



CORE

**SERVICES**



# Youth S.P.O.Ts



The objective of the Federation's 22 Youth S.P.O.Ts (Spaces for Participation, Opportunities and Training) is to foster the holistic development of young people under the age of 24.

The Youth S.P.O.Ts provided a wide range of online and offline learning opportunities and support to youth, crucial to their development, especially during the years of the pandemic. By the end of March 2023, the Youth S.P.O.Ts had a total of 429,263 members, with a total attendance of 2,189,509 and 17,607 programmes were organised.

The following are the highlights of the year:

## Social Exposure and Development

Young people were provided with various training, exposures and opportunities to serve community. In the year, there was a total attendance of 340,479.

## NEIGHBOURHOOD First – Empathetic Community

Youth S.P.O.Ts encourage young people to actively participate in neighbourhood services. With the support of the Chan Cheung Mun Chung Charitable Fund, the NEIGHBOURHOOD First - Empathetic Community Project encouraged 200 youth volunteers to learn how to apply design thinking so as to consolidate their services plan in achieving social good in their neighbourhoods.

## Jockey Club Intergenerational H.E.Y. Hub Project

As the community ages, a three-year project called the "Jockey Club Intergenerational H.E.Y. Hub Project", where "H.E.Y." stands for "Harmony", "Elderly" and "Youth", was started in Shatin District in 2022. Funded by The Hong Kong Jockey Club Charities Trust, the Project aims to promote intergenerational relationships and build a friendly community. With around 530 volunteers, there were over 12,000 participants served in 120 sessions.

## Strengthening Classroom Learning

Different STEM programmes and activities were offered to students. The total attendance to all the services of Strengthening Classroom Learning was 173,888.





### LEAD Lab Festival

Eight Youth S.P.O.Ts organised the LEAD Festival which was held at the Youth S.P.O.T. LEAD Lab from February to April 2023. With focuses on Air-Car Races, CoSpaces virtual platforms and sustainability, over 300 children took part and enjoyed the different experiential workshops.

### LEAD Ocean STEM with Beach Cleanup

Together with the Camp services, the Youth S.P.O.Ts organised 100 young people to consider the challenges faced by Hong Kong's marine ecosystem and the impact of artificial waste. They were then taught how knowledge of STEM subjects could improve waste reduction at the source. They also participated in a beach cleanup.

### CoSpaces Activities in the Metaverse

Ping Shek, Hung Shui Kiu and Tin Yiu Youth S.P.O.Ts led the development of a virtual experience for engaging youth through a CoSpaces platform in the Metaverse. Through the co-creation by youth and social workers to build a virtual scene, over 1,000 youth netizens experienced an amazing Halloween tour and the Summer Programme Trial Tour.

### Extending Education Opportunities

Multiple activities were organised to enhance youth potential and talent. The attendance last year was 251,995.

### Aerospace Leaders Training Programme

In collaboration with the Hong Kong Aerospace Leaders Association, as well as volunteers, 20 hours of professional training on aircraft structure and flight principles were given to 50 underprivileged young people from Yuen Long to explore their interest in the aviation industry. They also visited Hong Kong Aviation Club and tried out the flight simulator under the instruction of an experienced pilot.

### Art and Cultural Activities

The Youth S.P.O.Ts organised different art and cultural activities, including holding a handicraft market, and organising dance shows and music performances, all to encourage young people to demonstrate their talents and abilities.



Core Services



### Connecting Young People

An attendance of more than 463,227 was recorded throughout the year at different creative events and activities.

#### Run 21

This was the second year of "Run 21", a tough activity that saw 13 young people undergo rigorous training to run to all the 21 Youth S.P.O.Ts across the territory in 21 hours. This was not just to test endurance, but to build up team work and raise funds for youth sports development programmes for disadvantaged youth.

### Stay Connected, Enjoy Learning and Upskilling during Special Vacation

The school summer vacation was brought forward by the government to the Spring in 2022 as a result of the Covid pandemic. To help children and young people make good use of this time, a one-off campaign, "Stay Connected, Enjoy Learning and Upskilling during Special Vacation", was launched. More than 1,000 online programmes were offered.

