them in specific groupings according to ability, thus improving and accelerating learning effectiveness.



Secondary School

Opened in September 2006, the HKFYG Lee Shau Kee College (HLC) is the Federation's first secondary school, as well as the first English-medium Direct Subsidy Scheme (DSS) secondary school in Tin Shui Wai. HLC has now expanded to four levels with approximately 500 students.

President's Award for Best Teamwork

HLC believes that good teachers hold the key to students' healthy development and success. The school takes great pains in recruiting the best teachers and puts in great effort to build up a strong and harmonious team. Teachers often collaborate in lesson planning and decisions are made in consultation. In recognition of the strong team spirit, HLC was presented the HKFYG's President's Award for Best Teamwork.

One major area of concern was the professional development of teachers. While teachers are encouraged to participate in training provided by the Education Bureau (EDB) and other organisations, HLC also pioneered a school-based Management Programme for Teachers. Apart from the Principal and the Vice-principal, two guest speakers were enlisted among the senior managers of HKFYG for the ten teacher participants.



Academic Excellence

Before a student can become a high achiever, she/he must first acquire a strong and broad knowledge base and master high-level learning skills. Among all the skills, proficiency in English is perhaps the most important. Neither effort nor resources were spared in providing students with a congenial and enriching English learning environment, as well as an effective and individualised learning programme. Students were split into smaller groups based on ability. Qualified local teachers and three native-speakers were engaged to motivate students to use the language. Under the directorship of HLC's NET drama teacher, the school successfully staged three shows of the pantomime *Cinderella* last December to wide acclaim. Debates and public speaking were also used to build up the confidence of students to speak in English. Students in S.1 and S.2 levels were able to deliver impromptu speeches in English, while those in S.3 and S.4 could effectively engage in debates.

Gifted and remedial programmes are introduced to ensure that those with special needs were well attended to. As a result almost all students met the promotion criteria at the end of the year.

Extra support and resources were given to S.4 students as they faced the first year of the NSS curriculum. Added with the advantage of smaller class size, students made great strides towards the end of the year.

Students again attained remarkable results at the International Assessments for Schools administered by the University of New South Wales, Australia. Top students also made their names known at the Hong Kong Student Science Project Competition with an honorary mention.



Whole Person Development

A cornerstone of HLC's whole-person development is the 3-S Programme: "Self-directed learning", "Self-discipline" and "Self-efficacy". While the first one is related to a student's learning, the other two focus on a student's values, conduct, behaviours and relations with others.

The year started with education camps for each of the grade levels. The theme for the S.1 camp was 3-S; S.2 students visited local heritage sites; S.3 students underwent military training to strengthen self-discipline and S.4 students visited Guangzhou to study education reform and economic development of the Pearl River Delta.

HLC also put great emphasis on moral and civic education. For 2009-10, the Traditional Chinese Values Programme (TCV) was introduced and piloted in S.1 with immense support from staff and parents.

In response to the Government's call for building a healthy and harmonious school environment, the *Four Firewalls Programme* was launched. This was designed to target drug abuse, bullying, sexual deviance and triad activities. Talks and workshops were organised for both parents and students on these topics.





The PTA was also successful in recruiting parent volunteers, who provided much needed support at major school functions. To promote lifelong learning, two training courses were offered on baking cakes and creating Chinese lanterns. The major attraction of the year was the Parent-Teacher-Student Variety Show in May 2010. Around 200 parents, teachers and students came together to have fun singing, dancing, acting and playing games.

Leadership training was provided for 30 students who travelled to Adelaide, Australia in February 2010. Prefects and prospective prefects were also given specialised training.

The Scouts and the St. John Ambulance Cadet programmes were introduced to help promote self-discipline and self-efficacy and all students were encouraged to join. Altogether HLC offers over 30 co-curricular activities to suit students' interests.

Students were also introduced to the concept of public consultation. This was implemented so that the students could develop a sense of belonging to the school, while also nurturing civic responsibility. The Principal met the students in a Public Forum and answered their questions and queries, while also commenting on their suggestions.

