



**核心服務概覽**

Core Services  
Highlights

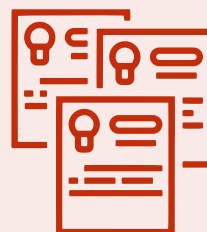
## 年度具影響力的數字 A Year of Influential Figures

### 深化聯繫 Deepening Engagement



**4,525,465**

活動參與人次  
Programme Attendance



**30,815**

活動數目  
Programmes Delivered



**21,828**

新登記會員人數  
New Registered Members



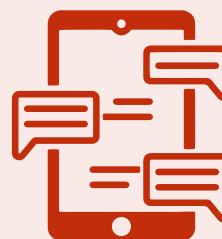
**14,637**

新登記義工人數  
New Registered Volunteers



**1,029,694**

義工服務時數  
Volunteer Service Hours



**25,114,657**

網上聯繫人次  
Online Engagement

提升專業  
Enhancing Professionalism



64,103

處理個案數目  
Cases Served



217,733

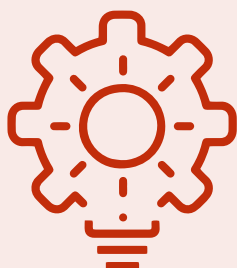
個案服務人次  
Beneficiaries



≥94%

個案成功率  
Success Rate

全力創新  
Embracing Innovation



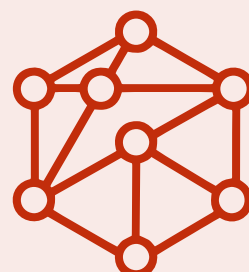
11

創新提案數目  
Initiatives



29

受資助創新項目  
Funded Projects



17

應用科技於服務項目  
Tech-driven Services

## 青年空間 Youth S.P.O.Ts

Wincy曾經是一個沉浸在自己世界中的青年，對周圍的事物漠不關心。中五時她因使用天耀青年空間的自修室，在青協同事的鼓勵下參加各種中心活動，漸漸發現自己的改變。她在協助策劃活動的過程中，獲得了許多學校無法提供的知識和經驗，增強了自信心和應變能力。「鄰舍第一」的活動讓她知道長者的生活困難和需求，她從一個只關心自己的人，轉變為一個積極投入社區，關心他人生活的青年，同時明白了參與社區服務的價值。

Wincy used to be indifferent to her surroundings. In Form 5, encouraged by our colleagues at Tin Yiu Youth S.P.O.T., where she frequented our study room, she participated in various activities and gradually witnessed a transformation within herself. Through assisting in event planning, she gained knowledge and experiences that school could not provide, enhancing her confidence and agility. Our NEIGHBOURHOOD First initiative opened her eyes to the challenges faced by the elderly. She transformed from someone who only cared about herself into a youth actively engaged in the community, caring for the lives of others. More importantly, she now understands the value of participating in community service.

### 服務概覽

本會旗下22個青年空間因應青年成長需要，提供參與、機會、培訓及支援，陪伴青年健康成長。因應社會不斷的轉變，青年空間數碼轉型為青年提供更多機會提升技能及競爭力。本會自2011年起通過「鄰舍第一」倡議，推動青年帶動參與社區發展和服務鄰里，3,000名青少年組成100隊鄰舍隊恆常在社區進行各項關愛活動，結合社會分析及創意思維，強化鄰里關愛。香港青年協會青年宿舍PH2位於大埔青年空間之上，是政府「青年宿舍計劃」下首幢落成的青年住房。PH2提供簡約而租金相宜的住屋予在職青年，以解決他們對私人空間的需求之餘，更能透過獨立生活培養他們的生活技能、累積財務規劃經驗和建立人際網絡。

### 服務數據 Service Data

活動數目 Programmes Delivered	<b>18,225</b>
活動參與人次 Programme Attendance	<b>2,431,816</b>
個案數目 Case Served	<b>4,053</b>
個案服務人次 Case Beneficiary	<b>47,496</b>
鄰舍隊 Neighbourhood Team	<b>100</b>
鄰舍隊義工 Neighbourhood Volunteers	<b>3,000</b>
PH2 入住率 PH2 Occupancy Rate	<b>90%</b>

### Service Overview

The Federation's 22 Youth S.P.O.T.s (Spaces for Participation, Opportunities, and Training) are established to nurture the comprehensive development of young people, offering tailored services and support to facilitate their healthy growth. Leveraging digital transformation, Youth S.P.O.Ts aim to provide young people with expanded opportunities for skill development and competitiveness, enabling them to navigate the dynamic societal environment effectively. Through the NEIGHBOURHOOD First initiative, active since 2011, youth are actively encouraged to take a leading role in community advancement and services. Engaging 3,000 young participants in conducting regular community activities, these initiatives integrate social analysis and design thinking to promote cohesive neighbourhoods.

Situated above the Tai Po Youth S.P.O.T is the HKFYG Youth Hostel, PH2, Hong Kong's first youth hostel under the Government's Youth Hostel Scheme. It offers affordable and comfortable accommodation to working youth, addressing their pressing need for private spaces, and provides a platform to develop their life skills, accumulate financial planning experience and establish social networks.





## 年度重點

### 關注青年精神健康

青年的身心健康是本會一直關注的重點，有見青年在疫後復常需面對學業或事業、生活及社交等多方面的壓力，21間青年空間迅速推出「治療角落Healing Corner」，透過民政事務總署的資助，舉辦超過40個涵蓋文化藝術、體育、放鬆及正念的活動，加強青年對精神健康的認知、學習梳理負面情緒方法，同時擴闊社交圈子，重拾社交活動及建立朋輩支援網絡，整體提升青年精神健康素養。另外，「藝造綠色大埔」獲得滙豐香港社區夥伴計劃支持，讓過百名青年伙拍專業人士，以音樂、工藝、戲劇三種藝術形式將綠色生活帶入社區。計劃先收集自然聲音作為素材，並編製成用於音樂治療之樂曲；同時，透過推動塑膠回收，升級再造及綠色教育劇場，強化青年人與環境共融，促進身心靈健康。

## Highlights of the Year

### Enhancing Youth Mental Wellness

In response to the unique difficulties encountered by young people amidst the aftermath of the pandemic, **Healing Corners** were strategically established across 21 Youth S.P.O.Ts. With support from the Home Affairs Department, over 40 comprehensive activities were offered, encompassing cultural arts, sports, relaxation and mindfulness. The objectives of these activities were to increase youth awareness of mental health, equipping them with strategies to navigate negative emotions, fostering social connections and building peer support network. **Arts Rebuild Tai Po** received support from the HSBC Hong Kong Community Partnership Programme, enabling over a hundred young people to collaborate with professionals in music, crafts and drama to bring green living into the community through artistic expression. In addition, by promoting plastic recycling, upcycling and green education theatre, it aimed to strengthen the integration of young people with the environment, fostering holistic well-being of body and mind.



### 推動青年參與緩解老人孤獨問題

面對社會人口老化及年輕家庭移民潮帶來的長者孤獨問題，青年的參與成為解題關鍵。青年空間獲精神健康諮詢委員會資助推行「好生活聊天室——數碼互助網絡計劃」，培訓100位青年成為Digital Connector，在社區發掘獨居、雙老或身兼照顧者的長者，為他們提供情緒及資訊科技支援。經過兩年，Digital Connector成功配對100位長者，為他們提供實體探訪、五感體驗工作坊及線上組群互動連結，持續為他們提供情緒及資訊科技的支援，協助樂齡人士改善數碼鴻溝，同時強化社區支援網絡。

### 「行入2024」24公里步行跨年挑戰

青年空間、社區體育部與青年一起以步行迎接2024年——「行入2024」24公里步行跨年挑戰在除夕晚舉行。出發前，青年空間舉行跨年音樂會及倒數，超過50位青年及同事一同起行，挑戰由荃灣步行至鯉魚涌青協大廈。全員挑戰成功！大家在出發前寫下新年目標，並在抵達終點時，將目標放進獎牌，寄望在2024年達成目標！步行挑戰體能，亦考驗在途中經歷睏倦時堅持信念。在同伴和青協同事的支持與鼓勵下，大家都一起完成挑戰。



### Engaging Youth in Alleviating Elderly Loneliness

To address the growing issue of elderly loneliness due to an aging population and the emigration of young families, we actively engage youth in elderly care. Our **“Good Go Chat” Digital Supportive Scheme** funded by the Advisory Committee on Mental Health trained 100 young people as Digital Connectors. After two years, we effectively paired 100 elderly individuals with youths. These young volunteers offer physical visits, sensory experience workshops and online group interactions, ensuring continuous emotional and technological assistance to bridge the digital gap, and strengthen community support networks for the elderly.

### Walk into 2024 – 24km Walking Challenge

Our Youth S.P.O.Ts, Community Team Sports Office and young people welcomed the year 2024 with a 24km walking challenge on New Year's Eve. Following a concert and countdown, more than 50 young people and colleagues embarked together from Tsuen Wan, walking towards the HKFYG Building in Quarry Bay. Upon reaching the finish line, our young participants placed their New Year resolutions in the completion medal, symbolising the attainment of their goals in 2024. We are pleased that with support and encouragement, everyone overcame challenges and demonstrated perseverance during the walk.





### 「鄰舍第一」動員青年推動社區和諧

「鄰舍第一·鄰舍團年飯」是每年「鄰舍第一」的旗艦活動，2024鄰舍團年飯為疫後首次大型聚餐，是年度以匯聚百『邨』為主題，由青年邀請全港18區街坊共201席一同聚首於主場區共享團年飯宴席。同一時間，全港18區的青年亦為區內不便出行或其他有需要的街坊設宴，連同主場區，全港共超過900名青年招待4,600人參與鄰舍團年飯。主場區設有由青年結上「如意御守編結」的3,880個「大桔」築成的兩幅飛龍造型「吉牆」，活動完結後，青年義工更將這些「大桔」贈予坊眾，寓意將「如意吉祥」傳遞至每一戶人家。

「鄰舍第一·美味關係」獲得李錦記的支持，透過廚藝訓練，讓青年義工學習製作以食療為主題的多款菜餚。項目強調飲食與情緒之間的關聯，提升參與者對食療的理解，及對食療烹飪的興趣。在為期六個月的計劃中，青年義工與街市商戶合作，回收剩菜並將之轉化為營養豐富的減壓餐點。餐點及後主要送給基層家庭和長者。青年義工不止分享食物，同時也分享有關食材營養和減輕壓力的知識，這些活動得到商戶的積極響應，紛紛提供良好品質的蔬菜，促進社區連繫和支持。



### NEIGHBOURHOOD First Mobilising Youth in Promoting Community Cohesion

**NEIGHBOURHOOD First Reunion Lunch**, the flagship event of NEIGHBOURHOOD First, brought together the community to relish in the shared experience of a joyous reunion meal. A total of 900 dedicated youth volunteers embraced their roles as hosts, warmly welcoming and serving 4,600 residents from across Hong Kong to celebrate the Lunar New Year in harmony. The centrepiece of the main venue showcased two splendid dragon-shaped "Lucky Walls", meticulously constructed from 3,880 hand-knotted mandarins by youth volunteers. Following the event, these mandarins were gifted to the participants, symbolising the transmission of good luck and prosperity to every household.

Thanks to Lee Kum Kee, **NEIGHBOURHOOD First – Delicious Connections** enabled young volunteers to learn how to prepare a variety of therapeutic dishes. The project emphasised the link between diet and emotions, enhancing participants' understanding of food therapy and raising young people's interest in therapeutic cuisine. Over the six-month programme, young volunteers collaborated with food vendors in markets to create nutritious dishes using unsold produce for grassroots families and the elderly. These volunteers not only shared food but also imparted knowledge about nutrition and stress reduction techniques. We received active support from the vendors, which essentially promoted community connection and support.

### 青成共創提升體驗

在「賽馬會21世紀綜合青少年服務中心」計劃的推動下，六間青年空間經過「青成共創」改造，呈現出嶄新的面貌。改造後的設施包括自助簽到系統、自助房間預約系統、自動售賣機以及青年智能櫃等，旨在提升服務效率與用戶體驗。此外，各青年空間還成立了青年委員會，持續為提升用戶體驗出謀獻策，確保服務始終緊貼「青年為本」的理念。

同時，本會與十四個青年服務機構攜手合作，共同開發了一個專為青少年中心設計的「賽馬會21C青年服務虛擬平台」。通過用戶體驗調查、業界工作者與青少年的焦點小組討論，以及數字創作者培訓等活動，超過500位青年共同參與了平台的開發過程。我們將線上與線下的服務模式引入青少年中心，實現數據和科技的應用，建立了一個一站式的線上和線下用戶聚集平台，以期創造更豐富、更互動和更貼心的服務體驗。



### Youth-led Enhancement to Enrich User Experience

Under the auspices of the **Jockey Club 21C ICYSC Project** (ICYSC stands for Integrated Youth Services Centre), six Youth S.P.O.Ts have been revamped through "Youth Co-creation," with upgraded facilities such as a check-in system, a room booking system, vending machines and smart lockers, all aim at enhancing service efficiency and user experience. Youth committees have been set up in Youth S.P.O.Ts to regularly review and offer suggestions for improving user experience, ensuring that our services are youth-centred.

Simultaneously, we have partnered with 14 youth service agencies to collaboratively develop the **Jockey Club 21C Youth Service Virtual Platform**, an Online-Merge-Offline service model in service centres. We engaged over 500 youths in the platform development process through user experience surveys, focus group discussions with industry professionals, and training for digital creators. This platform leverages data and technology to establish a comprehensive online and offline user gathering space, with the aim of providing a more engaging and interactive service experience.



主要服務 Key Services

目的 Objectives

活動 Programmes

<p>擴闊視野 Broadening horizons</p>	<p>快樂破「隔」暑期活動2023 Happy Break 'Through the Barrier' – Summer Youth Programme 2023</p> <hr/> <p>「伴我翱翔」台灣交流活動 Fly High with Us Young Savers Scheme Taiwan Exchange Programme</p> <hr/> <p>港鐵將軍澳學校冰球計劃 TKO Primary School Ice Hockey Training Programme</p>
<p>培育青年社創思維及關心社區 Nurturing youth's social innovation mindset and caring for the community</p>	<p>「鄰舍第一·理想社區」 NEIGHBOURHOOD First – Empathetic Community</p> <hr/> <p>「InnoTeen Power青創力計劃」 InnoTeen Power</p> <hr/> <p>「鄰舍第一·互享互助過暑假」 NEIGHBOURHOOD First – Share Summer Share Love</p> <hr/> <p>「鄰舍第一·送米助人」 NEIGHBOURHOOD First – Rice Giving Scheme</p>
<p>加強青年數碼技能 Enhancing youth digital skills</p>	<p>青成共創：塑造自主用戶體驗的青年空間 Youth Co-Creation: Designing Self-Directed User Experiences in Youth S.P.O.Ts</p> <hr/> <p>STEM LEADer 科學生活營 2023 STEM LEADer Camp 2023</p>



## M21 媒體空間 M21 Multimedia Services

Summer原本只是一位在市場營銷行業工作的普通「打工仔」，但在參加M21「The Next Influencer數碼媒體訓練計劃」後，她發現自己對媒體製作有濃厚興趣，於是加入了M21的青年製作隊，開始接觸創作、拍攝、演講、演戲及司儀等工作。M21也因看到她的才華而推薦她參與難能可貴的電視台節目演出。Summer在M21多元的體驗下增強了信心，勇於挑戰自我，最近更走出舒適區，轉型為斜槓族，將興趣變成事業。

Summer, an ordinary office worker in marketing, discovered her passion for media production through M21's The Next Influencer Digital Media Training Programme. Joining M21's Youth Production Team, she delved into media creation and event production opportunities, and she even got an exceptional opportunity when she was invited to participate in a TV programme. Through these diverse experiences, she raised her confidence, stepped out of her comfort zone and transformed her interests into a career.