### Other Significant Activities

#### 21st Century ICYSC Project

Funded by The Hong Kong Jockey Club, the Federation began to transform and digitalise its existing Integrated Children and Youth Services Centres (ICYSCs) services in strategic collaboration with 14 youth service NGO partners by co-creating effective youth engagement via an online-merge-offline (OMO) channel. The development of this unprecedented virtual platform, coupled with arranging cross-sectoral visits and experience-sharing sessions for NGO partners, helped to enhance the competencies of practitioners in engaging digital technologies in providing youth services.

#### Co-creation Design Journey in Revamping Youth S.P.O.Ts

In a six Youth S.P.O.Ts pilot project, the **21st Century ICYSC Project**, 150 young people were empowered with design thinking knowledge to consider how to renovate and envision physical spaces for user experiences powered by AI technologies.

# M21 Multimedia Services

In today's digital age and the speed of technology transformation, it is critical to ensure that young people are both up-to-date and adaptable. With support from The Chief Executive's Community Project List and The Hong Kong Jockey Club Charities Trust, M21 established The Hong Kong Federation of Youth Groups Jockey Club Digital Transformation Centre. As a specialised training site, the aim is to provide a platform for young people to develop their digital skills, stimulate technological innovation and creativity and enhance their competitiveness.



## Integration of Media and Digital Literacy

During the pandemic there was a great reliance on the internet. As a result, media and digital literacy became critical and the **Digital Media Academy** continued to offer tailor-made courses on news and multi-media production to echo the



need of schools. Territory-wide programmes, such as **Youth Resilience Training and Internship Scheme - Journalism Training and Internship Scheme** sponsored by the Quality Education Fund, allowed secondary school students to learn and practise how to produce virtual news casts when most face-to-face activities were suspended. For the second year, the **Next Influencer Digital Media Training Programme** powered by the Community Chest Social Innovation Fund continued to offer online training to 100 young people, ranging from senior primary students to working adults under aged 29, who were determined to become digital creators.



Core Services

### Community-oriented Extended Reality (XR) Studio

The XR Studio breaks through the constraints of traditional reality shooting by blending the virtual and physical worlds. The technology delivers immersive experiences, which has become a trend in movie production and those with this skill are in high demand. With the generous support of Disguise and Viewcon International Limited, M21 established the first XR Studio open to the community to provide training and internship opportunities for young people who wish to pursue a career in digital production.



### Nurturing Creativity

Digital transformation is not just about adopting new technologies; it is about fostering a culture of innovation, creativity, and digital fluency among young people, empowering them to shape the future of the digital world. M21 set up a free Creative Community Space where young people could focus on content creation, practise their craft and learn, collaborate and network with each other.

### Industry Connections

It is through exposures and knowledge transfers that young people can learn. M21 co-produced over 70 videos with 750,000 views last year, with content ranging from current issues, school life to lifestyle. By engaging young people to write or film, or get involved with post-production and digital marketing, they were able to gain on-the-job practical experiences. They were also able to gain knowledge by collaborating with more established and renowned creators, such as screenwriter and director Mr Vincent Kuk, known for The Popcorn Show of ViuTV.





# Employment Services

Since its establishment in 2003, the Youth Employment Network (YEN) has acted as a bridge for youth to smoothen the transition from school to work by improving their employability skills, while at the same time, exploring work opportunities and encouraging the business sector to employ young people.

The Federation has been a pioneer in youth entrepreneurship. The Social Innovation and Youth Business Unit (SIYBU) supports young people to start their own businesses, and thereby promoting an entrepreneurial spirit and creating jobs. Through its own social enterprises, young people are given opportunities to explore different industries.



## Employment Support

In the reporting year, YEN handled over 400 cases of career consultation and provided different kinds of workshops and programmes with a total attendance of over 30,000. Over 2,500 job vacancies were provided with business partners.



## Employability Enhancement

The pandemic created a worry for university graduates in terms of career advancement. **Hope for Success Ready Get Set Go** organised 11 career readiness workshops to ensure that they retained their confidence and helped them with interview skills.

With support from the Simon K.Y. Lee Karen's Fund, **Project Careerpillar** offered 80 already working young people, with a Bachelor's degree, aged between 25 and 39, individual consultations on career planning.