The total result of all these efforts can be seen in the list of student achievements. In 2009-10, there were vast improvements in inter-school competitions. HLC did very well at the Schools Music Festival, the Schools Speech Festival and the Schools Dance Festival. In sports, the swimming teams have made the school especially proud by winning the girls' championship at C grade and were first runner up in the boys' C grade at the Yuen Long District. Gains were also seen in handball, badminton, athletics and fencing.

Partnership with Parents

2009-10 was a very fruitful year for the Parent-teacher Association (PTA). The Standing Committee focused on getting more parents involved. Two talks on educating their children were organised by the PTA with Dr. Rosanna Wong and Mr. and Mrs. Chan Man-chiu, specialists on parenting, as guest speakers.

The PTA has also provided immense support and good advice in helping the School to tender for tuck-shop services, school uniforms and school bus services.

The School maintains frequent communications with the PTA through regular meetings and the publication of newsletters.



Looking Ahead

How to prepare senior form students adequately for the new Hong Kong Diploma of Secondary Education remains a top priority. HLC will build on its academic excellence and further strengthen character-formation of its students. In so doing, no effort will be spared in enlisting the support of the principal partner: parents.

HKFYG, as the sponsoring body, continues to be supportive and helps advise the School Management Committee.

HLC is confident in becoming the envy of neighbouring schools!

Continuous Learning Centre

Today, young people have to be creative as well as knowledgeable in order to stay competitive. Lifelong learning becomes the only way for young people to enhance their competitiveness and the Federation has always been keen to provide the youth with extending educational opportunities. In 2008, HKFYG Continuous Learning Centre was established to provide an array of courses that aimed at enhancing the quality of life and employability through improving interpersonal skills and communication. By providing professional development and knowledge development courses, the Federation hopes that young people can develop their potentials and equip the skills and knowledge necessary to success.



Parent-child Mediation

The Parent-child Mediation Centre and the Family Life Education Units in Tai Po/North District, Kowloon City, Yuen Long, Eastern/Wanchai, Tsuen Wan/Kwai Tsing provide professional service to parents.

Services focus on helping parents develop a sense of responsibility and mutual respect, along with two-way communication with their children and are provided through mediation service, talks, workshops and training courses. Public education campaigns are also organised to highlight better parenting skills.

Staffing

Over the past year, the service has experienced some personnel changes. With a new Unit-in-charge, along with new Youth Work Officers, the team has undertaken a review on the service direction and operations, as well as the supervisory structure in order that more professional and effective services can be offered.

Mediation Service

By practicing the principles and skill of mediation, the service helps parents and their adolescent children learn positive ways to improve their communication and resolve their conflicts. This year, mediation service was provided to 32 parent-child pairs.

School Education Programmes

The team put together a programme catalogue based on the services provided and sent them to schools at the start of the school year. Courses and workshops were conducted and popular topics included handling parent-child conflicts, managing children's emotion, disciplining children with love, motivating children to learn, communicating with adolescent children, connecting with the e-generation, sex education and helping children develop financial management skills.

Parent-education Talks Series with Vocational Training Council

Co-organised with the Vocational Training Council and with support from the Home-School Co-operation Committee, as well as the 18 Districts' Federation of Parent-Teachers Associations, the territory-wide parent education talks were organised with the help of the Vocational Training Council. In the sixth year of this programme, five public talks were arranged and the topics included how to communicate with the e-generation, developing financial management skills, the difficulties of working parents, the reasons behind conflicts and "Giving the Best to the Best".

Parent-education Talks Series with HSBC

Together with HSBC, four workshops were held for the Bank's staff members on how to handle parent-child conflicts, how to manage a child's emotion, how to discipline with love and how to motivate children to learn.



Parents Network

With funding support from the Community Investment and Inclusion Fund, the Centre implemented the *Family Network Project* from September 2008. Expected to run until August 2011 in Tsuen Wan and Kwai Tsing Districts, programmes have been and will be conducted in primary and secondary schools to train parents and students as "Caring-family Ambassadors". The Ambassadors will help convey messages about caring families in school and the wider community. Over the past year, TWGHs Chow Yin

Sum Primary School, Kwai Ming Wu Memorial School of The Precious Blood and St. Francis Xavier's School T.W. joined the project.