### 服務概覽

M21媒體空間（簡稱M21）是一個以青年為本的多媒體互動平台，旨在提供一個創新的媒體學習環境，培育年輕人的數碼技能。2023年成立的「香港青年協會賽馬會數碼技能轉型中心」是全港首個社區數碼創科培育場地。中心配備了延展實境工作室、元宇宙實驗室、數碼創作工作室和綠幕工作室等現代化設備和技術，培育青年掌握數碼發展趨勢、激發創作，縮窄數碼鴻溝，裝備青年的「未來技能」。

### Service Overview

M21 stands as a youth-oriented multimedia platform, offering an immersive learning facility to cultivate digital proficiency among young people. Established in 2023, the HKFYG Jockey Club Digital Skills Transformation Centre is pioneering community digital innovation and incubation in Hong Kong. Equipped with modern technologies including an extended reality (XR) studio, metaverse laboratory, digital creation studio and green screen studio, it enhances young people's understanding of digital trends, creativity, and bridges the digital divide, while equipping them with essential future skills.

### 服務數據 Service Data

活動數目 Programmes Delivered **623**

活動參與人次 Programme Attendance **132,623**

網上聯繫人次 Online Engagement **4,227,837**





## 年度重點

### 推廣媒體素養教育加強思辨能力

各種媒體資訊充斥著日常生活，分辨資訊真偽的能力越趨重要，因此媒體素養已是一項必要的生活技能，它是個人對媒體資訊的理解、分析、評估和創作能力。M21積極培育青年成為具備信息處理能力和自主思辨能力的媒體使用者，持續舉辦媒體素養教育活動，包括「青少年媒體素養與數碼素養——學習與實習」和「The Next Influencer 數碼媒體訓練計劃」等。今年「香港銀行公會x香港青年協會數碼素養學院」透過VR編程工作坊，讓小學生製作元宇宙銀行，從中學習數碼及防騙知識，同時建立正確的理財觀念，成為精明的消費者及負責任的數碼公民。學生作品更於中環街市展出，與社區長者分享網上銀行防騙知識，實踐長幼共融。

## Highlights of the Year Enhancing Critical Thinking

In a world overwhelmed with information, genuine and false, media literacy has become a critical life skill. It encompasses individuals' understanding, analysis, evaluation, and creative abilities concerning media information. This is an area that M21 actively promotes, in order that young people become wise media users with information processing capabilities and independent critical thinking skills. Relevant programmes and activities included the **Youth Media Literacy and Digital Literacy – Learning and Internship** and **The Next Influencer Digital Media Training Programme**. The **Hong Kong Association of Banks x HKFYG Digital Literacy Academy** conducted VR programming workshops that enabled pupils to create a metaverse bank. The students were thus able to acquire digital skills and learn about fraud prevention, while also learning financial literacy and become savvy consumers and responsible digital users. The students' works were exhibited in the Central Market, where they shared online banking fraud prevention knowledge with senior citizens.







### 提供青年與施政者直接溝通的平台

M21 為青年提供與施政者直接溝通的平台，鼓勵他們關注社會發展及社會議題。今年政務司司長陳國基及財政司司長陳茂波分別出席《施政Online@M21》及《預算案Online@M21》節目，青年都爭取與施政者交流對政府施政的看法；M21 亦製作《傾·盡全力》節目，由專業青年與嘉賓透過互動對談，以理性及多角度探討各種民生議題，提出可行建議。今年共製作九個節目，探討的題目包括基層醫療、房屋規劃、虛擬資產和綠色金融等。我們期望透過這些節目讓青年感受到意見獲重視，引起他們對社會重要議題的關注，為社會帶來積極的改變。

### 24小時開放場地予青年創作社群

我們明白青年缺乏場地及先進的器材進行媒體創作，因此M21今年推出M21創作者社群空間，提供24小時開放的免費創作場地和費用合宜的器材租借服務，便利年輕人進行創作，同時定期舉辦媒體課程和聯誼活動，鼓勵青年自我增值、互動交流及交換技能。M21也與有行業經驗和資歷的青年合作，提供免費私人辦公室支援他們開展事業，而他們亦會免費與M21合辦教學或分享活動，為有志入行的年輕人提供創作交流、訓練和實習機會，孕育創作社群。

### Communicating with Policy Makers

M21 also serves as a direct platform to engage youth in discussing social issues and government policies with the Chief Secretary for Administration, The Hon Chan Kwok-ki, at **Policy Address Online@M21**; and Financial Secretary, The Hon Paul Chan at **Budget Online@M21**. Lively and active exchanges took place, giving young people a direct and unique opportunity to engage with top officials. 'With All Our Might!', where professional youth and guests engage in in-depth conversations on social issues and feasible solutions, saw nine programmes produced this year. They covered topics from primary healthcare and housing to virtual assets and green finance.

### 24/7 Venue for Young Creators

With so few places for young people to gather and have access to the latest equipment for media creation, we have launched the **M21 Creator Space**, a new initiative that offers 24-hour free access to a venue with affordable equipment rental services for young people to engage in creative pursuits. Regular media courses and networking events are offered to foster upskilling, professional exchange and skill sharing. M21 Creator Space also collaborates with youth possessing industry experience and qualifications by offering free private office space to support the start of their business, while in return, they co-host teaching or sharing events on a voluntarily basis, benefiting aspiring youth with opportunities for creative exchange, training, and internships, thereby nurturing a community of young creators.





## 主要服務 Key Services

### 目的 Objectives

### 活動 Programmes

增強溝通及表達技巧 Enhancing communication skills	「全港校園配音大賽」 Hong Kong Inter-school Dubbing Competition
培養閱讀及理解能力，並推廣閱讀文化 Nurturing reading and comprehension skills to promote a reading culture	「全港校園導讀比賽」 Hong Kong Inter-school Guided Reading Competition
培養青少年數碼創作技能並縮窄跨代數碼鴻溝 Cultivating young people's digital creative skills; narrowing the digital divide between generations	「數碼素養學院 暨 長幼數碼共融社區服務計劃」 Digital Literacy Academy cum Inter-generational Digital Inclusion Community Service Programme
加強短片製作技巧及推廣預防網絡欺凌教育 Enhancing video production skills and promoting education against cyber bullying	「網絡清『凌』——向網絡欺凌說不·短片比賽」 Say No to Cyber Bullying Video Competition
推廣家庭和諧 Promoting family cohesion	「家家作『樂』 代代有愛——青年歌唱比賽」 Loving Family Youth Singing Contest
推廣惜水知識 Promoting water conservation	「惜水大使計劃」 Cherish Water Ambassador Scheme



## 就業支援 Employment Services

Mabel是一間綠色科技公司的年輕創辦人，她租用青協賽馬會社會創新中心的共享空間發展其社創事業。作為租戶，Mabel可享受有低廉的租金外，亦獲青協提供創業支援及專業導師指導，為她的事業發展打好基礎。Mabel透過青協參加各類創業及企業交流活動，這些機會增加她公司的曝光機會，促進她與其他青年創業家的聯繫和合作，擴展業務。現在，Mabel的公司已為近1,000名學生提供綠色教育課程，並協助學校引入可持續發展項目，業務穩步發展。

**Mabel, a young founder of a green technology company, is a tenant at our JC Social Innovation Centre's co-working space, benefiting from affordable rent, entrepreneurial support and professional mentoring, all of which lay a solid foundation for her business. We also provide Mabel with numerous opportunities to participate in entrepreneurial and business activities, enhancing her company's visibility and fostering collaborations with fellow young entrepreneurs. Currently, Mabel's company is growing steadily, having delivered green education to nearly 1,000 students and assisted schools in implementing sustainable development projects.**

### 服務概覽

青協致力裝備青年規劃事業及實踐創業理想。青年就業網絡倡導「生涯規劃」概念，因應社會環境轉變，為青年提供升學就業支援服務，協助他們順利由學校過渡至工作環境，同時連繫企業為青年提供工作機會。

青協自2002年起推動多個支持青年實踐創業的重點項目，包括：香港青年創業計劃、青協賽馬會社會創新中心及青年創業學；另亦提供創業孵化服務、種籽基金、共用辦公空間、商務交流平台及創業導師指導等。「前海深港青年夢工場」及「粵港澳大灣區青年創業先行者」更為本地初創青年拓展中國內地及海外市場。青協同時營運三個社會企業，為青年提供實踐機會。

### Service Overview

The Federation strives to empower youth to thrive in careers and entrepreneurial journeys. The Youth Employment Network (YEN) actively drives career planning at a young age. Through educational paths and employment guidance to young people, YEN aims to facilitate a seamless transition from school to the workforce. YEN also fosters connections with corporates to provide employment opportunities.

Since 2002, the Federation has been at the forefront of fostering entrepreneurial opportunities through Youth Business Hong Kong (YBHK), The HKFYG Jockey Club Social Innovation Centre and the Young Entrepreneurial Course. Incubation services, seed money, co-working spaces, networking platforms and mentee-centric business mentorships are also provided. Through the Qianhai Shenzhen-Hong Kong Youth Innovation and Entrepreneur Hub (E Hub) and the Young Startup Project in Guangdong-Hong Kong-Macao Greater Bay Area, we help local start-ups to expand business networks outside Hong Kong. The Federation currently runs three social enterprises providing young people with hands-on business experience.

### 服務數據 Service Data

活動數目	Programmes Delivered	<b>1,223</b>
活動參與人次	Programme Attendance	<b>178,658</b>
個案數目	Cases Served	<b>962</b>
個案服務人次	Case Beneficiaries	<b>2,280</b>



## 年度重點

### 連繫企業發揮SEN青年工作潛能

只要配對合適的工作、個人特質及潛能，有特殊教育需要（SEN）的青年同樣可以在職場上大展光芒。青年就業網絡舉辦「SEN青年工作機遇研討會」，由多位學者和企業代表探討如何在職場上充分發揮SEN青年的工作潛能。為增強企業的聘用信心，我們推出「『職做』共融職場計劃」，由社工與僱主聯繫，培訓合適的SEN人才進行工作配對，同時為受聘的青年提供一年的在職支援，包括與直屬督導溝通及提供職業諮詢，為勞動市場注入新動力，實踐共融就業，同時解決企業求才若渴的需要。

### 培育理財能力

理財能力是生涯規劃的重要部分。青年就業網絡與保誠保險合作，分別為10間中學的高中生舉辦「生涯財智策劃家」工作坊，以及為大專生舉辦「財疏？學錢！」理財活動，透過理財版圖遊戲「生涯財智策劃家」及短講，讓年青人具體掌握理財概念及角色轉換上帶來的理財需要。青年就業網絡亦為參加政府推行的「共創明『Teen』計劃」的4,000名青年提供理財教育。



## Highlights of the Year

### Connecting Corporates to Unleash the Potential of SEN Youth

As long as suitable jobs, personal traits and talents are matched, youth with special educational needs (SEN) can also shine in the workplace. Our **SEN Employability Symposium** engaged scholars and corporate representatives to discuss ways to unleash the work potential of SEN youth. To enhance employers' confidence and motivation in hiring, we launched the "**Career Link**" **Inclusive Workplace Programme**, which connects employers with trained youth and conducts job matching. Our social workers also provide one-year on-the-job support to youth, including close communication with their employers and career counselling. Through this initiative, we hope to foster an inclusive employment environment that allows youth with diverse traits to have equal opportunities, and also alleviate the talent shortage that enterprises are facing.

### Nurturing Financial Literacy

In collaboration with The Prudential Hong Kong, YEN organised **\$avvy Planner** workshops in ten secondary schools, and the **Financially Savvy? Learn about Money!** financial literacy event for tertiary students. By incorporating financial board games and talks, young people gained insights on financial management and the challenges associated with different life stages. YEN was also commissioned to provide financial education for 4,000 youth participants in the Strive and Rise Programme of the government.



### 提供平台及教育推動社會創新及青年創業

本會每年舉辦多個項目，為有意或經已創業的青年提供支援、平台和機會，配對生意夥伴和擴展商機，亦透過中學生活動撒播創新創業種子，積極培育青年的社會責任感和創業思維。今年的項目有「瑰麗慈善基金創業家大獎」、羅桂祥基金贊助的「創科N世代」、「社創Think Big! Festival年會」、「獻計有方」、「青年社會創新學堂」、「Business Clinic創業諮詢」、「Google Career Certificates 智慧數碼人才計劃」、「粵港澳大灣區青年創業先行者」、「創變者·社會創新之旅」、「前海粵港澳台青年創新創業大賽2023」香港賽區及「香港青年創業計劃」等。本會衷心感謝所有支持和參與這些項目的捐款者和贊助商，他們的慷慨支持為青年創造機會和希望。

### Platform for Social Innovation and Youth Business

Multiple projects are organised every year to provide support, platforms and opportunities for young people who are interested in, or have already started, their entrepreneurial journey. Through various activities in schools, the seeds of social innovation and entrepreneurship are planted, nurturing a sense of social responsibility, and fostering an entrepreneurial mindset among the young generation. This year's projects included the esteemed **Rosewood Foundation Entrepreneurship Awards**; **Young Techpreneur Project** generously sponsored by Lo Kwee Seong Foundation; **Think BIG Festival**; **Inno Impact**; the **Youth Social Innovation School**; the **Business Clinic Entrepreneurship Consultation**; the **Google Career Certificates Smart Digital Talent Programme**; the enlightening **Young Startup Pioneer in Guangdong-Hong Kong-Macao Greater Bay Area**; **Innovator - Social Innovation Journey**; the highly anticipated **Qianhai-Guangdong-Hong Kong-Macao-Taiwan Youth Innovation and Entrepreneurship Competition 2023 (Hong Kong Division)**; and the **Youth Business Hong Kong** project. Our heartfelt gratitude to all the donors and sponsors who have supported and participated in these projects for creating opportunities and hope for our young people.





### 有機農莊培育綠色人才及推動可持續生活

青協有機農莊是全港唯一獲美國農業部有機標準認證及香港有機資源中心認證的有機農場，本年榮獲2023年有機農場管理比賽之最佳認證有機農場大獎（亞軍）。農莊致力推動本地青年參與可持續農業，讓青年學習耕作外，還增加他們在生物資源、環境建築、市場營銷和推動社區教育等各方面的知識，培育本地綠色人才。農莊正進行為期三年的「賽馬會氣候智能耕種教育計劃」，旨在應用智能耕種技術幫助農場解決氣候變遷帶來的問題，同時引起青年及大眾對能源淨零、資源消耗和應對極端氣候的關注，並推動食用本地有機食品減少日常生活的碳排放。

### Organic Farm Nurturing Green Talents and Sustainable Living

Our Organic Farm is the only farm in Hong Kong accredited by the United States Department of Agriculture (USDA) National Organic Programme and the Hong Kong Organic Resource Centre, and we are honoured to receive the Best Certified Organic Farm Award - runner up at the 2023 Farmer's Competition. We are dedicated to engaging youth in sustainable agriculture. In addition to teaching them farming skills, we also educate them on knowledge related to biological resources, environmental architecture, marketing, and community education to nurture local green talents. Our Organic Farm is currently implementing a three-year **Jockey Club Climate Smart Agriculture Educational Project**, which aims to apply smart technologies to help it addresses issues brought about by climate change. Simultaneously, we raise awareness among youth and the public regarding net-zero energy, resource consumption and extreme climate resilience, while promoting the consumption of local organic food to reduce carbon emissions in daily life.