**Digital SAY**, a youth transitional job programme supported by the Social Innovation and Entrepreneurship Development Fund, trained 50 young job seekers to form Digital Caring teams through which they helped 400 elderly use digital devices. The purpose was to not only gain work experience, but to also enhance their soft skills. Over 75% of participants were able to successfully re-enter the work force.



## Core Services

In its second year, the **HSBC GBA Skills Learning Programme** continued to provide a variety of upskilling workshops, webinars and mentorships to the winners of the HSBC GBA Scholarship, preparing them for pursuing careers in the Greater Bay Area.



**SLASH POINT** is an informative platform to assist young people to engage in the slash economy. With 400 slashers adding their profiles in a "Talent Pool" for employers, this further enhanced their chances in employment. A "Slash Expo Online" provided skills training workshops and gatherings, allowing more opportunities to showcase their talents and expanding their business networks.

For the 5<sup>th</sup> year, the **Working Holiday@Lantau** project continued to receive support from the Airport Authority Hong Kong. Providing job opportunities, as well as accommodation and learning subsidies for youth aged above 18 with less than three years of working experience, this one-year programme helped them plan their future careers.

**Project Bridge** provided career planning support services tailor-made for secondary school students with special educational needs. It included career explorations, self-understanding and setting career goals, with social workers following up. Last year, nearly 200 students participated in the Project.

## Career Exploration and Life Planning

**The Life Banking Project and Dream Seeding Project** continued to focus on the transition "From School to Work", exploring potential occupations for secondary and primary students. In the past year, over 30,000 students were helped with life planning skills and developing their aspirations.

With the support of the Youth Development Commission, **Guide of Dream** assisted 100 high school students to learn goal setting skill and pursue their personal plans. It also taught parents to appreciate their children in effective ways.

**\$avvy Planner Workshops**, sponsored by Prudential Hong Kong Ltd, delivered 11 financial education workshops to secondary schools. Nearly 1,000 students learnt about financial management concepts through the board game, \$avvy Planner.

## Social Innovation and Youth Business

SIC incubates young entrepreneurs and social innovators through programmes and business support services. In the reporting year, the service unit served more than 11,300 users, guests and visitors, and organised more than 360 activities.





### Incubation

From 2005, **Youth Business Hong Kong (YBHK)** has been supported by donors and foundations to offer a one-stop service, which includes interest-free business loans of up to HK\$150,000. Since its launch, YBHK has received nearly 2,293 business proposals, with 240 approvals having received loans totalling to HK\$17,424,570.

The **HKFYG Jockey Club Social Innovation Centre** was established in 2015. The Centre occupies nearly 5,000 square feet of co-working space, with business suites and workrooms, which can be used for capacity building and incubation programmes. This year, there were over 80 tenants stationed in the Centre.

The **Supportive Scheme for Young Startup Pioneer in Guangdong-Hong Kong-Macao Greater Bay Area (GBA)** is part of the "We Venture" three-year project. Out of the 307 applications received, 12 were selected and each received a HK\$120,000 interest-free loan

provided by HKFYG and a HK\$480,000 grant provided by "Funding Scheme for Youth Entrepreneurship in the Guangdong-Hong Kong-Macao Greater Bay Area" under the Youth Development Fund. They were also given other entrepreneurial support.

Under the Scheme, SIC also held 24 sharing sessions to provide industry updates and GBA start-up guides to the 1,300 young attendees. The Federation signed a Memorandum of Understanding with 25 Start-up hubs in nine mainland GBA cities and launched a series of GBA visits to enable youth to explore new opportunities first hand.

Sponsored by King's Flair International (Holdings) Limited and "Partnership Fund for the Disadvantaged", the **Youth Social Innovation School** attracted the participation of 400 secondary schools, students from Form 1 to Form 4. They explored various community issues and brainstormed solutions on issues such as sustainable development, aging and ethnic minorities.

Sponsored by the Greater Bay Area Homeland Youth Community Foundation, the **Innovators · Social Innovation Journey** Project aimed to train 65 secondary school students from Forms 3 to 5. With theoretical studies combined with field trips to the GBA and workshops, they learnt social innovation skills, studied community problems and were then able to propose solutions to societal challenges.