New Website

In order to connect with the wider public and parents in the community through the Internet, a website on parenting service was launched. The website includes information and tips on parent-child conflict management, recommended books list, the staff list and contact details of the Centre.

Publication

Being a Happy Mother

This book written by the Unit in-charge of the Parent-child Mediation Centre who shared her experience and the insights she learnt from being a mother.

Professional Development

In order to assure the professional standards of all involved social work staff in mediation services, each was expected to acquire the qualification of Accredited Mediator. Sponsored by the Social Work Training Fund, a 40-hour mediation training course was offered by the Hong Kong Mediation Centre. Ten Youth Work Officers joined the course which ran from December 2009 to February 2010.





A side competition, the *Odyssey Pin Design Competition*, was again organised prior to the local Competition. This year, 2,897 entries were received: 543 from the primary division, 2,100 from the junior secondary division and 254 from the senior secondary division.

The seven Championship Teams made up a 68-person delegation to attend the World Finals held at Iowa, USA in May 2009. Two of the teams, from Ho Fung College and St. Joseph's Primary School, placed fourth and fifth in their respective divisions.

The Hong Kong FLL Robotics Tournament

The *Hong Kong FLL Robotics Tournament* was held on 27 February 2010, with the support of The Hong Kong Polytechnic University and Semia Ltd. as supporting organisations and the Hong Kong

Science Park as the venue sponsor. 60 teams of more than 500 students from 48 primary and secondary schools, as well as education centres, joined the Tournament. Students had to not only prepare scientific research on theme of "Smart Move", but they also had to design, build, programme and test autonomous robots that were capable of performing a series of tasks. As in last year, the tournament was divided into two divisions, the senior primary division and the junior secondary division. The two winning teams were sponsored to attend the FLL World Festival held in America and the FLL Open International Championship in Taiwan.

Creativity Education and Youth Exchange

Centre for Creative Science and Technology

With the support of the Innovation and Technology Commission and the Hong Kong Science and Technology Park Corporation, the HKFYG Centre for Creative Science and Technology (CCST) was established in November 2009. The aim of the Centre is to nurture curiosity about science and technology, and encourage exploration, experimentation and firsthand experience. Since the launch of the CCST, around 50 schools and youth organisations accounting for more than 3,700 students and 100 teachers have participated in our training courses. To enrich the students' learning exposure, different formats of programmes were offered. These

included workshops, seminars, exchange tours and science carnivals. The topics ranged from forensic science, food science, environmental science, space science to the daily application of science.

The Hong Kong Odyssey of the Mind Programme

The *Odyssey of the Mind Programme* (OMP) in its 14th year, continues to provide students the opportunity to think innovatively and overcome challenges in a positive way through teamwork. This year's competition was held at the Hong Kong Institute of Education on 27-28 March 2010, at which more than 2,200 students participated.



The Hong Kong Student Science Project Competition

Since 1998, the *Hong Kong Student Science Project Competition* has been supported by the Government to help foster a culture of innovation and technology in Hong Kong. This year's Competition was jointly organised by the Federation, the Innovation and Technology Commission, the Education Bureau, the Hong Kong Science Museum and supported by the Hong Kong Science and Technology Park Corporation.

Under the theme, "Exploring Our Science, Innovating Your World", the 2009 Competition attracted 120 teams from 61 secondary schools, divided into junior secondary and senior secondary divisions. Ten finalist teams from each division were selected for final judging to determine the champion. Unfortunately, the 12 winning teams could not attend the Youth Expo in Korea due to the outbreak of the Human Swine Influenza. This exchange tour was postponed until the summer of 2010.

LEAD Project

Learning through Engineering, Art and Design (LEAD), is all about creative education that infuses technology with art. First launched in Hong Kong in February 2005 by the Federation in collaboration with Massachusetts Institute of Technology Media Laboratory and The Chinese University of Hong Kong, the programme is funded by the Hong Kong Jockey Club Charities Trust and supported by the Innovation and Technology Commission. In December 2006, the HKFYG Jockey Club LEAD Centre was set up at Cyberport.