## 主要服務 Key Services

### 目的 Objectives

支援青年作生涯規劃  
Supporting career planning

協助青年就業  
Facilitating employment

透過專業交流擴闊青年視野  
Broadening horizons

### 活動 Programmes

「ERB 暑期實習計劃2023」  
ERB Summer Internship Programme 2023

「職Taste」特殊教育需要學生職場體驗計劃  
Project Taste – Work Experience Programme for SEN Students

「夢嚮導2.0」之「好夢成真」——探索及實踐夢想計劃  
Guide of Dream Programme 2.0 Dream Comes True – Finding and Realising Dream Programme

「機場青年就業資訊日2023」  
Airport Youth Career 2023

「Good Job Fair 就業博覽 X 斜槓巡禮」  
Good Job Fair Slasher Expo

「大灣區初創全面睇——GBA Visit」  
GBA Visit

## 領袖培訓 Leadership Training

Vanesse於屯門地區學校成長，透過參與《香港200》確立「願意為香港」的心志。她在大學期間積極擴闊視野，成為聯合國義工，在緬甸協助推廣工作。Vanesse畢業後回饋青協，擔任青年服務諮詢委員會成員，為青年及義工發展出謀獻策。

Vanesse grew up attending schools in the Tuen Mun area and solidified her commitment to contribute to Hong Kong through her participation in our "Hong Kong 200" leadership programme. During her university years, she actively broadened her horizons by volunteering for the United Nations, where she assisted in promotion and advocacy work in Myanmar. After graduating, Vanesse contributed by serving as a member of our Youth Service Advisory Committee, offering advice and strategies for the development of our youth and volunteer services.

### 服務概覽

領袖學院致力培育優秀青年人才，現時坐落於別具歷史價值的前粉嶺裁判法院，保留了前殖民時期建築的優雅，並融入了現代科技，為訪客帶來互動體驗。學院擁有豐富的培訓經驗以及系統化的培訓階梯，為高小、中學、大專，以至行政人員的領袖提供訓練課程，亦提供宿位方便進行全方位深度培訓體驗。學院精心策劃的課程圍繞四大主題，包括：可持續發展領袖、服務型領袖、抗逆領袖，以及溝通及協作能力，裝備青年在未來擔當環球領袖的角色。

### Service Overview

The HKFYG Leadership Institute (HLI) is dedicated to cultivating exceptional young talent. Situated in the historic former Fanling Magistracy, HLI seamlessly blends the grace of colonial-era architecture with cutting-edge technology, delivering an engaging and interactive experience for visitors. With rich training expertise and well-structured programmes, HLI caters to primary, secondary, tertiary students and even young executives. Accommodation options are also available for a comprehensive and immersive training experience. HLI's meticulously designed courses revolve around four key areas: Sustainability Leadership, Service Leadership, Resilience Leadership, and Communication and Collaboration Skills, empowering young people to assume global leadership roles in the future.



### 服務數據 Service Data

活動數目 Programmes Delivered	132
青年領袖培育 人次 Youth Leaders Nurtured	17,592
參觀人次 Visitors	72,500





## 年度重點

### 為社會培育綠色領袖

可持續發展議題日益受重視，領袖學院積極培育各個範疇的綠色領袖，為香港提供人才。今年的計劃涵蓋護老、建築、社會創新等領域，包括與滙豐銀行合作的「『綠·識』未來技能培訓計劃」，學員在接受培訓後提出提升長者生活質素的創新綠色發明，例子有智能關水裝置及智能手推車等；與市區重建局合辦的「URA青年說」與中學青年領袖探討樓宇復修及預防性維修的議題，加強學生對城市重建和建築維護的認識；「領袖基礎課程 — 世界公民教育學堂」糅合領袖培訓及可持續發展元素，引導學員因應社會問題提出切實可行的可持續發展方案；「自然『碳』世界領袖計劃」帶領香港及內地的學生以論壇、工作坊及企業參觀等形式，全方位了解內地環境、社會和管治的發展趨勢和機遇。

## Highlights of the Year

### Training Green Leaders

With topics on sustainability receiving increasing attention, HLI plays an active role in nurturing green leaders for Hong Kong. This year's programmes covered areas in elderly care, architecture and social innovation. One notable project was the **Green Future Skills Development Project** in collaboration with HSBC. Participants underwent training and put forward innovative green inventions, such as smart water-saving devices and intelligent trolleys, to make the life of seniors more convenient. The **URA Youth Speak** programme, in partnership with the Urban Renewal Authority, brought together young leaders from secondary schools to discuss building restoration and preventive maintenance. **Leaders Foundation Programme – Global Citizenship Education Course** integrated leadership training and sustainable development, guiding participants to propose practical and feasible sustainable solutions in response to social issues. The **Embracing a Low-carbon World Leadership Programme** engaged students from Hong Kong and Mainland China to gain a comprehensive understanding of the environmental, social and governance (ESG) trends and available opportunities in the Mainland.





### 孕育青年「願意為香港」的服務心志

社會的進步需要青年的參與，因此領袖學院一直致力於提供平台及培訓，讓年輕人能參與社會的發展議題。今年，我們及M21媒體空間與發展局合作，共同製作三集「我『地』有得揀」節目。這個節目為專業青年和學生提供了與發展局副局長林智文先生、旅遊界立法會議員姚柏良議員等施政者討論北部都會區和交椅洲人工島的「宜居」、「宜業」和「宜遊」的機會。在這些討論中，他們提出了許多對於發展的建議。領袖學院相信，年輕人的意見愈被聽見，愈多的年輕人願意投身於服務香港的工作中，進而為社會帶來改變。

### 旗艦青年培育計劃為香港培訓領袖接班人

《香港200》領袖計劃自2006年起，每年選拔 200 位別具領導潛質，並抱有服務社會心志的青年，培訓他們成為本地的明日領袖。計劃至今已培育3,400青年，不少舊生已在社會擔任重要公職，包括立法會議員。今年的培訓主題為「可持續發展領袖」，學員學習聯合國可持續發展目標，並深入研究健康永續社區、環境保育及公平教育三大議題。經20節培訓後，學員於Project for Hong Kong Pitching角逐優勝計劃。今年的優勝隊伍創作讓學生體會有特殊教育需要的學生在學習上遇到的困難體驗遊戲，推動社會共融。

### Nurturing Youth's Aspiration to Serve Hong Kong

Youth participation is essential for society advancement so HLI consistently endeavours to provide platforms for young people to engage in social issues. This year, we produced a three-part programme, **Choices Await Us**, in collaboration with the Development Bureau. The programme offered professional youths and students an opportunity to engage with key policymakers, including Mr David Lam, Under Secretary for Development, and the Hon Yiu Pak-leung from the Legislative Council's Tourism constituency, to discuss the living environment, working opportunities and recreation planning of the Northern Metropolis and the Kau Yi Chau Artificial Islands. Insightful recommendations were put forth by young participants.

### Flagship Leadership Programmes

Since 2006, the **Hong Kong 200** Leadership Project has been annually training 200 youth who have leadership potential and a commitment to serve, nurturing local leaders of tomorrow. To date, the programme has trained 3,400 young people, many of whom have taken on important roles in society, including member of the Legislative Council. This year's training focused on Sustainability Leaders, studying sustainable communities, environmental protection and equal education opportunities of Hong Kong. After 20 training sessions, participants competed in the Project for Hong Kong Pitching for the best project. This year's winning team created an experiential game that allows students to understand the difficulties faced by students with special educational needs, promoting social inclusion.







「香港青年協會英語演講比賽」踏入第21屆，旨在加強青年慎思明辨能力及演說技巧。今年吸引了1,500多位來自190間學校的中學生參加，新增「最佳進步獎」，肯定參加者在整個培訓及參賽過程的成長。今年初中組題目探討「快樂可否讓孩子變得更好」；高中組題目則邀請學生就「快樂是否包括被討厭的勇氣？」分享意見。總決賽包括提問環節，考驗參賽者的即場反應。今年高中組冠軍是第三次參賽，憑著堅毅和不斷改進最終獲得冠軍。他隨後亦代表香港出戰倫敦國際賽事，於全球過百萬參賽者中脫穎而出，晉身成為六位決賽者之一。

The HKFYG English Public Speaking Contest is the most sought-after English public speaking contest in Hong Kong. For 21 years, it has been training youth to enhance their critical thinking skills and public speaking abilities. This year, it attracted over 1,500 secondary school students from 190 schools to participate, with a new Best Progress Award introduced to recognise participants' growth throughout the training and contest process. In the junior division, participants explored whether "happiness can enhance children's well-being" while the senior division was tasked with sharing thoughts on whether "happiness encompasses the courage to be disliked". The grand finals included a Q&A session designed to test participants' reactions and wit. The champion of the senior division, who participated for the third time, ultimately won the championship through perseverance and continuous self-improvement. He subsequently represented Hong Kong in the International Public Speaking Competition in London, where he made one of the six finalists.

**主要服務 Key Services**

**目的 Objectives**

**活動 Programmes**

<p>發掘滬港兩地女大學生的潛能及個人所長，促進多元發展</p> <p>Discovering the potential and strengths of female university students in Shanghai and Hong Kong, and promoting diverse development for their future</p>	<p>恒隆「她領航」計劃</p> <p>Hang Lung Future Women Leaders Programme</p>
<p>加強青年對香港立法制度、憲制基礎及基本法的認識</p> <p>Enhancing youth's understanding of the legislative system, constitutional foundation and the Basic Law of the Hong Kong SAR</p>	<p>青年立法會議政訓練證書課程</p> <p>Youth LegCo – Policy Training Certificate Programme</p>
<p>推廣古蹟保育</p> <p>Promoting heritage conservation</p>	<p>前粉嶺裁判法院導賞團</p> <p>Former Fanling Magistracy Guided Tours</p>

## 義工服務 Volunteer Services

緣於一顆服務的心志，Candice參與「全城義工推廣大使計劃」。經過培訓後，她負責在中小學推動義工服務的工作，這個過程讓她由最初的參與者，成長到能獨當一面的領袖。Candice現在正修讀職業治療課程，她認為在義工活動中學到的觀察、演講、溝通、解說、應變和同理心等能力，將對她的職業發展大有幫助，讓她更容易與患者溝通，並以同理心了解他們的需求。

Driven by a serving heart, Candice joined the Citywide Volunteer Promotional Ambassador Programme. After training, she became responsible for promoting volunteering in schools. This process has allowed her to evolve from a helper to a leader. Currently undergoing training to become an occupational therapist, Candice believes that the skills she has acquired through volunteer activities – observation, public speaking, communication, agility and empathy – will greatly benefit her career development, enabling her to communicate with patients and understand their needs with empathy.

### 服務概覽

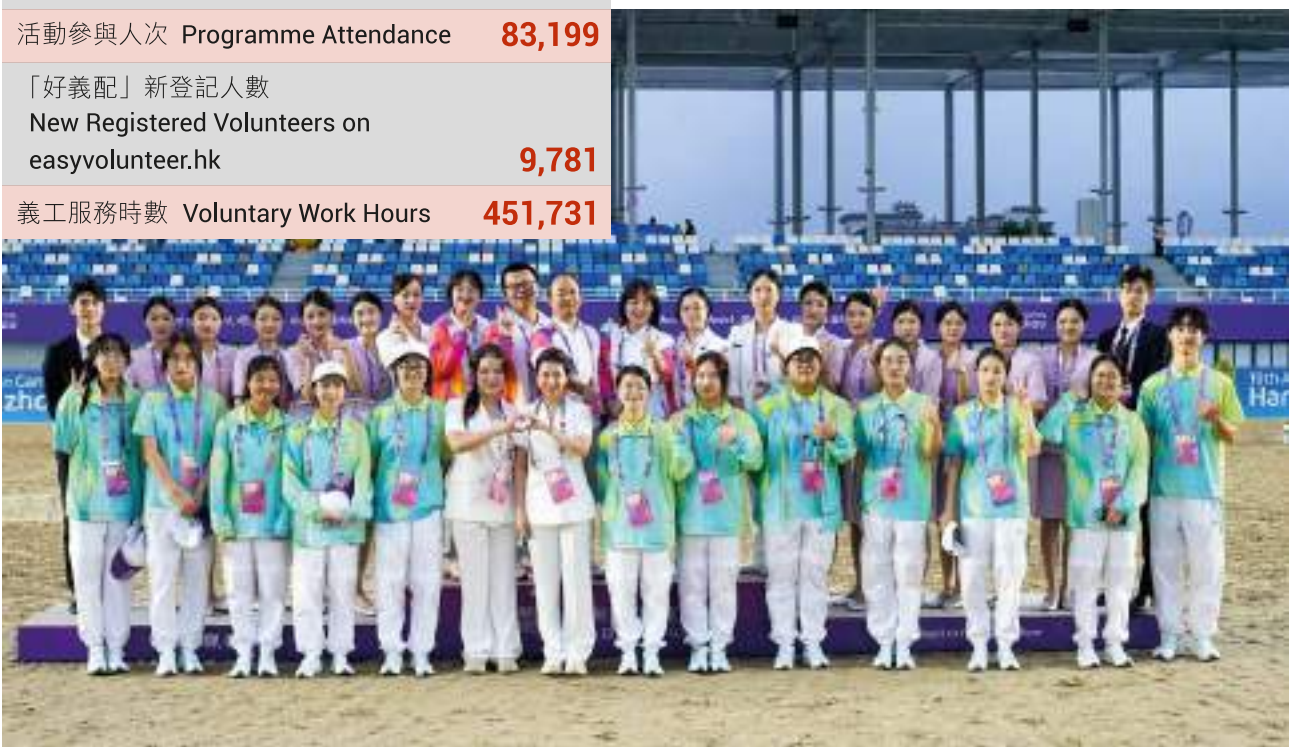
青年義工網絡（簡稱VNET）是香港最大型並以青年為主要對象的義工網絡，其一站式網上配對平台「好義配」(easyvolunteer.hk)，配合「好義學」網上自學計劃，提升義工能力，並便利他們能隨時搜尋合適的服務機會。VNET設有「好義配」義務工作嘉許，推動全港青年積極投入義務工作，真正達致「做義工，好義配」。每年舉辦的「有心計劃」，旨在連繫學校與工商企業之間的合作，共同推動學生服務社區之餘，鼓勵企業實踐公民責任。

### Service Overview

The Youth Volunteer Network (VNET) is the city's largest youth volunteer network. Its all-in-one online portal, easyvolunteer.hk, empowers volunteering skills through Easy Learning and allows volunteers to conveniently explore suitable service opportunities. The "Easy Volunteer" Volunteer Service Award fosters active youth participation in meaningful voluntary work. The Heart to Heart Project is a unique programme that brings students, schools and corporate volunteers together to serve.

### 服務數據 Service Data

活動數目 Programmes Delivered	<b>235</b>
活動參與人次 Programme Attendance	<b>83,199</b>
「好義配」新登記人數 New Registered Volunteers on easyvolunteer.hk	<b>9,781</b>
義工服務時數 Voluntary Work Hours	<b>451,731</b>







### 年度重點

#### 帶領義工進行海內外義工服務，開拓世界視野

VNET鼓勵青年義工走出香港，為他們安排各種海內外服務機會，從中培養個人責任感、身份認同及國際視野。這年度先後帶領青年義工前往杭州「第19屆亞運會」、上海「第六屆中國國際進口博覽會」及比利時「安特衛普龍舟嘉年華」等大型活動提供義務支援。無論是出發前訓練所學的服務及溝通技巧，或是在服務中學到的應變、解難能力，以至透過文化交流而獲得的國際視野，均對義工的個人成長及發展規劃有莫大得益。

### Highlights of the Year Serving Around the World

VNET strives to offer unique opportunities to broaden the horizons of our young volunteers, which is beneficial to their sense of responsibility, identity and global perspectives. This year, we brought our youth to serve at the 19th Asian Games in Hangzhou, the 6th China International Import Expo in Shanghai, and The Hong Kong Dragon Boat Festival in Antwerp, Belgium. The experience gained through volunteering, whether it's the servicing and communication skills learnt during pre-event training, the agility and problem-solving abilities gained during the event, or the international perspectives obtained through cultural exchange, greatly benefit the personal growth of the volunteers.