## Core Services



Sponsored by Lo Kwee Seong Foundation, the **Young Techpreneur Project** began in 2021, focusing on building up knowledge and experience in innovative technology. There was an overwhelming response in the second year, with 115 proposals. Winning teams will be selected to receive HK\$100,000 start-up funding, and other support to embark on their entrepreneurial journey.

### Interconnection

The Unit brought together more experienced entrepreneurs to share with novices their experiences and to build up networks through Young Entrepreneurship Trainings and Business Clinics.

**The Hong Kong General Chamber of Young Entrepreneurs** (HKGCYE) was founded by a group of enthusiastic and successful young entrepreneurs, supported by the Federation in 2015. The HKGCYE regularly organises seminars, networking events and visits to connect diverse industries and expand the network of young entrepreneurs.

### Social Enterprises

#### Café 21

Café 21, situated at the Federation Headquarters building, is managed and run by young people providing quality food and beverages to the public. Café 21 aims at promoting a healthy lifestyle and

facilitating different levels of youth engagement. Conveniently located next to the Quarry Bay MTR station, Café 21 is also an ideal venue for business events and private parties.

#### PH3

PH3 is located at a revitalised Grade III historic building at Lee Tung Street. With three combined units and a stunning view from the terrace, this relaxing venue is a perfect location for private or corporate events, dining and celebrations, or cultural and artistic exchanges. To help young people get interested in heritage conservation, PH3 organised a youth project for young start-ups to arrange workshops on wellness and traditional Chinese marriage ceremonies.

#### Organic Farm

The HKFYG Organic Farm is the only USDA certified farm in Hong Kong which also has a local organic certification. Since 2010, apart from providing the community with supplies of fresh organic vegetables, the Farm also acts as a learning platform to promote green and healthy living, as well as sustainability through educational visits and workshops. Much of this was done through the “Farm to Community” Project. The Farm’s quality produce enabled it to win the “Quality Organic Retailer” Award for nine consecutive years.

#### Hydroponic Farm

The Hydroponic Farm is a farm for both production and education. Its main produce includes assorted salad vegetables, Chinese vegetables, herbs, edible flowers and ornamental plants.



# Leadership Services

The disruptions caused by the pandemic reflected how crucial it was to nurture youth leadership development with a commitment to serve the community. The HKFYG Leadership Institute focused on four strategic themes: Resilience Leadership; Service Leadership; Sustainability Leadership; and Communication and Collaboration.



## Resilience Leadership

### Hang Lung Future Women Leaders Program

The Program was a collaboration with Hang Lung Properties to support 100 female university students in Hong Kong with workshops and mentorship by elite women and internships. Eight leadership workshops were conducted on topics such as resilience enhancement, communication and presentation.

Three online Shanghai-Hong Kong Inspiration Talks were organised to inspire participants through elite women leaders from various backgrounds, like Dr Rebecca Lee Lok-sze, MH, the first Hong Kong explorer and the first woman to have visited the North Pole, the South Pole and Mount Everest; Ms Qi Tian-tian, Sustainability Lead of the European Union Chamber of Commerce in China, Shanghai Chapter; Mrs Christine Ip, CEO Greater China, United Overseas Bank; and Ms Gigi Law, first FIFA female international referee from Hong Kong.

In addition, participants designed and conducted 13 sustainability group projects to drive community impact with the advice and support from their mentors.

## Service Leadership

### 2022 Hong Kong 200 Leadership Project

The Project received applications from 302 students from 106 secondary schools, which was a record high over the past three years. A total number of 200 outstanding high school student leaders were selected to foster their commitment to society and strengthen their future skills. Through systematic intensive training, which included skills labs, visits, as well as a service simulation and designing a "Project for Hong Kong", participants were exposed to opportunities for capacity building. Well-known leaders, like Mr Clarence Leung, BBS, JP, Under Secretary for Home and Youth Affairs; Dr Peter Wong, GBS, JP, Chairman of the Institute's Advisory Committee; and Dr the Hon Simon Lee, MH, JP, Member of the Institute's Advisory Committee, were invited to share their experience with participants.