By 31 March 2010, LEAD had served five kindergartens, 100 primary schools, 107 secondary schools and 15 tertiary institutions. More than 715,400 students took part in the various activities. To consolidate their experiences, LEAD published five books on different themes, including clay animation, Scratch (multimedia software), PicoCricket (micro-computer), DIY with families and the LEAD Creative Class. LEAD also launched its own blog (<http://leadcentre.blogspot.com>) to provide creative ideas to youth, and to document the past activities.

Building Asia Brick by Brick

Co-organised with Hong Kong Ambassadors of Design and with the support from the Faculty of Architecture of The University of Hong Kong and Room to Read, *Building Asia Brick by Brick*, for the second year, engages students to learn through play. On 7 November, with the participation of 400 students from 19 primary schools, Olympian City II was transformed imaginatively and creatively into cultural cities made out of 200,000 LEGO bricks.

This event was preceded by a workshop in September held by the Faculty of Architecture where teacher representatives learnt design and architecture skills. These skills were then passed on to the students. At the event, the students, in 20 teams, constructed their ideal network communities, water communities, green communities, art communities and play communities. Through this exercise, the students learnt about urban planning, developed structural concepts, enhanced their skills in creative



problem solving and improved their abilities to communicate and work in teams. All the 20 individual communities were merged to form a 13-metre by 5-metre miniature of the West Kowloon Cultural District.

Innovation Festival

The Federation was once again invited by the Innovation and Technology Commission to be a Festival Partner at the *Innovation Festival 2009*. Under the theme of "Tech up for a Brighter Future", three roadshows were organised at the Shamshuipo Dragon Centre, Taikooshing Cityplaza and Tsing Yi Promenade. A carnival at the Science Park was also held. All these programmes took place over four weekends in October and November. The Festival attracted more than 110,000 people, a new record.

Along with its extensive network built up over the past 20 years and new partnerships with Mainland and overseas organisations, the Youth Exchange Unit was very busy in 2009-10. By providing professional support to schools and organising exchange programmes, young people were given the opportunities to have their national and global perspectives enhanced.

The highlights of some overseas and Mainland exchange programmes include:

Visit to My Homeland Project

With funding support from the Education Bureau, the Youth Exchange Unit launched the *Visit to My Homeland Project*, comprising of two three-day Study Tours.



The first Study Tour to Dongguan was held in December 2009. The aim was to help participating youth acquire a better understanding on recent historical events, economic development, as well as welfare services for underprivileged children from peasant families in Dongguan. A total of 65 students from lower forms, as well as five teachers, from ten secondary schools participated.

The second Study Tour was to Zhongshan and Zuhai in January 2010. The focus was on people who have made a difference, including Dr. Sun Yat-sen, as well as distinguished entrepreneurs and others who have had an impact on social and economic development. A total of 93 P4 to P6 pupils from five primary schools took part, accompanied by 12 teachers.

Discovering the Dragon Series

The Unit continued to run six school-based study tours to the Mainland under the *Discovering the Dragon Series*. This Series is aimed at helping schools with Liberal Studies and

National Education, in line with the curriculum development. The focus is on experiential study tours and participative youth exchange activities. Teachers from the participating schools joined the tours serving as Delegation Leaders or Group Facilitators. For each tour, pre-tour training sessions were organised. There were also daily debriefing sessions during the trip and a post-tour sharing.



The trips included:

Study Tour to Beijing (focus on Chinese History and Culture)

Two five-day Study Tours were organised. The first was in April 2009, organised for 34 students from F3 to F6 attending the Nam Wah Catholic Secondary School. The second was for 40 pupils studying in P4 to P6 in the HKFYG Lee Shau Kee Primary School, also in April 2009 and with funding support from the Education Bureau.

Study Tour to Guangzhou and Qingyuan (focus on Rural Life)

A four-day Study Tour to Guangzhou and Qingyuan for 60 F.4 students from G.T. (Allen Yeung) College was conducted in September 2009. Activities included home visits, community services in local schools and attending a local youth event.