#### 表揚傑出義工以親身經歷感染更多青年投身義工行列

「好義配」義務工作嘉許，旨在表揚有傑出表現的義工及團體，肯定行善助人的精神，推動全港青年積極投入義工服務。本年度首次舉辦實體頒獎禮，設年度個人時數、團體時數、持續服務、傑出表現主題等多項獎項；並以「放眼世界」為主題，邀請義工分享海內外服務經驗及心得，鼓勵其他義工積極嘗試不同的服務機會。2023年度計劃一共嘉許超過6,000名青年義工及80個學校及機構，貢獻超過160萬小時義工時數。

#### Recognising Outstanding Volunteers

Through the **Good Volunteer Award**, we at VNET aim to honour outstanding volunteers and groups, affirming kindness and service, while encouraging more young people to participate in volunteer services. This year marked the first physical award ceremony, featuring various awards such as the highest individual hours, highest group hours, continuous service and outstanding performance. With the theme Looking at the World, volunteers shared their worldwide service experiences, using themselves as examples to encourage others to experience the joy of volunteering. In 2023, over 6,000 volunteers from 80 schools and organisations contributed more than 1.6 million hours of volunteer services.





**自小種下行善種子**

青年義工網絡積極推動賽馬會「眾心行善」義工推廣校園夥伴計劃，於全港中小學提供義工培訓，透過培訓、體驗及反思培養學生義工精神。其中「義工領袖計劃」課程讓高中學生透過設計思維策劃義工服務，並於「傑出服務策劃比賽」進行成果展示及交流，得獎組別更可獲種子基金實踐服務計劃。



**Planting the Seed of Service**

Being partner of the **JC Volunteer Together Programme**, VNET provides volunteer training in primary and secondary schools, nurturing a serving heart from a young age. Within the Programme, we involved high school students in systematic service planning and by utilising the design thinking process. These students had the opportunity to present and exchange ideas at the Outstanding Service Planning Competition, in which the winning teams were granted funding to bring their ideas to life.



**主要服務 Key Services**

**目的 Objectives**

便利義工隨時隨地搜尋合適服務機會  
Enabling volunteers to search for suitable service opportunities

便利義工自學服務技巧  
Enabling volunteers to enhance skills through self-learning

培育大專生推動中、小學義工發展  
Nurturing youth to promote the development of volunteering in primary and secondary schools

**活動 Programmes**

「好義配」義工搜尋器  
Easyvolunteer.hk Online Volunteer Matching Platform

「好義學」義工領袖網上自學計劃  
Easy Volunteer, Easy Learning, Volunteer Self-learning Online Programme

全城義工推廣大使  
Citywide Volunteer Promotional Ambassador

## 邊青服務 Youth at Risk Services

Kiki的童年在父母的打罵中渡過。渴望被愛的她青春期開始交過兩個有社團背景的男朋友，受到他們暴力傷害。Kiki後來藉著毒品緩解抑鬱，最終因藏毒被捕。青協社工在她入獄期間陪伴她面對違法行為帶來的後果，以及協助她修補與家人的關係。

**Kiki experienced domestic violence at home during her childhood. Longing for love, she entered relationships with two boys with ties to criminal organisations during her teenage years, both of whom were abusive towards her. Kiki turned to drugs to cope with depression, which ultimately led to her arrest. Our social worker supported her in addressing the consequences of her illegal actions, and helped her mend her relationship with her family.**

### 服務概覽

青協的邊青服務由青年違法防治中心 (YCPC) 統籌，致力解決四個現時普遍的青少年問題：犯罪違規、性危機、吸毒和精神健康，透過地區外展社會工作隊、深宵青年服務、抗毒服務、青年支援服務及青年住宿服務，為面對危機、犯罪青少年、受害者及其家人，提供預防教育、危機介入與評估、輔導治療、專業協作和研究倡導服務。「青法網」網站和應用程式，以及「違法防治熱線8100 9669」為公眾提供青少年犯罪違規的重要資訊和求助管道。

### Service Overview

The Youth Crime Prevention Centre (YCPC) addresses four prevalent youth issues: criminal offenses, sexual crises, drug abuse and mental health. Through regional Outreaching Social Work Teams, Extended Service for Young Night Drifters, Anti-Drug Service, Youth Support Scheme and accommodation services, YCPC offers preventive education, crisis intervention and assessment, counselling, professional collaboration and research advocacy to support youth, juvenile offenders, victims and their families. The YouthLaw website and mobile application, as well as the YCPC Hotline 8100 9669, play vital roles as information hubs and channels to resources and assistance relating to youth criminal offenses and violations.

### 服務數據 Service Data

活動數目 Programmes Delivered	<b>814</b>
活動參與人次 Programme Attendance	<b>107,285</b>
處理個案數目 Cases Served	<b>5,555</b>
個案服務人次 Case Beneficiaries	<b>62,278</b>
網上聯繫人次 Online Engagement	<b>495,671</b>



## 年度重點

### 互動體驗提升守法教育的趣味

互動的體驗能加深學習記憶，青年違法防治中心因而推出全港首個互動體驗守法學習教材「好想法——青少年守法教育系列」。小學篇的特色是先進行遊戲，然後引出犯罪陷阱和後果，例如進行傳水樽遊戲後告訴學生水樽內可能藏有毒品；或是讓學生打開禮物盒後再指出他們可能已跌進處理贓物的陷阱等，既有趣又能加深學生的印象和提高警覺性。中學篇的活動根據學生的興趣設計遊戲和工作坊，例如於角色扮演中回答二選一的選擇題，引導學生深入討論價值觀和人生意義，從而提高守法意識。



### 創新方法提升抗毒服務效能

青年違法防治中心不斷透過研究提升抗毒服務成效，「Project MAP『生命地圖』——意義中心取向抗毒教育及輔導計劃」首次在香港應用「意義中心取向模式」，透過引導青少年探索人生意義及目標，增強他們的抗逆能力，減低透過毒品逃避現實和緩解困擾的機會。此計劃與香港城市大學合作，研發適合本港使用的綜合識別評估工具和輔導工具。在參與計劃的個案中，近九成六個案減少吸毒頻次，九成二戒毒康復個案能保持戒毒狀態，沒有出現復吸情況，另有七成七吸毒個案成功戒毒。本計劃榮獲香港社會服務聯會2023年度「卓越實踐在社福」獎勵計劃的「卓越實踐指標獎——效能」，成效獲業界肯定。

## Highlights of the Year

### Making Law-abiding Education Fun

To make crime preventive learning interactive and fun, YCPC has developed Hong Kong's first interactive teaching kit **Mind+: Youth Crime Preventive Education Programme**. The primary school kit features games of crime traps. For example, through a bottle delivery game, students are informed that drugs might be hidden inside the bottle, or when they open a gift box, they might have fallen into the trap of handling stolen goods. Interactive activities make education both enjoyable and effective in raising students' awareness. Activities for secondary schools are tailored to students' interests, featuring games and workshops. For example, in role-playing scenarios, students are asked to answer this or that questions that guide them into in-depth discussions on values and the meaning of life, thereby enhancing their law-abiding awareness.

### Innovative Approach in Enhancing the Effectiveness of Anti-Drug Services

One of YCPC's key foci, is on raising the effectiveness on anti-drug services. **Project MAP: Meaning-centred Approach Drug Education and Counselling Programme** is the first of its kind in Hong Kong to adopt a Meaning-centred Approach, aiming to enhance anti-drug awareness by guiding young people to explore the meaning and goals of life, thereby fostering their resilience and reducing the likelihood of turning to drugs as a means of alleviating distress. Through collaboration with the City University of Hong Kong, the programme developed comprehensive assessment tools and tailored counselling resources that cater to the local context. Among the cases that were part of the programme, nearly 96% reported a reduction in the frequency of drug use, 92% of those in recovery maintained abstinence without relapsing, and 77% of drug users successfully quit taking drugs. This programme was honoured the Outstanding Performance Indicators Award (Impact) under the Hong Kong Council of Social Service's 2023 Best Practice Awards in Social Welfare, acknowledging its significance.



### 多媒體預防教育拓展覆蓋範圍

預防教育比介入治療效果更佳且具有長遠效益，因此青年違法防治中心積極運用多媒體方法進行預防違法教育工作，以接觸更多更廣的青年及家長。例如透過 Instagram (IG) 發布與年輕人生活息息相關的預防受騙或墮入法網陷阱的貼文；利用虛擬實境 (VR) 體驗短片讓家長了解高危青年的行為問題，同時體驗不同的管教和溝通方式與親子關係、犯罪和吸毒行為的關聯性，促進家人之間的互相理解和體諒；在 YouTube 上發布守法短片，內容包括無牌駕駛、偷拍、散佈虛假資訊等；並與新城電台合作錄製「抗毒關你事」抗毒教育節目和電台節目，提升大眾對毒品問題的關注。

### 實踐「終止犯罪」理論支援更生青年

我們著重工作以實證為本，確保所採取的方法是建立在科學基礎上。今年以「終止犯罪」理論為基礎，為接受監管的青年及其家人提供實證評估、輔導、工作實習、家長教育及家庭支援等服務，協助青年建立「犯罪斷念」的價值觀，強化守法行為，並培養良好的工作態度及和諧家庭關係，透過融入社會減低重犯的機會。青協同時與學者合作研發評估工具及進行成效研究，以數據為基礎評估項目的效果。

### Optimising Audience Reach through Multimedia

We believe that prevention is better than cure. Aiming to reach as wide an audience as possible, YCPC actively employs multimedia strategies in preventive education. Instagram (IG) has been utilised to disseminate messages on avoiding scams or traps; virtual reality (VR) videos have been made to help parents experience the correlation between different parenting approaches and their respective impacts on parent-child relationships as well as youth's likelihood of turning to crime and drug; engaging law-abiding short videos have been posted on YouTube, covering topics such as driving without a license, covert filming and spreading false information. YCPC also collaborated with Metro Radio on a series of anti-drug videos and radio programmes to raise public awareness.



### Applying Desistance Theory in Delinquent Rehabilitation

It is also necessary to ensure that our service provision is evidence-based. A new initiative involves applying Desistance Theory in delinquent rehabilitation. It is hoped that by providing comprehensive services to empower delinquents and their families, law-abiding values, appropriate work attitudes, and positive family connections would be established, enabling delinquents to integrate into society and thereby reduce the risk of reoffending. The Federation also collaborates with scholars to develop assessment tools and conduct studies to evaluate the project outcomes, reflecting our commitment to evidence-based practices and continuous improvement.





主要服務 Key Services

目的 Objectives

活動 Programmes

<p>支援犯事青年更生及建立守法行為 Supporting the rehabilitation of delinquents to promote law-abiding behaviour</p>	<p>「重新出發」青年嘉許計劃 Turning Point – Youth Improvement Award</p> <hr/> <p>「Project RESTART」更生青年支援服務 Project RESTART – Cross-professional Collaboration to Better Support Rehabilitated Youth with Training on Law-abiding Attitudes</p>
<p>加強青年抗毒意識 Enhancing youth's awareness against drug abuse</p>	<p>「生命掌舵III」黃大仙區提升社區禁毒意識計劃 Making Life Changes III – Anti-drug Community Awareness Building Programme for Wong Tai Sin District</p> <hr/> <p>「Project RADAR III」隱蔽吸毒及干犯毒品罪行輔導計劃 Project RADAR III – A Counselling and Treatment Programme for Young People with Hidden Drug Abuse Problems and Drug Related Criminal Offences</p> <hr/> <p>「心渡歷情 II」預防雙重診斷教育輔導計劃 Project Healthy Transition II – Preventive and Educational Programme for Substance Abuser with Mental Health Issues</p> <hr/> <p>「生命啟航 III」在職及隱蔽吸毒青年抗毒計劃 Project SEToff III – Anti-drug Programme for working Youth and Hidden Drug Abusers</p> <hr/> <p>「從家開始 III」強化家庭功能抗毒教育及輔導計劃 Begin from Family III - An Anti-drug Education and Counselling Programme to Strengthen Family Functioning</p>
<p>預防網絡欺凌 Preventing cyberbullying</p>	<p>「Project iSmarter」預防科技罪行共建網絡安全校園計劃 Project iSmarter – Cybercrime Prevention and Building a Secure Cyberspace in Schools</p>
<p>推動守法行為 Promoting law-abiding behaviour</p>	<p>不迷。賭II Youth! Don't Gamble!</p>
<p>透過運動建立青年健康生活模式 Building a healthy lifestyle through sports</p>	<p>「逆風」青少年正向成長計劃 Project Wind - Youth Positive Training Programme</p> <hr/> <p>青協奮進計劃 HKFYG YCPC x Operation Breakthrough – Professional Running Training Programme for High Risk Youth</p>

## 輔導服務 Counselling Services

Marco就讀中六時因擔心自己的成績未合資格升讀大學，對未來感到擔憂。在發奮苦讀準備DSE考試的過程中，他感到巨大壓力，在情緒接近崩潰時主動致電「關心一線」求助。經過社工的輔導後，Marco意識到自己最大的困擾是害怕辜負家人期望。他在社工的鼓勵下與家人坦誠溝通，發現原來自己的表現經已超出家人的期望。解決困擾後Marco積極準備DSE，最終順利升讀大專課程。未來，他希望成為一名社工，與面對困難的人同行。

**Stressed and extremely anxious while preparing for the DSE examinations in Form Six, Marco was terrified that he would be facing a future without higher education. On the verge of collapse, he reached out to our Youthline service. With the assistance of our social worker, he understood that that his major fear was disappointing his family. Encouraged by our social worker, he opened his heart to his family, only to find that his efforts had already exceeded their expectations. Relieved, Marco focused on exam preparation and eventually secured a place in tertiary education. Now, fuelled by his own experience, he aspires to be a social worker to support those facing difficulties.**

### 服務概覽

#### 輔導服務

青年情緒健康、戀愛價值觀、特殊教育需要及媒體素養是本會輔導服務的核心，當中結合學校社會工作組、青苗計劃、媒體輔導中心及全健空間的專長，透過「關心一線2777 8899」、「DSE 2777 1112」、「uTouch」網上外展、駐校社工、學生支援及臨床心理輔導服務，於線上線下全面為青年構建專業支援及輔導網絡。「校易網」(easyschoolconnect.hk) 提供一個平台便利學校快速搜尋服務或自訂服務要求，確保青年能夠獲得最適切、最貼心的支援。輔導服務是對青年的關懷，更是對整個社會未來的投資。

### Service Overview

#### Counselling Services

Youth emotional well-being, values of love, special educational needs and media literacy make up the core of the Federation's counselling services. By leveraging the collective expertise of the School Social Work Team, School Guidance Team, Media Counselling Centre and Wellness PLUS, professional support and counselling both online and offline is provided. The comprehensive network includes Youthline 2777 8899, DSE 2777 1112, uTouch Cyber Youth Outreach Service, school stationing services, student support and clinical psychological counselling services. EasySchoolConnect (easyschoolconnect.hk) provides a platform for schools to conveniently search for, or customise, service requests, ensuring youth receive the personalised support they deserve. All our counselling services demonstrate our care for individual young people, as we see it as an investment in the future.