## Sustainability Leadership

### Membership of the Networks Strategy Council of the Sustainable Development Solutions Network (SDSN)

The Institute was approved to be a Member of SDSN Network, joining in collaboration with universities and international NGOs to support sustainable development locally, nationally and internationally. The Summer School for Global Leadership 2022 was supported by SDSN Hong Kong, giving students access to their training materials.



## Core Services



### "Embracing a Low-carbon World" Leadership Programme

Supported by the Sustainable Development Fund, the Programme offered a unique cross-generational, cross-industrial and cross-border platform for students and working youth in Hong Kong and other GBA cities to explore sustainability policies and the mission of ESG (Environment, Social and Governance). Over 150 Hong Kong and Guangzhou students attended four online workshops which focused on regional trends and future opportunities of ESG, and ways to sustain a low-carbon living style.

Under the Programme, the **GBA ESG Youth Summit** attracted over 200 participants from Hong Kong and GBA secondary schools and tertiary institutions, as well as working youth. Distinguished speakers and panellists from the government, corporates and start-ups joint together to discuss the trends and future development of ESG. They included Mr Wong Chuen-fai, JP, Acting Commissioner for Climate Change; Mr Joe Ngai, JP, Chairman of the HKFYG Sustainability Development Committee; Mr Julian Ip, Political Assistant to the Secretary for Financial Services and the Treasury; and Mr Eric Luk, Director, Sustainability & Climate, Deloitte China.

### Cultural Ambassadors Programme

The Institute nurtured over 20 future leaders in heritage conservation through systematic training and ran over 70 guided tours in a year. The Programme also raised the public's awareness of heritage tourism and Northern Metropolis Development through the "**Fanling Roundabout**" Thematic Exhibition, supported by the Mass Transit

Railway (MTR) Corporation. Officiating Guests, including the Hon Edward Lau, MH, JP, Member of Legislative Council (New Territories North); Mr Chong Wing-wun, JP, District Officer (North), Home Affairs Department; and Professor Karen Cheung, President & Secretary-General of UNESCO Hong Kong Association, attended the Kick-off Ceremony of the Exhibition, and expressed their appreciation to the Ambassadors.

## Communication and Collaboration

### Gen-Z Communication Studio

Funded by Standing Committee on Language Education and Research (SCOLAR), the Studio helps students hone their communication skills, logical reasoning and empathy leadership to unlock opportunities for themselves. Through a series of interactive and creative learning activities, like Speaking for All School Workshops, Public Speaking Exposure Activities, Chamber Debate Club and Youth Boardroom, the Studio stimulated students' interest in the English language, paving the way for their future success. Apart from students, the Studio also provided a series of "Train-the-Trainer" workshops for teachers, assisting them in carrying out relevant communication training in their day-to-day teaching.

### Others

The Institute collaborated with the Lee Kuan Yew School of Public Policy, **National University of Singapore**, to offer scholarships to alumni of Federation and Institute to undertake graduate studies, which can help build up Hong Kong's talent pool.



# Volunteer Services



The Youth Volunteer Network (VNET) was established in 1998, with the aim of promoting youth volunteerism in Hong Kong. VNET encourages youth to take up their civic responsibilities by making a positive, innovative and sustainable impact. Over the past year, VNET received 17,988 new volunteer registrations, resulting in a total of 274,145 volunteers who contributed 782,315 service hours in total. 1,720 volunteer training programmes were offered which attracted 37,151 participants.

## Promoting Youth Volunteerism

### Easyvolunteer.hk

Easyvolunteer.hk, the online volunteer matching platform, established in 2014, provides a free portal for organisations to source volunteers and manage their service records. Together with over 550 non-profit organisations, charities and schools as Service Opportunity Providers, a total of 408 new service opportunities were offered. The number of users who signed up reached 10,534 in the year. The platform was further revamped to provide more flexible and customised volunteer roster management features.

## Heart to Heart Project

The "Heart to Heart Project" is a unique programme that brings students and corporate volunteers together to serve the needy through sponsored community services. Launched in 2005, 76 companies and 132 schools have registered. Among the participating schools, 26 organised a total of 35 service projects, touching almost 2,600 beneficiaries. Certificates were issued to over 11,000 students.