Study Tour to Wuhan and Yichang (focus on the Three Gorges Dam)

A five-day tour to Wuhan and Yichang for 40 students studying in Upper Forms in S.K.H. Kei Hau Secondary School was organised in December 2009, with a subsidy from the Funding Scheme under the Commission on Youth. The focus of this tour was the economic and social importance of the development of the Three Gorges Dam.

Study Tour to Shenzhen and Guangzhou (focus on Economic Development)

The Study Tour to Shenzhen and Guangzhou was for three days for 39 F.4 students from St. Catherine's School for Girls, Kwun Tong. Conducted in December 2009, the aim was to learn more about the economic development in the Pearl River Delta.

Study Tour to Guangzhou (focus on Science & Technology)

Another three-day Study Tour to Shenzhen and Guangzhou was organised for 30 P.5 and P.6 pupils from Yan Chai Hospital Chan Iu Seng Primary School in March 2010, with funding support from the Education Bureau. The students visited the Science Centre and through sharings with local primary schools, learnt more about the application of science and technology in daily life.

Discovering the World Series

Apart from the China series, the Youth Exchange Unit also organised study tours and youth exchange activities overseas. These included two school-based study tours and participation in an international conference for secondary school students. In more detail, these trips were:



Study Tour to Taiwan (focus on Geography)

A four-day Study Tour to Kaohsiung, Taiwan was organised in September 2009 for 33 students studying in F.7 at the TWGHs Cheung Ming Tim School. Through field visits to the National Park, students were able to make geographical applications and also learnt more about their Taiwanese peers.

Study Tour to Australia (focus on Leadership Training)

An 11-day Study Tour to Australia for 30 students from the lower forms of HKFYG Lee Shau Kee College was conducted in February 2010. A series of structured activities, including classes, excursions, self-confidence and team building exercises, a visit to Youth Parliament, as well as home-stays were arranged.

International Youth Forum in Korea

The Youth Exchange Unit sent a delegation of four to attend the 20th International Youth Forum organised by the National Youth Council of Korea, held in Seoul in August 2009. In return, the Unit received a 15-person delegation from Korea in October 2009 as part of building up networks and links.

SAT Reception Programme

The Scholastic Aptitude Test is offered by the College Board of the United States for those who plan to do their undergraduate degrees in the United States. This Test is run six times a year in designated cities all over the world, including Hong Kong. Since 2008, the Youth Exchange Unit has run the *SAT Reception Programme* for students from the Mainland who wish to take the test in Hong Kong. With support from the Hong Kong Examinations and Assessment Authority, the Federation provides accommodation, meals and ground logistics to the students. Also arranged are visits to local universities or related educational organisations being accompanied by Young Ambassadors from the Hong Kong Young Ambassadors Scheme co-organised by the Federation and Tourism Commission. A total of 173 students from the Mainland have participated in SAT Reception Programmes held in May, June, October, November and December 2009 as well as in January 2010.



Leisure, Cultural and Sports Services

The HKFYG Hong Kong Melody Makers

The HKFYG Hong Kong Melody Makers (HKMM) was established in 2004 with sponsorship from The Dragon Foundation. This youth ensemble reflects Hong Kong's vivacity by giving voice to the city's cosmopolitan spirit. Under the very able leadership of Artistic Director, Mr. Patrick Chiu, HKMM is comprised of dynamic young people with a shared passion for music. The choir has established itself in Hong Kong as reputable choral and a *cappella* ensemble.

HKMM participated in more than 30 performances, musical activities and social services throughout the year, both in Hong Kong and overseas. Highlights include: the "a *cappella Fantasia*" performances – a series of a *cappella* activities organised by the Federation and sponsored by the Home Affairs Bureau in October 2009. Other participants included, *Takarabune* (from Japan), *Mr. Kaichiro Kitamura* (Japan) and *Focal Plus* (Taiwan).

HKMM also helped celebrate the 20th Anniversary of the Hong Kong Cultural Centre in December 2009; participated in a Master-class conducted by the world-renowned a *cappella* group

Chanticleer, and brought melody to numerous charity events organised, among other, by ORBIS, The Dragon Foundation, the Children's Thalassaemia Foundation and Caritas Lok Yi School.