### 服務數據 Service Data

活動數目 Programmes Delivered	<b>2,639</b>
活動參與人次 Programme Attendance	<b>477,790</b>
個案數目 Cases Served	<b>53,026</b>
個案服務人次 Case Beneficiaries	<b>104,712</b>
網上聯繫人次 Online Engagement	<b>3,895,679</b>





## 年度重點

### 臨床心理輔導服務支援學生情緒需要

青少年情緒困擾問題日益嚴重，他們的精神健康備受關注。我們今年除了為8間中學提供到校臨床心理評估及治療外，臨床心理學家更因應社會狀況即時應變，聯同資深社工組成了學校危機支援隊，為學校提供突發性危機的到校支援，並為本會所有駐校社工提供心理急救訓練，加強同工的輔導專業知識和危機處理能力。另外，我們為有輕微至中度情緒困擾的青年人，提供低密度心理治療服務，協助他們及早處理焦慮及抑鬱的困擾。



## Highlights of the Year

### Clinical Psychology Services to Support Students' Emotional Health

The increasing severity of emotional distress among adolescents and the escalating concern for their mental health are pressing issues. This year, alongside conducting clinical psychological assessments and treatments on-site at eight secondary schools, our clinical psychologists proactively addressed societal conditions by collaborating with senior social workers to establish a school crisis support team, offering immediate on-site crisis assistance to schools during emergencies. Moreover, they conducted psychological first aid training for all our school social workers to strengthen their counselling and crisis management capabilities. Furthermore, we provided low-intensity psychological therapy services to support young people struggling with mild to moderate emotional distress, aiding them in tackling anxiety and depression issues at an early stage.





### 緊貼青年的需要提供輔導支援

年青人生活與網絡及社交媒體密不可分，青協的輔導服務密切關注青年所面對的挑戰，並提供相應的支援。今年的服務包括提供**電子詐騙受害者情緒支援服務**，幫助他們應對焦慮、懷疑、自責和自我否定等情緒困擾；舉辦針對**交友問題和網絡欺凌焦點小組**，以支援受影響青年的情緒需求；公佈「**2024 網絡形象與情緒健康問卷調查**」結果，發現青年普遍希望在個人社交媒體上展現正面形象，不願表達負面情緒，顯示他們在網路世界中對表達情緒有所顧慮，而他們的情緒問題亦因而難以被察覺。這項調查獲得各大媒體報導，更受邀到港台32的直播節目，分享如何在經營社交媒體時，同時注意保持健康情緒。



### Tailoring Counselling Support

The Federation closely monitors and addresses the challenges young people face in their digitally interwoven lives. In the past year, our support initiatives ranged from **emotional guidance for victims of online scams to specialised group sessions on friendship dynamics and online bullying**. We conducted an **Online Image and Emotional Well-being Survey** this year. The results confirmed what we know to be a common phenomenon: young people only posted positive messages on social media, even if they were not feeling the same. The suppression of negative emotions and promotion of positivity indicate the lengths to which young people go to create a false narrative about themselves. This also makes it difficult for others to notice their needs. The findings received extensive media coverage, as well as a TV live programme invitation to share tips on managing online imaging and its emotional impact.



### 積極推廣身心全健概念

青協倡導身心全健概念，鼓勵青年注意身體和心理健康的平衡。「青協背包跑」是青協推廣全健的年度旗艦項目，今年是疫後復辦的第一年，以「全民解憂」為主題，吸引了1,400名參賽者一同揹起背包跑步，象徵著分擔青年壓力，一起為快樂起步。當日亦設有「全民解憂嘉年華」，提供多項體驗式減壓活動，宣揚同行解憂。今年的其他全健項目還包括《年少日記》電影分享放映會，由金馬獎最佳新導演卓亦謙與觀眾分享情緒表達的重要性，鼓勵青年主動求助；「Recharge Usself 年輕照顧者及早識別及介入計劃」旨在提高大眾對精神健康和年輕照顧者的理解，鼓勵「自愛愛人」的概念。

### 孕育基層醫療人才

基層醫療是應對人口老化對公共醫療系統造成壓力的有效策略，青協因此積極培育年青人參與基層醫療服務，提供結合教學與實踐的「全健經理」證書課程，培訓年青人全健知識，在醫護人員的專業督導下，提供健康管理個案服務。青協今年更成為全港首間加入「全球社會處方聯盟」的機構，引進「社會處方」健康管理模式，透過醫護人員、青年工作者及青年的共同合作，以非醫療、非藥物方法，為受情緒、肥胖或失眠困擾的青年，提供具系統、度身訂造的心理健康、營養及體育等活動，以改善他們的健康狀態。

### Advocating Whole Wellness

Whole wellness is a concept that the Federation advocates, encouraging young people to maintain a balance between physical and mental well-being. This year saw the triumphant return of our annual flagship event, **HKFYG Run for Wellness**, after its suspension due to the pandemic. This year, 1,400 participants carried backpacks and ran together, symbolising shouldering burden of youth and taking steps towards happiness together. Accompanying the Run was a vibrant carnival with various experiential stress-relief activities. Other holistic health initiatives included, a movie screening of the widely acclaimed film, *Time Still Turns the Pages* with award winning director, Nick Cheuk Yik-him, sharing the importance of seeking help and expressing emotions. **Recharge Usself Young Carers Early Identification and Intervention Programme** helped the public understand more about mental health issues and unique struggles of young caregivers, promoting self-love, as well as compassion for others.

### Nurturing Primary Healthcare Talents

The Federation actively nurtures young talents in primary healthcare as a means of alleviating the strain on the public healthcare system because of Hong Kong's aging population. Our **Wellness Manager Certificated Course** integrates theoretical study with hands-on experience, providing young people with knowledge and helping them practice health management services under the supervision of medical professionals. The Federation is **the first organisation in Hong Kong to join the Global Social Prescribing Alliance**, an approach which offers non-pharmacological intervention to young people who are struggling with mental health issues, obesity or skin disorders through tailored healthcare programmes. These can include social and sports activities that bring together medical practitioners, youth service workers and youth mentors for a shared and common purpose.





### 支援學校發展媒體素養教育

科技日新月異，人工智能為我們生活帶來便利，但也伴隨著風險和陷阱，因此媒體素養教育變得越來越重要。根據青協今年發布的「媒體及人工智能素養」研究結果，中學生普遍認為網絡欺凌在社交媒體上很常見，而教師則擔心自己缺乏應對科技發展所帶來的教學挑戰的專業能力。青協剛剛完成為期三年的「Project MAIL 媒體及人工智能素養拓展計劃」，不僅為35間中學的初中生提供培訓，還推出了教材套，並與浸會大學合作研發了自我評估工具，為老師的媒體素養教學提供便利。在 Project MAIL 成功的基礎上，青協今年推出了全新的「Project Next 新興科技素養及價值教育計劃」，內容升級，包括AI、大數據、元宇宙和區塊鏈等四大核心主題，旨在培育學生建立正確的價值觀，成為有智慧和道德的科技使用者。

### Supporting Teachers in Media Literacy Education

Technological advancement undoubtedly brings convenience to our lives but it also comes with risks and consequences. Findings from our **study on Media and Artificial Intelligence Literacy** revealed that cyberbullying is a prevalent issue on social media platforms. Teachers also expressed concerns about navigating the challenges posed by technological shifts. In the past three years, our Project MAIL Media and Artificial Intelligence Literacy Programme provided training in 35 schools, developed a teaching kit and a self-assessment tool, which facilitated teachers in delivering media literacy education. Building upon the success of Project MAIL, **Project Next Technology Literacy and Values Education Programme** has been launched this year and focused on four key areas – AI, big data, metaverse and blockchain – to help ensure students become ethical users of technology.

## 主要服務 Key Services

### 目的 Objectives

表揚在逆境中自強不息、樂觀進取的青少年  
Acknowledging young people who have overcome adversity in life

培訓對輔導有興趣的大專學生成為熱線義工  
Training youth interested in counselling to volunteer for hotline services

提升中學生數碼及理財素養  
Enhancing the digital and financial literacy of secondary school students

提供24小時網上輔導  
Providing 24/7 online counselling services

### 活動 Programmes

「中電新世代·新動力獎勵計劃」  
CLP Energy for Brighter Tomorrows Award

「Hear Project」熱線義工培訓  
Hear Project – Hotline Volunteer Training

「FiNet世代計劃」提升網絡素養及理財觀念計劃  
FiNet Mind – Internet and Finance Literacy Programme

「Open 嚟」24小時青年網上情緒支援服務  
Open Up – Online Emotional Support Service for Youth



**主要服務 Key Services**

**目的 Objectives**

**活動 Programmes**

<p>加強學生關愛自己的意識及情緒管理能力 Enhancing students' awareness of self-care and emotional management skills</p>	<p>「我的自癒日記」故事創作比賽 "My Self-Healing Diary" Story Writing Competition</p>
<p>提升有特殊教育需要的學生的學習動機、學習技巧及改善情緒和行為問題 Enhancing learning motivation and learning skills, and reducing emotional and behavioural problems of students with special educational needs</p>	<p>「Project COACH專責支援SEN服務」 Project C.O.A.C.H – SEN Support Service</p>
<p>為低收入家庭兒童及青少年培育均衡健康飲食及運動習慣，促進青少年的全人健康 Promoting holistic health of children and young people from low-income families through cultivating healthy eating and exercising habits</p>	<p>「全健展愛計劃」 LiveWELL Programme</p>
<p>提升有自殺和自殘傾向青年的精神健康管理能力 Improving mental health management skills of at-risk youths</p>	<p>「依正念」——高危青少年精神健康支援服務 Project E.Positive – Mental Health Supporting Service for At-Risk Youths</p>
<p>支援大專生的精神健康及福祉 Supporting mental health and well-being of tertiary student</p>	<p>HKFYG x Maybelline 「勇敢同行」計劃 HKFYG x Maybelline "Brave Together" Campaign</p>
<p>提供情緒支援及紓緩壓力的方法予年輕照顧者 Providing emotional support and stress relief methods for young carer</p>	<p>「Recharge Usself」——年輕照顧者及早識別及介入計劃 Recharge Usself- Early Identification and Intervention for Young Carers</p>
<p>提升有特殊學習需要學生的自理、社交及工作技能 Improving the self-care, social and life skills of students with special educational needs</p>	<p>「自家農莊」職場實習及住宿計劃 FARMily – Nurture. Engage. Shine</p>
<p>加強大眾關注DSE考生的需要 Increasing public attention to the needs of DSE candidates</p>	<p>「DSE 2023 升學規劃調查」 DSE Students Further Study Survey 2023</p>
<p>加強網上交友陷阱意識 Raising awareness of online dating traps</p>	<p>「Detective Game」網絡交友偵探活動 Cyber Detective Game</p> <hr/> <p>「uTouch x Meta 線上線下防騙工程2023」 uTouch x Meta O2O Anti-scam Collab Campaign 2023</p>

青協提供駐校社工服務學校列表

List of Schools Served by School Stationing Services

中學 Secondary Schools

1. 孔教學院大成何郭佩珍中學	Confucian Tai Shing Ho Kwok Pui Chun College
2. 天主教慈幼會伍少梅中學	Salesians of Don Bosco Ng Siu Mui Secondary School
3. 保良局莊啟程預科書院	Po Leung Kuk Vicwood K.T.Chong Sixth Form College
4. 德貞女子中學	Tack Ching Girls' Secondary School
5. 聖芳濟書院	St. Francis Xavier's College
6. 聖公會林裘謀中學	S.K.H. Lam Kau Mow Secondary School
7. 嗇色園主辦可藝中學	Ho Ngai College (Sponsored by Sik Sik Yuen)
8. 獅子會蔣翠琼中學	Lions Clubs International Tseung Chui King College
9. 寶血會上智英文書院	Holy Trinity College
10. 香港道教聯合會圓玄學院第一中學	HKTA The Yuen Yuen Institute No. 1 Secondary School
11. 佛教大雄中學	Buddhist Tai Hung College
12. 拔萃女書院	Diocesan Girls' School
13. 惠僑英文中學	Wai Kiu College
14. 崇正中學	Tsung Tsin Middle School
15. 天水圍循道衛理中學	Tin Shui Wai Methodist College
16. 順德聯誼總會翁祐中學	Shun Tak Fraternal Association Yung Yau College
17. 佛教茂峰法師紀念中學	Buddhist Mau Fung Memorial College
18. 宣道中學	Christian Alliance College
19. 崇真書院	Tsung Tsin College
20. 荃灣聖芳濟中學	St. Francis Xavier's School Tsuen Wan
21. 保良局甲子何玉清中學	Po Leung Kuk Ho Yuk Ching (1984) College
22. 啓思中學	Creative Secondary School
23. 萬鈞匯知中學	Man Kwan QualiEd College
24. 景嶺書院	King Ling College
25. 樂善堂余近卿中學	Lok Sin Tong Yu Kan Hing Secondary School
26. 樂善堂王仲銘中學	Lok Sin Tong Wong Chung Ming Secondary School
27. 新界喇沙中學	De La Salle Secondary School, N.T.
28. 中華基督教會基新中學	CCC Kei San Secondary School
29. 鳳溪廖萬石堂中學	Fung Kai Liu Man Shek Tong Secondary School
30. 羅定邦中學	Law Ting Pong Secondary School
31. 佛教覺光法師中學	Buddhist Kok Kwong Secondary School
32. 佛教黃允畋中學	Buddhist Wong Wan Tin College
33. 香港兆基創意書院	HKICC Lee Shau Kee School of Creativity
34. 新界鄉議局元朗區中學	N.T. Heung Yee Kuk Yuen Long District Secondary School
35. 萬鈞伯裘書院	Man Kwan Pak Kau College



**小學 Primary Schools**

1. 寶血會伍季明紀念學校	Kwai-ming Wu Memorial School of The Precious Blood
2. 寶血會思源學校	Si Yuan School of the Precious Blood
3. 寶血會嘉靈學校	Ka Ling School of The Precious Blood
4. 寶血會培靈學校	Pui Ling School of The Precious Blood
5. 寶血小學	Precious Blood Primary School
6. 華富邨寶血小學	Precious Blood Primary School (Wah Fu Estate)
7. 海怡寶血小學	Precious Blood Primary School (South Horizons)
8. 慈幼葉漢小學	Salesian Yip Hon Primary School
9. 聖保羅書院小學	St. Paul's College Primary School
10. 孔教學院大成小學	Confucian Tai Shing Primary School
11. 聖士提反女子中學附屬小學	St. Stephen's Girls' Primary School
12. 浸信會沙田圍呂明才小學	Baptist (STW) Lui Ming Choi Primary School
13. 香港青年協會李兆基小學	HKFYG Lee Shau Kee Primary School
14. 耀山學校	Iu Shan School
15. 港大同學會小學	HKUGA Primary School
16. 大埔舊墟公立學校(寶湖道)	Tai Po Old Market Public School (Plover Cove)
17. 香港中國婦女會伍佐榮學校	The H.K.C.W.C. Hioe Tjo Yoeng Primary School
18. 吳氏宗親總會泰伯紀念學校	Ng Clan's Association Tai Pak Memorial School
19. 瑪利曼小學	Marymount Primary School
20. 景林天主教小學	King Lam Catholic Primary School
21. 樂善堂楊仲明學校	L.S.T. Yeung Chung Ming Primary School
22. 激活英文小學	Gigamind English Primary School
23. 港九街坊婦女會孫方中小學	HKKKWA Sun Fong Chung Primary School
24. 光明學校	Kwong Ming School
25. 李陞大坑學校	Li Sing Tai Hang School
26. 嘉諾撒聖瑪利學校	St. Mary's Canossian School