HKMM also travelled out of Hong Kong. In October 2009, they participated in the China National Day celebration performance at the Macau East Asian Games Dome. In the same month they attended the *Taiwan International Contemporary a cappella Festival* in Taipei. In February 2010, they participated in the *61st Sapporo Snow Festival* and *Hamosatsu Festival* in Sapporo, Japan.

The choir also distinguished itself in international competition, by winning the first prize at the *3rd Asian Youth a cappella Singing Competition* in Chuncheon of South Korea. They took home The Golden Harmony Award, The Best Vocal Award and The Award for the Best Arrangement, with songs arranged by one of the group's members.

They ended the year by participating in the *Hong Kong 2010 International a cappella Festival*.



A thoroughly fruitful and busy year, HKMM learnt a great deal as they shared the stage with some of the most distinguished a *cappella* teams from all over the world.

Hong Kong 2010 International a cappella Festival

The *Hong Kong 2010 International a cappella Festival* was organised by the Federation with sponsorship from the Mega Events Fund, the Hong Kong Arts Development Council, The Dragon Foundation, the Sino Group and the US Consulate General in Hong Kong. It was one of the biggest a *cappella* festivals ever held in Asia and was on from 27 March to 22 April.

The Opening Concert, *The 2010 International a cappella Extravaganza*, was held on 27 March 2010 at the Queen Elizabeth Stadium. HKMM opened the concert and further performed with five numbers accompanied by local singers, *Khalil Fong* and *Ivana Wong*. Also performing at the Extravaganza were *Eclipse* from the United States, *Riltens Vanner* from Sweden and *MICappella* from Singapore.

On 9 April 2010, HKMM performed at another concert *a cappella in Town* at the Y-Theatre in Youth Square. They were joined by *Noteworthy* from the United States, *V.I.P.* from Japan, local beatboxer *R.X.*, the *Hong Kong Children's Choir Chamber Youth* and *Music Shake of the Hong Kong Sai Kung Chorus*.

The following day *Noteworthy*, *V.I.P.*, *HKMM*, *Music Shake* and another local a *cappella* team, *Orange*, gave a free performance at

the Piazza of the Hong Kong Cultural Centre to critical acclaim.

The highlight of the Festival was the Hong Kong debut of world renowned *The Real Group* at the City Hall Concert Hall, with the finale being the innovative a *cappella* Theatre, *Rock Hard*, held on 22 April 2010 also at the City Hall Theatre.

HKFYG Hong Kong Youth Dance

Hong Kong Youth Dance (HKYD), founded in 2008, is a troupe of youthful energy and optimism. The dancers demonstrate the agility of mind and spirit that has become the cultural hallmark of the Hong Kong people.

HKYD performed on 20 March 2010 at Y-Square under the theme of "Dreamland in a travelling case". The performance included the fusion of modern dance, Hip Hop, jazz and funk, enriched with a multi-media accompaniment.

HKYD also performed at a charity dinner for the Hong Kong Sun of Lions Club at Kowloon Club; at an *Anti Drugs Community Project* for Kwai Tsing District Board at Metro Plaza; at *A Journey to their Heart* at City University of Hong Kong; at the *2009 Cricket Sixes* at Kowloon Cricket Club; as part of the *Art in the Park Mardi Gras 2009* on the Central Lawn of Victoria Park; at the *Charity Night of Yan Chai Hospital* on TVB; at the *Green Dance* at Tsuen Wan Town Hall, at *Dance Day 2010* at Yuen Long Theatre and at the *International Arts Carnival 2009* at Hong Kong Cultural Centre Piazza hosted by the Leisure and Cultural Services Department.



Tsuen Wan Indoor Sports Centre

The Tsuen Wan Indoor Sports Centre is a joint venture of the Hong Kong Housing Society and the Federation. Without subsidy from any outside body, the Centre is self-financing in its daily operation. Its aim is to provide high quality facilities and a wide range of sports, recreational and cultural activities for young people and the wider public.