**學前教育 Pre-primary Institutions**

1. 香港青年協會青樂幼稚園	The Hong Kong Federation of Youth Groups Ching Lok Kindergarten
2. 香港青年協會青樂幼稚園(油麻地)	The Hong Kong Federation of Youth Groups Ching Lok Kindergarten (Yaumatei)
3. 香港青年協會鄭堅固幼稚園	The Hong Kong Federation of Youth Groups KK Cheng Kindergarten
4. 救世軍吳國偉紀念幼稚園	The Salvation Army Ng Kwok Wai Memorial Kindergarten
5. 救世軍中原慈善基金幼稚園	The Salvation Army Centaline Charity Fund Kindergarten
6. 救世軍慶恩幼稚園	The Salvation Army Hing Yan Kindergarten
7. 救世軍田家炳幼稚園	The Salvation Army Tin Ka Ping Kindergarten
8. 救世軍富強幼稚園	The Salvation Army Fu Keung Kindergarten
9. 救世軍陳昆棟幼稚園	The Salvation Army Chan Kwan Tung Kindergarten
10. 救世軍源林潔和幼稚園	The Salvation Army Rosita Yuen Kindergarten
11. 救世軍平田幼稚園	The Salvation Army Ping Tin Kindergarten
12. 救世軍卜凱賽琳幼兒學校	The Salvation Army Catherine Booth Nursery School
13. 救世軍蘇屋幼稚園	The Salvation Army So Uk Kindergarten
14. 救世軍梨木樹幼兒學校	The Salvation Army Lei Muk Shue Nursery School
15. 救世軍三聖幼兒學校	The Salvation Army Sam Shing Nursery School
16. 救世軍荃灣幼兒學校	The Salvation Army Tsuen Wan Nursery School
17. 救世軍大窩口幼兒學校	The Salvation Army Tai Wo Hau Nursery School

## 教育服務 Education Services

喜歡手工藝的社工系學生Hilda希望將來能以手工藝作為與服務對象溝通的媒介，因此她報讀了本會持續進修中心的「手工藝術導師培訓課程」，學習了多種新與手工藝的教學方法。她經導師介紹下更獲得在暑期班擔任助教的機會，為日後的前線工作累積寶貴的經驗。

**Social work student Hilda loves making handicrafts and wants to leverage her skills as a means of communication in her future professional endeavours. So, she enrolled in our Arts and Crafts Tutor Training Course, learning teaching skills tailored to the usage of handicrafts. On the recommendation of our instructor, she has become a teaching assistant in summer programmes, accumulating practical experiences that will benefit her in her career.**

### 服務概覽

青協設有兩所非牟利幼稚園及幼兒園、一所非牟利幼稚園、一所資助小學及一所直資英文中學。五校致力培養自信、自學和自律的下一代。持續進修中心及生活學院則致力鼓勵青年享受生活、學習生活，讓持續學習與生活融為一體。



### 年度重點

#### 學前教育

#### 陶土木工課提升幼兒能力感

我們的幼稚園著重提供有趣及具啟發性的學習環境，引發幼兒的好奇心及培養喜愛學習的態度。我們不斷因應幼兒的需要完善課程，今年有幼稚園在課程中加入陶土及木工課，除了讓幼兒在動手的過程中發展手部肌肉，加強手眼協調能力外，更能讓幼兒在創作的過程中體驗解決困難及完成作品的成功感，提升他們的能力感。

### Service Overview

The HKFYG runs two non-profit kindergartens-cum-nurseries, a non-profit kindergarten, an aided primary school and a Direct Subsidy Scheme EMI (English as a Medium of Instruction) secondary school. The aim is to help students become confident and disciplined self-learners. Our Continuous Learning Centre (CLC) and LIVING Life Academy (LLA) encourage integrating lifelong learning in life.

### 服務數據 Service Data

日校學生人數 Number of Students in Day Schools	<b>1,752</b>
持續進修中心及生活學院課程數目 Courses Delivered by CLC and LLA	<b>496</b>
持續進修中心及生活學院課程參與人次 Course Attendance of CLC and LLA	<b>44,591</b>

### Highlights of the Year

#### Pre-primary Education

#### Working with Clay and Wood

Our pre-primary education focuses on providing a fun and inspiring learning environment that stimulates children's curiosity to foster a love for learning. As we continuously improve our curriculum to align with children's needs, this year, a kindergarten introduced clay making and wood working into the curriculum. In addition to developing children's small muscles and enhancing hand-eye coordination, through these hands-on activities, the children can also experience a sense of achievement that comes from resolving difficulties and finishing their products, thereby enhancing their sense of ability.



### 25週年校慶

今年亦是青樂幼稚園/幼兒園（油麻地）創校25週年，除了現有學生及家長參與慶祝活動外，不少舊生亦在銀禧紀念日當天回校回味昔日上學時光和了解學校發展。我們為銀禧校慶設計了一款親子桌上遊戲，亦創作主題曲「青樂廿五耀油尖」，分享幼稚園對於油尖旺區培育幼兒的情懷。

### 小學教育

#### 全新上課時間表增加運動、閱讀及朗讀時間

香港青年協會李兆基小學今年除了持續優化課程及活動外，同時引入大學團隊支援創客及STEAM發展，更採用全新的上課時間表增加運動、閱讀及朗讀時間：

**運動時段：**運動讓學生有健康的體魄，更可以加強腦部發展，繼而提升學習效果。時間表加入每天的運動時間，學生先一起進行活力操，之後再按自己的興趣及能力選擇各項運動項目，確保學生每天有一定的運動量並投入運動，自小養成運動習慣。

**閱讀課：**每星期有四天加入三十分鐘的中、英文閱讀課，老師亦會以身作則與同學一起閱讀，共建濃厚的閱讀氛圍。

**朗讀課：**朗讀能提高學習語言的效能，包括擴充詞彙、加強發音及演說能力等。學校安排每星期四天各十五分鐘的朗讀課，分別要求學生朗讀英語、粵語和普通話。低年級會由老師示範及帶領學生進行朗讀；而高年級則利用自攜裝置聆聽錄音檔，根據自己的進度進行個性化的練習。

### 25 Years of Love in Education

This year marked the 25th anniversary of Ching Lok Kindergarten/Nursery (Yaumatei). It was a joyful occasion with many alumni visiting on the open day, reminiscing about their school days and seeing the latest school developments. We have designed a family board game for this Silver Jubilee, and have commissioned a theme song, expressing feelings towards the Yau Tsim Mong area and our dedication to children's education.

### Primary Education

#### Physical Activities and Reading Time

This year, **HKFYG Lee Shau Kee Primary School** engaged support from the universities to further develop the Young Maker and STEAM curriculum, along with a new timetable.

**Physical Activity:** It is well known that regular physical exercise maintains and develops both a healthy body and brain, which improves learning effectiveness. Therefore, we schedule a fitness exercise session every day, followed by a variety of sports activities tailored to individual interests and abilities, ensuring that students engage in different kinds of physical activity, letting them have fun while helping them develop good habits.

**Reading:** To help create a conducive reading environment, a 30-minute session for Chinese and English occurs four days a week, with teachers also reading with students.

**Read Aloud:** Reading aloud improves diction, pronunciation and strengthens public speaking. A 15-minute time slot is dedicated to reading aloud in English, Cantonese and Putonghua. These sessions are led by teachers in the lower primary. In the upper primary section, students listen to audio materials and practise at their own pace.







### 中學教育

#### 引入人工智能提升教學效能

香港青年協會李兆基書院持續提升教學成效，今年透過加強教師使用電子學習工具及人工智能的技能，繼續推動學生自主學習；英文科與香港中文大學學習科學與科技中心合作，探討使用人工智能於英語寫作的效能；各科也已採用人工智能優化學生的學習體驗和課堂參與度。

#### 多元機會擴闊學生視野

我們積極為學生提供多元學習機會，擴闊視野和啟發他們追求卓越。今年，我們的學生非常榮幸地能與四位邵逸夫獎得獎科學家交流，了解他們對未來科學職業機會的見解，以及他們自己的科研旅程。今年是我們第九年與香港大學合作為學生提供慕課（MOOC），鼓勵他們按自己的步伐自行修讀全球知名大學的課程，增進知識。我們的學生在校外比賽中也獲得多個獎項，如2024趣味科學比賽和第18屆中學基建模型創作比賽2024，印證他們在應用跨學科知識的能力。教師和學生更獲邀於學與教博覽2023中分享他們的學習體驗。

### Secondary Education

#### Embedding AI for Teaching Effectiveness

HKFYG Lee Shau Kee College (HLC) continued to develop blended learning in Self-Directed Learning (SDL) by enhancing teachers' skills, with a focus on eLearning tools and Artificial Intelligence (AI). The English Department collaborated with the Centre for Learning Sciences and Technologies at The Chinese University of Hong Kong to investigate the effectiveness of using AI in English writing. All subject departments have also adopted AI to boost students' learning and classroom engagement.

#### Expanding Exposures of Students

Exposures inspire excellence and broaden perspective, and this year we were greatly honoured to host a Dialogue at Secondary Schools with Shaw Laureates, where four world-class scientists gave inspiring insights on future science careers, and shared their own scientific journeys. For the 9th year, we collaborated with The University of Hong Kong to offer Massive Open Online Courses (MOOCs) to students, encouraging HLCians to further their knowledge through courses from renowned universities worldwide at their own pace. HLCians also won several awards in external competitions such as the 2024 Fun Science Competition and the 18th Infrastructure Building Competition 2024 for Secondary School Students, recognising their abilities in applying cross-disciplinary knowledge. Our teachers and students were grateful to share our distinctive learning experiences at the Learning & Teaching Expo 2023.





### 持續進修

持續進修中心致力推廣人才培育，開辦多元化的職業導向課程，為青年建立專業。年內，中心舉辦逾400項進修課程，學員人數達10,000人。持續進修中心現有9項課程獲香港學歷及職業資歷評審局認可，並納入持續進修基金的可獲發還款項課程名單。本年度新增設的資歷架構認可課程包括「支援特殊教育需要兒童培訓證書」及「支援兒童言語及語言障礙培訓證書」。此外，11項熱門課程現已納入英國資歷頒證機構認可課程，包括花藝師及調解員等。為配合教育及社福界的進修需要，中心為此推出一系列兒童教育和心理輔導相關課程，如學校危機介入、生涯規劃、精神健康急救培訓，主要對象為教育工作者及社工，望能為業界人士提供與時並進的增值機會。

青協生活學院出版兩期《好學·生活》雜誌，介紹最新教育與職業資訊，採訪名人和青年導師，分享學習故事。生活學院亦參展香港貿易發展局主辦的「教育及職業博覽」及《明報》主辦的「教育及招聘博覽2023」，宣傳各種課程，為青年提供持續進修及就業資訊。

### Continuous Learning

Our Continuous Learning Centre offers a diverse range of vocational-oriented courses to support young people's professional journey. Throughout the year, we organised over 400 courses, with nearly 10,000 students. We now have nine programmes accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications on the list of reimbursable courses under the provision of Continuous Education Fund, including new certificate courses on supporting children with SEN and speech deficiency. There are 11 popular courses currently accredited by Training Qualifications UK, including floral arrangements and mediation. Seeing the needs of the education and social work professions, we curated a series of courses related to child development and psychological counselling, such as school crisis intervention, career planning and mental health first aid training.

HKFYG Living Life Academy (LLA) published two issues of *Learning for Good* magazine this year, sharing learning journeys of youth and young celebrities. LLA also participated in the Education and Career Expo and the JUMP Career and Education Expo 2023, providing information on continuing education and employment opportunities.





## 家長服務 Parenting Services

陳太為三孩之母，當中包括一名幼童及有特殊學習需要的十歲兒子明仔（Mike）。明仔的行為問題令家中長期處於緊張的狀態，陳太因而感到很大壓力，甚至出現了痛症情況。在青協社工的鼓勵下，陳太參加了「從父母開始」計劃，學習減壓的方法，同時反思自己在教養方面可能存在的問題，與明仔一起重建親子關係，並建立一個和諧安全的家。

Mrs Chan is a mother of three, including a toddler and a 10-year-old special needs child, Mike. Mike's antagonistic behaviour created a lot of tension at home, causing Mrs Chan stress, anxiety and pain issues. Encouraged by our social worker, Mrs Chan joined the Start from Parents Project to learn stress relief techniques, as well as address parenting issues. Most importantly, the Project helped her to create a harmonious and safe environment for everyone at home.



### 服務概覽

家長全動網（簡稱PSN）與家庭生活教育組聯手為家長提供全面的線上線下支援服務，旨在加強家長理解子女在各成長階段的需要，以及掌握相應的管教方法。多元化的服務包括親子調解、個案諮詢、家長學習課程、小組工作坊及家長互助小組等，推動家庭和諧，鼓勵家長與子女同步成長。

### Service Overview

The Parent Support Network (PSN) and the Family Life Education Units (FLE) jointly provide comprehensive online and offline support services for parents to enhance their understanding of their children's needs at different stages, and to equip them with the appropriate parenting skills. Services include parent-child mediation, case consultations, parent education courses, workshops and parent support groups, all designed to promote harmony at home and collective growth.

### 服務數據 Service Data

活動數目 Programmes Delivered	498
活動參與人次 Programme Attendance	25,841
處理個案數目 Cases Served	507
網上聯繫人次 Online Engagement	108,573

### Highlights of the Year

#### Supporting SEN Parents with High-Risk Mental Health Issues

Raising children with special educational needs (SEN) can be incredibly stressful, posing a significant risk to the mental health of parents. To address this, PSN initiated the **Start from Parents Project**, recognising the needs of these parents. Here we heighten the awareness of emotional well-being, improve stress management skills, help parents reflect on the purpose of being parents, and offer strategies to enhance parent-child relationships and peer support. The Project plays a crucial role in fostering a harmonious and safe environment at home.

### 年度重點

#### 支援潛在高風險精神健康問題的 SEN 家長

一般父母的管教壓力經已不少，有特殊教育需要（SEN）孩子的父母面對的管教壓力更非普通人可以理解，他們長時間處於高壓狀態，無疑對精神健康構成了重大風險。家長全動網因而推出「從父母開始」計劃，專注支援一班潛在高風險精神健康問題的 SEN 家長。計劃旨在教導他們覺察自己的情緒、增加表達情緒的方法、加強管理壓力的技巧、尋找為人父母的意義，以及提供改善親子關係及建立朋輩支援的策略，以提升他們的抗壓能力，並加強對自己精神健康的關注。更重要的是，這個計劃有助於家庭營造和諧安全的環境。







### 從受助到助人

我們相信，讓受助者轉變為助人者，將比僅僅提供援助予有需要的人更具長遠效益，並有助於建立一個可持續的社區支援系統。基於這個理念，家長全動網推動「**免疫驛站服務計劃**」。這個計劃包括多個階段：首先，為低收入或有經濟困難的家庭提供支援，協助他們渡過難關。接著，為已渡過危機的家庭提供各式親子活動，促進親子關係。同時，我們為家長提供輔導，並透過組織家長互助小組建立情緒支援網絡。最後，我們鼓勵家庭參與社區義務工作，體驗貢獻社會和服務他人的精神，提升能力感。透過這些階段，我們強化家庭解決問題的能力，甚至讓他們由受助者逐漸轉變為助人者。

### 多元化活動建立全人健康生活模式

家長全動網積極推動家庭建立全人健康的生活方式。今年，我們推出了「**少糖少鹽**」親子煮食工作坊，首先由營養師講解健康飲食的原則和多元化食物種類的重要性，並教導如何透過食物標籤了解營養資訊。接著，專業廚師教導家長和孩子一同烹調健康菜餚，享受一起合作烹飪的樂趣，並交流烹飪心得，協助家庭建立健康飲食的文化，促進家庭健康和諧。其他全健的活動包括**頌鉢療癒**工作坊、「**園藝鬆一鬆**」和「**Running 爸媽**」等，透過輕鬆有趣的活動，幫助家長培養有助減壓的興趣，提升生活品質。



## Empowering Families from Aid Recipients to Active Contributors

At PSN, we believe empowering families, instead of solely providing support, can create a sustainable support system within communities. Based on this philosophy, we launched the **Resilience Service Programme**. First, we provided support to low-income or economically challenged families to alleviate their immediate difficulties. Next, we offered parent-child activities to foster parent-child relationships. At the same time, we provided counselling for parents and assisted them to establish emotional support networks through mutual aid groups. Finally, we encouraged families to participate in volunteer work. By guiding families through these stages, our purpose is to remind them of their achievements and encourage them to believe that they have the ability to tackle challenges and ultimately, enable them to become contributing members of the community, rather than remaining as passive aid recipients.

### Promoting a Holistic Healthy Lifestyle

PSN actively promotes a holistic healthy lifestyle. This year, we introduced **Low-Salt-Low-Sugar Cooking Classes led by a qualified dietitian**. The classes began with a nutritionist explaining the principles of healthy eating, emphasising the importance of diverse food varieties, and teaching participants how to interpret nutritional information from food labels. Following this, a professional chef guided parents and children in cooking healthy dishes together, fostering collaboration and enjoyment in the kitchen. These sessions helped families cultivate a culture of healthy eating and promote family harmony. Alongside the cooking classes, we curated a diverse array of holistic activities including the "**Ode to Heal**" **Singing Bowl Workshop**, the "**Learn Horticulture, Learn to Relax**" Programme, and the "**Running Pa Ma**" initiative. These activities were crafted for parents to develop stress-relieving hobbies and enhance their quality of life.

## 創意交流

# Creativity Education and Youth Exchange

## 核心服務概覽 Core Services Highlights

Phoenix於中學時期曾參與《香港機關王競賽》，運用具趣味的套件動手探究設計，激發她對機械設計及STEM的熱誠，更有志投身STEM教育，推廣創新科技精神。Phoenix在大學期間參加青協的《LEAD Engineer STEM導師培訓計劃》，提升自己的教學能力，現在是母校機關王的導師，亦於青協的STEM教育活動擔任兼職。

In secondary school, Phoenix's participation in the Hong Kong Greenmech Contest ignited her passion for mechanical design. Later, as a university student, she enrolled in our LEAD Engineer STEM Training Scheme. Now, she serves as a mentor for her alma mater's Greenmech team, and she also works as a part-time instructor in our STEM education programmes.

### 服務概覽

青協創意教育組及青年交流部致力透過跨學科的創意活動、具挑戰性的國際比賽和有趣的交流體驗，啟發和聯繫來自不同背景的青年，培育具創意和國際視野的明日領袖。

### Service Overview

The Federation's Centre for Creative Science and Technology (CCST) and Youth Exchange Unit (YE) are dedicated to inspiring and connecting youth from diverse backgrounds through cross-disciplinary creativity programmes, challenging international competitions and captivating exchange opportunities, with the aim of nurturing creative leaders with global perspectives.

### 服務數據 Service Data

活動數目 Programmes Delivered **693**

活動參與人次 Programme Attendance **263,804**







## 年度重點

### 推動青年利用科技促進可持續發展

創意教育組每年舉辦多個深受學界歡迎的比賽和活動，讓青年透過實踐、應用和交流科學知識，提升創新、思辨、解難和合作等關鍵能力。除此之外，我們深信透過實踐科學理論，研發科技來改善人類的的生活，能令學習變得更有趣及有意義，因此今年推動了多個相關項目，包括「Design for Good：設計思維工作坊」啟發學生設計方便殘障人士生活的產品；舉辦「可持續創未來」跨學科學習及師友計劃，與中學生探討香港可持續發展的挑戰和機遇；「創新科技嘉年華」以「智慧生活 綠色科技」為主題，提升青年透過科技推進可持續發展的意識；「Ocean Explorer! 載『理』到赤航」則帶領青年深入了解科學與科技對航海發展的實用性。



## Highlights of the Year

### Involving Youth in Applying Innovation for Sustainability

At CCST, multiple highly sought-after competitions and activities are held each year for young people to enhance their essential skills through the practical application and exchange of scientific knowledge. In addition, we believe that applying scientific theories in innovation for the advancement of mankind essentially makes learning more interesting and meaningful. Therefore, we launched several relevant projects this year, including the **Design for Good: Design Thinking Workshop**, which inspired students to design products that facilitate the lives of people with disabilities; the **Project Greenovator Interdisciplinary Mentorship Programme**, which studied the challenges and opportunities of sustainable development in Hong Kong; the **InnoCarnival** this year focused on "Go Smart! Go Tech! Go Green", which enhanced youth awareness of advancing sustainable development through technology, and the **Ocean Explorer! Setting Sail for Knowledge**, which led young people understand how technology contribute to maritime development.





## 創意交流 Creativity Education and Youth Exchange

### 啓發青年認識大灣區機遇

粵港澳大灣區的發展為青年提供豐富的機遇，青年交流部策劃了多個不同領域的實地考察團，增強青年對大灣區發展的認識，有助他們規劃未來的職涯方向。今年的「粵港澳大灣區人才培訓計劃——『滙豐學人』粵港澳大灣區考察團」帶領青年參觀了駐粵辦、全球最大的農用無人機生產商極飛科技、互聯網巨頭騰訊、專注於中國市場品牌管理和新零售業務的初創企業Kangol等，豐富了青年對經貿合作、新經濟和創新科技等方面的知識。另外，「高鐵青年號——創科文化之旅」讓青年了解廣州和東莞的新科技和非物質文化遺產手工產業；「大灣區青年創科文化交流團」則與青年參訪了廣州和佛山，共同探討創科機遇。這些實地考察團擴展青年的眼界，啟發職涯規劃。



### 展現青年的活力及靈活性

香港青年大使計劃由青協及旅遊事務署合辦，培育一班青年於旅遊景點、慶典及大型體育活動提供義工服務。今年共培訓了270名香港青年大使，他們提供的服務向世界各地的遊客展現香港年青人的活力及靈活性，而他們亦因此計劃深入了解本地文化，增強了對香港的歸屬感。

### Understanding Opportunities for Youth in GBA

The development of the Guangdong-Hong Kong-Macao Greater Bay Area (GBA) offers considerable opportunities for young people in Hong Kong, and understanding it effectively helps their career planning. In this regard, YE curated several theme-based exchange programmes to the GBA in the past year. One of these programmes was the **Guangdong-Hong Kong-Macao GBA Talent Training Programme – HSBC Scholar GBA Study Tour**, where youths visited the Hong Kong Economic and Trade Office in Guangdong, the world's largest agricultural drone manufacturer XAG, the internet giant Tencent, and Kangol, a startup focusing on brand management and new retail business in the Chinese market. These beneficial visits enriched youths' knowledge of trading, emerging business and innovative technology. Other themed exchange tours included the **Youth High-Speed Rail – Innovative Technology and Cultural Tour** and the **GBA Youth Innovative Technology Cultural Exchange Tour**, which brought young participants to study technology, cultural heritage and the handicraft industry there.

### Showcasing Youth's Vitality and Agility

The **Hong Kong Young Ambassador Scheme**, co-organized by the Federation and the Tourism Commission, aims to train young people to provide volunteer services at tourist attractions, festivals and large sports events. This year, 270 Hong Kong young ambassadors has been trained, and their services showcased the vitality and agility of Hong Kong young people to the world. Their in-depth understanding of attractions and culture also strengthened their sense of belonging to Hong Kong.



主要服務 Key Services

目的 Objectives

活動 Programmes

<p>提升大學生的國際視野，增加他們在所屬專業的行業經驗，並鼓勵他們日後投身於相關行業 Widening undergraduates' international exposure, gaining industry experience and encouraging them to contribute in the industry</p>	<p>創新科技獎學金 Information and Technology Scholarship</p>
<p>提升學生對創科行業發展及就業的了解 Enhancing students' understanding of the development and employment opportunities in the innovative technology industry</p>	<p>「創科商校網絡」 InnoTech Industry x School Network</p>
<p>提供平台啓發青年的創科能力 Providing platforms to inspire youth's abilities in innovative technology</p>	<p>「香港學生科學比賽」 Hong Kong Student Science Project Competition</p> <hr/> <p>「香港機關王競賽」 Hong Kong Greenmech Contest</p> <hr/> <p>「創意編程設計大賽」 Creative Coder Competition</p> <hr/> <p>「科才種子培訓計劃」 Science Seeds Project</p> <hr/> <p>「基因工程訓練計劃」 Genetic Engineering Training Programme</p>
<p>提升大眾對創新科技推動社會進步的認知 Improving teachers' and tertiary students' skills in innovative technology education</p>	<p>「LEAD Engineer STEM導師培訓計劃」 LEAD Engineer STEM Training Scheme</p> <hr/> <p>「動手『毒』理科——STEM抗毒教育計劃」教師培訓工作坊 Hands-on Toxicology: STEM Education Anti-Drugs Programme – Teachers' Training Workshop</p>
<p>加強青年認識中國文化 Enhancing youth's understanding of Chinese culture</p>	<p>「迎挑戰·上武當」 Wudang Trip</p>

## 文康體藝

# Leisure, Cultural and Sports Services

## 核心服務概覽 Core Services Highlights

Leila原本只是一位喜歡運動的學生，當她知道本會的「賽馬會好動城市計劃 — CHILL級活動揸FIT人」可以讓她有資源策劃及實踐自己構思的運動活動後，她毫不猶豫地組隊報名參加，更以策劃跑步活動獲獎。她感激這計劃提升了她活動策劃、宣傳技巧及團隊合作的能力，更堅定她推動運動發展的心志。

Leila, a student who enjoys sports, discovered that our JC Fit City – CHILL Activities Programme could offer her resources to plan and execute her own sports activities. Motivated by this opportunity, she teamed up with friends to initiate a running project, which ultimately won. Leila is thankful for how this programme has improved her event planning, promotion, and collaboration skills, and has reinforced her commitment to fostering sports development.

### 服務概覽

文康體藝活動能紓解壓力，促進青年的身心發展。青協透過文化藝術組、社區體育部、四個營地及戶外活動中心，以及中山三鄉的青年培訓中心，提供各種各樣的文化和康樂活動，向青年推廣全健生活概念，建立可持續生活模式。



### 年度重點

#### 推廣運動共融

我們深信每個人都應該有機會參與和享受運動，因此社區體育部今年推動了多個宣揚運動共融的項目，包括為心光盲人院暨學校舉辦保齡球同樂日，安排企業義工與視障學生一同享受打保齡球的樂趣；訓練「同行跑步隊」的健康青年與癌症康復青年組隊參加跑步比賽；推動Special Stadium計劃，透過運動改善有特殊學習需要學生的專注力、紀律及身體協調能力。我們希望所有人都能在運動中找到樂趣和成就感，透過運動打破障礙，促進不同能力水平的人之間的合作和交流，建立一個支持和鼓勵每個人參與運動的環境。

### Service Overview

For the holistic development of youth and to promote whole wellness, the Federation offers a diverse range of cultural and recreational activities through our Cultural Services Unit (CSU), Community Team Sports Office (CTS), four camps and outdoor activity centres, as well as our Zhongsha Sanxiang Youth Training Centre.

### 服務數據 Service Data

活動數目 Programmes Delivered **5,182**

活動參與人次 Programme Attendance **289,919**

### Highlights of the Year

#### Promoting Social Inclusion and Integration

Everyone should have the opportunity to participate in and enjoy sports, regardless of their physical condition. This year, CTS spearheaded several projects to promote social inclusion and integration through sports. These initiatives included organising a **bowling fun day at the Ebenezer School & Home for the Visually Impaired**, where corporate volunteers joined visually impaired students in the joy of bowling; training healthy youth and youths in cancer recovery to form teams for running races as part of the **Peer Running Team** initiative; and **Special Stadium**, which used sports to enhance the attention span, discipline and body coordination abilities of students with special educational needs. Our goal is for everyone to discover joy and a sense of accomplishment through sports.





### 從水上活動到水資源的保護

賽馬會赤柱戶外訓練營經已完成重建，結合其他青協營地的地理優勢及設施，青協致力建立全港最大的青年水上運動體驗和培訓平台。意識到氣候變化使水資源變得珍貴，因此我們在提供水上活動、培養青年體能和毅力的同時，也加入可持續發展的元素，以培育青年對保護水資源及生物多樣性的關注。今年的「Leadership x 環保計劃」在水上活動中融入海洋保育知識，並安排學員清理海上廢物，加強青年對海洋污染問題的關注；「大網仔生態導賞員訓練計劃」培育青年導賞員提供紅樹林生態導賞服務，推廣紅樹林對維護水資源和水生生物多樣性的重要性；「粵港灣區水上運動交流計劃」則拓展青年對本港以至灣區在水上運動發展和機遇的認識，同時強調環境永續發展的重要性。

### Advocating Water Conservation

Leveraging the unique strengths of our recently redeveloped Jockey Club Stanley Outdoor Training Camp and other camp sites, **our camp service is establishing Hong Kong's largest youth water sports platform.** In addition to offering activities that enhance physical fitness and resilience, we have integrated elements on preserving water resources and biodiversity. This year's **Leadership x Environmental Protection Programme** integrated marine conservation knowledge into water sports activities, as well as inviting participants to clean up marine debris to heighten their consciousness of marine pollution; the **Mangrove Ecotour Guide Training Programme** trained young ecotour guides to promote the importance of mangroves in maintaining water resources and aquatic biodiversity; the **Greater Bay Area Water Sports Exchange Programme** expanded youth's understanding of water sports development and opportunities in Hong Kong and GBA while emphasising the importance of environmental sustainability.







### 帶領青年推動文化交流及保育

每年文化藝術組都為青年舉辦多元文化活動，今年更將國際無伴奏合唱節帶到大灣區；同時亦與香港迪士尼樂園合作，把大灣區青年表演者及愛好者滙聚香港，推動藝術交流。另外，香港各區都擁有獨特的文化特色，我們透過「大埔社區共創計劃」積極推動文化保育工作。計劃邀請了超過50位大專院校設計系學生和講師擔任設計顧問，運用他們的設計技能，為大埔的十間小店進行店面形象優化工程。這個計劃讓青年有機會聆聽大埔老店的故事，並運用他們的專長來保存該區獨有的文化特色，同時參與區的可持續發展。

### Mobilising Youth in Cultural Exchange and Preservation

CSU organises a wide range of cultural activities for young people every year. This year, we have brought the **International a cappella Festival** to the Greater Bay Area, and partnered with Hong Kong Disneyland to bring together performers and enthusiasts from the Greater Bay Area in Hong Kong, promoting artistic exchange. We also engage young people in conservation initiatives. Through the **Tai Po Community Co-Creation Project**, we engaged over 50 students and instructors of the design field as consultants, utilising their skills to enhance the store design of ten small business in Tai Po. This initiative provided youth with the chance to understand the histories of old shops and apply their expertise to conserve the area's distinctive cultural characteristics, thereby supporting the sustainable development of the community.