To make daily operations more efficient, the activities of the Centre were merged with those of Tsuen Wan Youth S.P.O.T. The key focus of the Centre is to promote a healthy life style to the public through numerous courses and training activities in the arts, sports and cultures. This year, the Centre organised 503 courses and trainings with a total attendance of 16,279.

The high quality facilities, such as the Dancing Hall and Indoor Challenge Course, were rented out to different primary and secondary schools. The Centre also held a Climbing Competition to promote Indoor Climbing among children and youth in community.

All the professional trainers and their assistants are provided with regular and up-to-date training in order to ensure quality services at all

levels, benefiting all service users. Along with this, the quality facilities are also continually improved and maintained.

Jockey Club Sai Kung Outdoor Training Camp

Located at Sai Kung near the country park, the Camp is surrounded by a serene, beautiful and peaceful environment. It is a unique and ideal venue for various activities, such as climbing, rope course, abseiling, rafting, scuba diving, snorkelling, canoeing, sailing, and adventure based challenge activities.



To ensure that the service standards remain at the highest level, programme staff and instructors are well trained in first aid, rescue and life guard skills and in the use of pleasure vessels, boats and other crafts.

The Camp is currently undergoing Phase III of its re-development with a grant of HK\$133.32 million from the Trustees of The Hong Kong Jockey Club Charities Trust. In order to minimise disruption to campers and to offer alternative off-site activities, the Camp is planning and developing new programmes such as mountaineering training, exploration of Hong Kong's rock wonders, geo learning and an introduction to ecology.

Lamma Youth Camp

Located on a hill top, the Lamma Youth Camp offers a series of unique adventure training programmes, including such new programmes as *Riding and Shooting*. This involved riding a bicycle and shooting an arrow, a unique and novel form of sport.

Trainers also underwent refresher training courses which focused on both their soft and hard skills.

Tai Mei Tuk Outdoor Activities Centre

The Tai Mei Tuk Outdoor Activities Centre, located near the main dam of Plover Cove, is well protected by the surrounding mountains and is an ideal venue for water sports training. With the improvement of water quality at Tolo Harbour, more people became interested in skin-diving.

With the help of the Leisure and Cultural Services Department, HK\$374,000 was granted to repair and renovate the defective internal and external walls of the whole Centre, thus making the Centre aesthetically more attractive.

Stanley Outdoor Activities Centre

The Stanley Outdoor Activities Centre, situated along the beach in Stanley Bay, is a good place for enjoying leisure pursuits, as well as experiencing water sports and group life.

The core, two-day programme, *Stanley Bay Challenge Series*, aimed at improving self-confidence and self-discipline, and to augment the inter-personal and intra-personal skills of the campers, continued. Participants were required to complete a couple of tasks in the sea or on land within a certain period. In addition to the two-day package, a one-day package was added to cope with increasing demand.

The Centre also runs the *Stanley Bay Excellent Tour*, a one-day programme particularly designed for primary pupils who are led to neighbouring hillside to observe, smell and touch typical hillside plants.

Research and Publications

Youth Research

In order to keep abreast of youth opinions and views in a fast changing society, the Youth Research Centre continues to provide relevant and contemporary information through its research activities. Reports are published and distributed amongst government officials, policy-makers and other related bodies, as well as to the general public. Information is also disseminated through the Internet. It is hoped that consistently updated information will help assist in the formulation of youth policies concerned and in the planning of youth services.

Youth Poll Series

Twelve opinion polls (from polls number 184 to 195) were conducted among young people by self-administered or telephone surveys during the year to solicit their opinions, views and perceptions on a variety of current social and public issues.