主要服務 Key Services

目的 Objectives

為青年提供發揮潛能的平台  
Unleashing youth potentials through providing platforms

活動 Programmes

「香港亞太區青年樂隊大賽2023」  
Hong Kong Asia Pacific Youth Band Sound Competition 2023

「亞太音樂祭2023」  
Asia Pacific Music Marathon 2023

第五屆「香港敲擊樂大賽」  
The 5th Hong Kong Percussion Competition

「Sound 咗見校園音樂巡迴演出」  
"Sound Ka La" Music School Tour

第13屆「香港起舞·全港中學生舞蹈賽」  
The 13th Joint School Dance Competition

青年舞台@HKCC 2023/24  
My Stage@HKCC2023/24

滙豐x香港青協「聲動心振」  
HSBC x HKFYG Vibrato@ Shenzhen

無伴奏合唱Gala  
a cappella Gala

推廣運動文化及為缺乏機會的青年提供參與運動項目的機會  
Advocating an exercising culture and providing opportunities for underprivileged youth to participate in sports programmes

「Be with You 伴你行青少年籃球培訓項目」  
"Be with You" Youth Basketball Training Project

「Let's Sportser 動起來」  
Let's Sportser Sports Mileage Scheme

「體育里數助人計劃」  
Sports Mileage

賽馬會「好動·永續」水上歷奇計劃  
Jockey Club "GoActive" Water Sports Project

推廣運動文化  
Advocating an exercising culture

「賽馬會好動城市計劃」  
JC Fit City

Aqau GO! Water Sports Gala 2024



## 研究出版 Research and Publications

John的成長與青協結下不解緣，所就讀的兩所中學均是由青協提供駐校社工服務，大學時期在M21媒體空間擔任義工記者。他一直對政策討論及參與公共事務感興趣，得悉青協創研庫為本地青年提供一個參與社會和建言獻策的獨特平台後，他加入成為一員，期間透過研究、討論、建議及發布，進一步肯定自己對參與公共政策的濃厚興趣。John經青協推薦，獲得新加坡國立大學的獎學金，前往升讀碩士課程。回港後，他擔任創研庫的青年發展組副召集人，將所學貢獻於提升研究質素，他亦積極運用在M21所學到的媒體技巧，為創研庫的報告製作宣傳短片，增加倡議效果。

John's teenage years were closely associated with the Federation. We provided social worker services in the two secondary schools he attended, and he volunteered as a reporter at M21. With a strong interest in public policy and affairs, he participated in our Youth I.D.E.A.S., a unique platform for local youth to engage in social participation and make policy recommendations, which further deepening his interest in public affairs. Nominated by the Federation, he was awarded a scholarship to pursue a master's programme at the National University of Singapore. Upon his return to Hong Kong, he serves as the Deputy Convenor at Youth I.D.E.A.S. and actively applies his knowledge to enhance research quality. Additionally, he utilises the creative media skills he acquired at M21 to create videos that increase the exposure of our research findings.

### 服務概覽

青年研究中心30多年來持續進行有系統和科學的青年研究，以精準掌握社會趨勢及青年的最新動態，並提出具體可行的建議，促進社會對青年需求的關注。專業叢書統籌組出版專業青年工作及青年創作的書籍，分享前線青年工作經驗，同時與青年建立聯繫，鼓勵他們閱讀及創作；雙月刊《青年空間》中文雜誌為年輕人建立一個平台分享故事和想法；英文季刊Youth Hong Kong則深入分析、探討及比較各種青年議題，以國際視野呈現香港青年的獨特面貌。

### Service Overview

With its systematic and scientific youth research, carried out for over 30 years, the Youth Research Centre (YRC) has kept abreast of young people's concerns, allowing it raise awareness in the community, while also advocating for youth. The Professional Publications Unit publishes books on various professional themes, along with fiction and nonfiction. Young writers are also invited to contribute their work. Our bimonthly Chinese magazine, *Youth S.P.O.T. Magazine*, provides a platform for young people to share their stories and ideas, while our English quarterly, *Youth Hong Kong*, conducts in-depth analysis, exploration and comparison of youth issues, presenting the distinctive characteristics of Hong Kong youth from an international perspective.

### 服務數據 Service Data

活動數目 Programmes Delivered	<b>55</b>
活動參與人次 Programme Attendance	<b>77,508</b>
創研庫專題研究 Youth I.D.E.A.S. Research	<b>8</b>
青年趨勢分析 Youth Trends	<b>1</b>
《青年空間》雜誌 Youth S.P.O.T.	<b>6期 issues</b>
Youth Hong Kong Magazine	<b>4期 issues</b>
專業叢書及青少年讀物 Professional and Youth Publications	<b>10本 books</b>



## 年度重點

### 青年創研庫

青年研究中心於2015年成立**青年創研庫**，是本港一個屬於青年的智庫，透過科學研究和政策倡議，為香港社會的發展建言獻策。至今，創研庫共完成超過70多項研究，並與政策制定者及社會各界積極交流。第四屆（2023-2025年度）青年創研庫由近80位專業才俊、青年創業家與大專學生組成。5位專家及學者應邀擔任創研庫的顧問導師，就各項研究提供寶貴意見。

青年創研庫持續與青年研究中心定期發表研究報告。今屆創研庫以「連繫·創見」為主題，透過三項專題研究系列：（一）經濟就業；（二）青年發展；以及（三）社會民生，連繫青年、社區與社會各界，以研究和行動推動社會轉變。

年內出版的研究報告，包括：

Reports published in the past year include:

## Highlights of the Year

### Youth I.D.E.A.S.

Established in 2015, Youth **I.D.E.A.S.**, (Ideas, Dedication, Engagement, Aspirations and Service), is a local youth think tank conducting evidence-based research for policy advocacy. Over 70 research projects have been conducted with findings communicated with policymakers and sectors. The forth cohort (2023-2025) comprises 80 young professionals, young entrepreneurs and post-secondary school students, with five academics and experts as advisors.

Focusing on "Connecting Community and Creating Impact", Youth I.D.E.A.S. and YRC conduct research on a regular basis in the areas of (1) Employment and the Economy, (2) Youth Development and Engagement, and (3) Society and Livelihood. We hope to connect local youth, communities and wider society to further advance social change through research and action.

日期 Date	主題 Topic
2023年5月 May 2023	青年眼中的世界視野 Why a Global Perspective Matters to Young People
2023年7月 July 2023	促進可持續消費的實踐 Working Towards Sustainable Consumption
2023年8月 August 2023	生成式AI時代下的就業與挑戰 Career Development and Challenges in the New Era of Generative AI
2023年11月 November 2023	連繫青年參與地區治理 Increasing Youth Involvement in District Governance
2024年1月 January 2024	促進綠色就業發展 Exploring Green Employment for the Future
2024年5月 May 2024	提升青年精神健康助職場適應 Supporting Wellness of Young People Transitioning into Work
2024年5月 May 2024	促進香港青年參與國家發展 Engaging Young People in National Development
2024年6月 June 2024	為鞏固「美食之都」享譽尋出路 Reasserting Hong Kong's Reputation as a Culinary Capital



### 青年趨勢分析

青年研究中心自1999年開始出版《香港青年趨勢分析》系列，透過整理和分析最新數據資料，歸納和總結青年現象和趨勢。《香港青年趨勢分析2023》是本系列的第十一冊，綜合最新的青年研究、統計資料及20次「青年價值觀指標」調查，多角度展現現今香港青年的基本面貌與狀況。青年研究中心今年首次使用網上數據互動平台發布「香港青年趨勢分析2023」資料，公眾可按需求和偏好定製報告，令數據變得更容易理解，促進大眾對青年現況的掌握及討論。

青年研究中心定期進行青年價值觀指標調查，「青年價值觀指標2022」調查結果顯示受訪青年對未來有盼望，對國家和香港發展前景信心回升。然而，受過去數年的疫情影響，青年對自我能力評價的信心不足，社會參與度減少的情況亦值得關注。青協未來將加強青年參與、全健發展，推動數碼轉型及人才培育的工作。

### Youth Trends

Since 1999, YRC has been publishing *Youth Trends in Hong Kong*, a series, summarising and analysing the latest data. The latest publication consolidates statistical data and the indicators of youth values, presenting a comprehensive picture of youth today. This year, YRC released its data on an interactive platform, enabling the public to customise reports according to their needs and preferences, making the data more accessible and user-friendly, fostering public comprehension and discussion.

The results of the **Indicators of Youth Values 2022** study reveal that the interviewed youth feel hopeful about the future. Their confidence in the prospects of China and Hong Kong's development has increased. However, their self-assessment of abilities and level of social participation have decreased due to the pandemic. As a result of these findings, we will strengthen services in youth participation, holistic development, digital transformation and talent development.



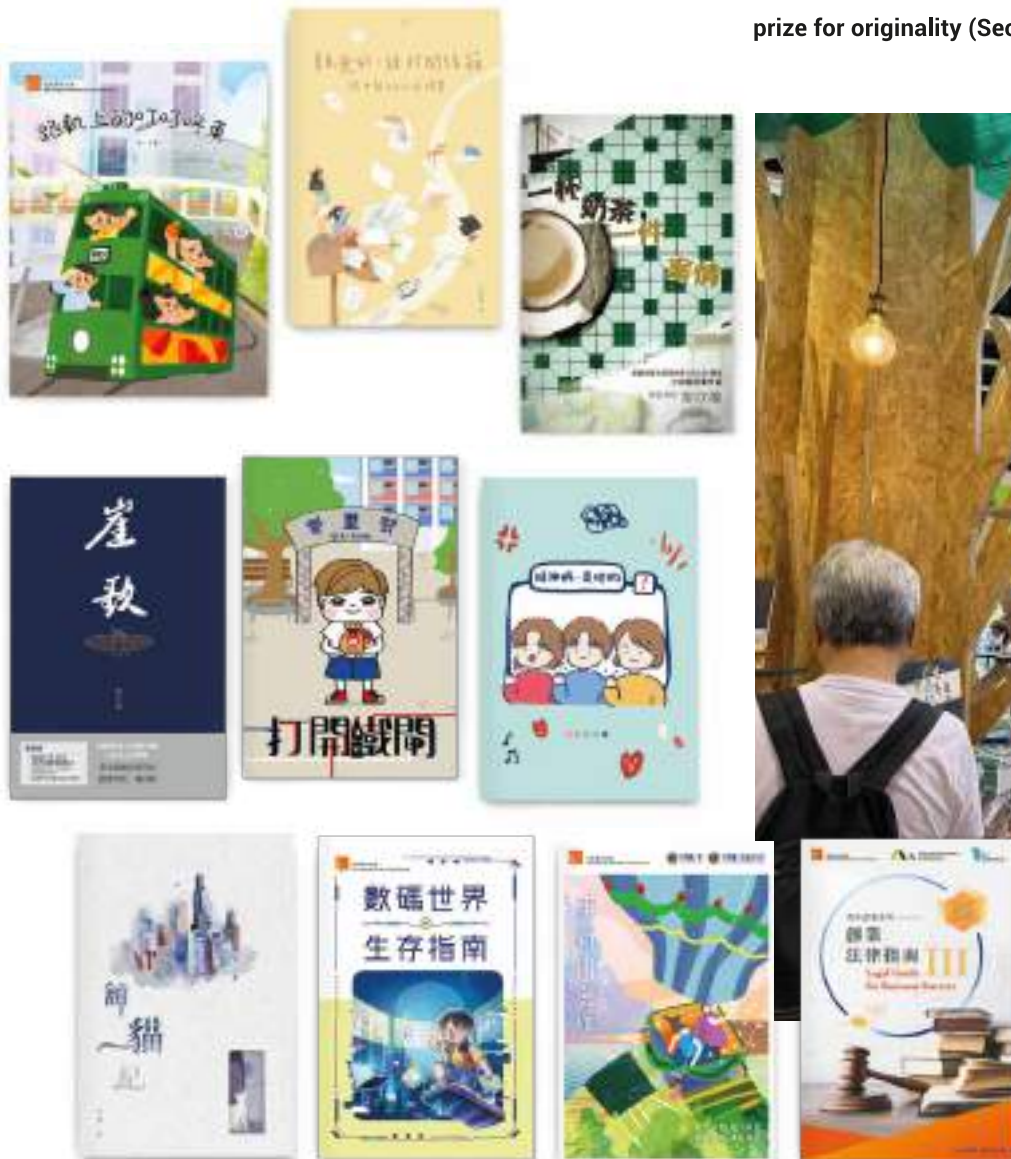
**出版**

專業叢書統籌組與專家、合作伙伴、服務單位及青年合作，在年內出版十本書。書籍均可在香港書展、書店及網店青協書室 (books.hkfyg.org.hk) 購買。我們出版的書籍深受學界認可，《一杯奶茶 一件案情》在第21屆「十本好讀」的投票中獲得「中學生最愛書籍第一位」及「教師推薦好讀（中學組）第六位」，以及奪得「本地原創大獎（中學組）」。此外，專業叢書統籌組積極拓展電子閱讀業務，今年首度與樂天Kobo合作，將青協出版之書籍放到這個全球知名的電子書平台出售。

**Publications**

The Professional Publications Unit published ten books over the past year. They are available in local bookstores and on our website (books.hkfyg.org.hk), as well as the annual Hong Kong Book Fair. In addition, we actively expand our readership through collaboration with the eBook platform Kobo.

One of our books, *The Milk Tea Crime Cases* was voted the **Top Favourite Book among secondary school students**, and ranked sixth in the **Teacher's Recommended Reads (Secondary School Category)**, in this year's **Top Ten Book Picks**. The book also won the **prize for originality (Secondary School Category)**.



《青年空間》雜誌

一本以「青年人說自己」為宗旨的免費青年雙月雜誌，內容主要圍繞生活、文化等主題，透過走訪社區不同人和事，引發讀者更多思考空間。雜誌以「空間」為主體概念，設計上特意開了一扇窗，讓讀者每一頁都擁有屬於自己的空間。雜誌每期發行量二萬本。

*Youth S.P.O.T.*

A free bimonthly magazine of youth voices, with content mainly revolving around life and culture. Intentionally designed with a window opening on each page, this signifies readers to find their own spaces. The magazine has a circulation of 20,000.



旅行的自我修煉  
**The Journey of Self-cultivation**  
2023年4月 April 2023



水之樂  
**Joy of Water**  
2023年6月 June 2023



某種好朋友  
**Some Good Friends**  
2023年8月 August 2023



老派事物之美  
**Old-Fashioned Things**  
2023年10月 October 2023



好好玩  
**Play Hard**  
2023年12月 December 2023



深宵見  
**Meeting at Midnight**  
2024年2月 February 2024

### 英文季刊

每期深入探討青年議題，讓讀者透過訪問、青年分享、統計數據及討論文章，了解香港青年的處境及想法。現時每期發行九千本，配合網站發布，讀者遍及香港、亞洲及海外地區。

### Youth Hong Kong

This English language quarterly focuses on different themes concerning young people. Through interviews, youth sharings, statistical data and feature articles readers can get a deeper understanding of issues from the lens of young people. Currently, circulation stands at 9,000 copies, with an online version to reach readers spread across the globe.

#### 當代補習教育

**Shadow Education – covering the topic of extra tuition and tutorials**

2023年6月 June 2023



#### 青年服務挑戰與機遇

**Challenges and Opportunities in Youth Services**

2023年9月 September 2023



#### 香港味道

**Hong Kong Bites – looking at Hong Kong's unique food culture**

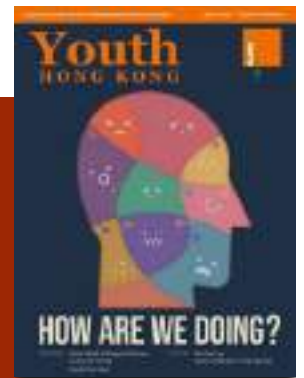
2023年12月 December 2023



#### 我們還好嗎？分析青年精神及情緒健康

**How are we doing? – analysing the mental and emotional health and wellbeing of young people**

2024年3月 March 2024



### 創意寫作

「校園作家大招募計劃」及「全港即興創意寫作比賽」是每年青協主辦的兩大推動青年寫作活動，今年共吸引224位學生報名參加。經過一系列學習、培訓、實踐和比賽活動，《一杯奶茶 一件案情》及《崖歌》獲選由青協出版，實現年青人的作家夢。

### Creative Writing

The School Writers' Programme and the Hong Kong Creative Writing Programme are two major events organised annually to encourage creative writing among youth. This year, a total of 224 students enrolled in the programmes and after a period of learning, training, practices and competitions, The Milk Tea Crime Cases and Cliff Song were selected for publication. Through these programmes, we aim to inspire and help youth start their writing journey.