The 12 Youth Opinion Polls in 2009-10 include:

No.184	Deviant Behaviour of Youth in Hong Kong	No.185	The Heart of Young People for the Motherland
No.186	What Problems do Young People Encounter in the Cyber World?	No.187	Summer Holidays of Students under the Threat of the H1N1 Virus
No.188	Students' Participation in Private Tuition	No.189	Risks on the Internet: Views of Parents
No.190	Risks on the Internet: Views of Young People	No.191	What do Youth Fear about Using English?
No.192	Christmas: Love and Courtship Online	No.193	The Post-80s Generation
No.194	The 2010/11 Budget: Comments of Young People	No.195	The Prospects for the Last Cohort of S5 Students

Youth Study Series

The Chinese State Council's National Development and Reform Commission (NDRC) released "The Outline of the Plan for the Reform and Development of the Pearl River Delta (2008-2020)" (the "Outline") in January 2009. Anticipated is further economic integration between Hong Kong and the Pearl River Delta (PRD) region, increased employment opportunities for Hong Kong people in the PRD and a greater inflow of human resources over the next decade. A Study was conducted through a territory-wide survey of Hong Kong young people, interviews with academics and specialists; coupled with in-depth interviews and focused group discussions, in order to understand young people's views on the implications of the Outline for Hong Kong's competitiveness and employment opportunities.

Another Study looked at the issue of the Rule of Law by seeking the opinions, as well as level of knowledge and attitudes amongst university students in Guangzhou, Hong Kong and Macao.

The results of the Studies were sent to relevant government bodies for reference.

No.42	The Outline: its implications on the employment opportunities and competitiveness for the Hong Kong young people	No.43	A Comparative Study on the Awareness of Rule of Law among University Students in Guangzhou, Hong Kong and Macao
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Journal of Youth Studies

The *Journal of Youth Studies* provides a forum for professional discussion on youth policies, in order to advocate better legislation and policies for youth services. The Journal is circulated to government departments, policy-makers, education institutes, social service organisations, youth academics and experts, as well as university libraries in Hong Kong, Mainland China, Taiwan, Macao, Singapore and other countries. The Journal is also indexed in international databases, including the PsycINFO and EBSCOhost. This year, the Federation published two issues:

Publication Date	Serial No.	Features
July 2009	24	Finding a Way Forward for Youth Employment after the Financial Crisis
January 2010	25	The Impact of Pearl River Delta Integration on Young People

Position Papers Submitted to Government

Position papers were submitted to the Government offering potential policy suggestions in relation to The Policy Address 2009-10 and The Budget 2010-11.

Promotion of Research Work

From December 2009 to March 2010, the Centre submitted weekly articles to the Chinese language daily, *Ming Pao* for its special column, "Research & Liberal Studies". The articles, covering results of previous studies and polls, served illustrate the importance of social research.

Professional Publications Unit

In order to facilitate debates and discussions on youth work amongst practitioners, experts, academics as well as those who are interested in the topic, numerous books have been published. The books published in the year include:

An Exploration of Effective Learning Experiences	A Practical Exploration of Youth Internet Addiction
The Anti-Drug Abuse Formula for Youth – Experiences of Prevention and Treatment	Case Book of Primary School Student Counselling
Be a Boss – Cases Analysis of Youth Business	Leadership Training for Gifted Students – Ideas and Practice
Aquatic Adventure Training in Practice	Community Services as "Other Learning Experiences" – Youth Serve the Elderly
LEAD Education – 12 Lessons in Clay Animation	Easy LEAD Programming – Scratch Magical Forest
LEAD Creative Class – Moving towards Education in the 21st Century	Easy LEAD Design – Everyday Inventions with PicoCrickit
Easy LEAD for Families – Ideas on Festival Celebrations	Fear Not!
Understanding Mainland China: A Collection of Interviews by Young People	Mainland China and Hong Kong through the Eyes of Young People

The Federation also participated in the Hong Kong Book Fair 2009 in order to introduce its books to the wider public. Sharing sessions about Youth and Creativity was co-organised with the Hong Kong Trade Development Council. Three distinguished speakers, Mr. Ricky Seto, Mr. Ko Tin-lung and Mr. Siu Hak, were invited to share their views and experiences on creativity.

Youth Hong Kong

Youth Hong Kong is published four times a year for all concerned with young people. It focuses on themes such as the Internet, education, careers, health, the environment, arts and culture. The journal has a readership that is not only local, but regional and international as well. It is also sent to over 1,000 schools and universities, libraries, the Government, including to Members of the Executive and Legislative Councils, all principal officials of government bureaux and departments, business partners, companies and NGOs.