## NEIGHBOURHOOD Teams

To promote a caring community, the Federation continues to carry out the "NEIGHBOURHOOD First" Campaign, which engaged over 1,100 youth volunteers to join NEIGHBOURHOOD Teams in all 18 districts. The total attendance of service recipients amounted to 57,000.

## Easy Volunteer, Easy Tutoring

"Easy Volunteer, Easy Tutoring" provided crucial and much needed support during the constant school closures in the midst of the pandemic. Youth volunteers provided free real-time online academic support to students. In the reporting year, over 10,000 academic enquiries were handled supported by over 700 accumulated tutors.



## Core Services



### Volunteer Training

#### Jockey Club Volunteer Together – School-based Programme

Supported by The Hong Kong Jockey Club Charities Trust, and co-organised with another two partnering organisations, this five-year programme began in the 2022/23 academic year. The purpose is to provide youth with well-designed and structured volunteer training, while also developing students' positive values and attitudes, strengthening their knowledge towards social issues, as well as their commitment to service. In the first pilot year, about 5,200 students from 27 schools participated.

#### Easy Volunteer, Easy Learning

Launched in 2020, the Volunteer Self-learning Online Programme equips aspirants, especially secondary students, who are dedicated to contributing to the community, with knowledge of voluntary services and service skills. Last year, over 1,700 new volunteers signed on and above 800 volunteers completed more than 10 exercises.

### Awards

#### Volunteer Recognition

The HKFYG "Easy Volunteer" Volunteer Service Award recognised the efforts of volunteers. 570 registered volunteers received the "Gold Award for Volunteer Service (Individual)"; 1,303 received the Silver Award and 3,107 received the Bronze Award in appreciation of their contributions of more than 200, 100 and 50 hours of volunteer services respectively. The Award also commended more than 60 local organisations for their outstanding support for volunteerism.

#### Public Recognition

With the contribution of over 251,000 volunteers in 2021, the Federation was awarded the "Top Ten Highest Volunteer Hour (Public corporations)" and "Excellence Gold Award" in the Hong Kong Volunteer Award 2022. This was presented by the Home and Youth Affairs Bureau and the Agency for Volunteer Service. Moreover, three out of the six awardees of the "Outstanding Youth Volunteer" were the Federation's supportive volunteers.





# Youth at Risk Services



Through two District Youth Outreaching Social Work Services, Overnight Outreaching Services for Young Night Drifters, the Youth Support Scheme, WL Residence and the Anti-drug Service teams, the HKFYG Youth Crime Prevention Centre (YCPC) provided five categories of services, including prevention education, crisis intervention and professional assessments, counselling and treatment, multi-disciplinary collaboration and advocacy. The focus areas include, youth crime and deviance, sex-related issues, drug abuse and mental health. There were around 4,700 cases dealt with and 1,000 programmes organised over the past year. Counselling for parents of juveniles and victims of crime was also provided. The YCPC YouthLaw website and App provided information on youth deviance and delinquency and ways to seek help.

## Prevention Education

**Mind + Youth Crime Preventive Education Programme** used crime-themed and scenario-based games, and helped reinforce primary school students core values to be law-abiding, empathetic and respectful. The students would thereby be able to understand the consequences of committing crimes and take appropriate actions in response to suspected unlawful activities and temptations.



**Project AMP+: AMPlify the POSITIVE** is a positive value education initiative organised with the Department of Social and Behavioural Sciences of City University of Hong Kong, with the aim of instilling hope, faith and positive drives in young people by developing their resilience skills.

Supported by the Beat Drugs Fund, **Project "Begin from Family II"** is a three-year territory-wide project, which adopts the full set and localised version of the "Strengthening Families Programme" developed at the launch of Project "Begin from Family" since 2017. The Project aims to provide group work, family programmes and counselling services for families with high-risk and mal-adjusted youth.

## Core Services

YCPC was invited by the Narcotics Bureau of Hong Kong Police Force to serve as professional consultant and mentor for the **Leadership Institute on Narcotics (L.I.O.N.)** to nurture young anti-drug leaders. The public was engaged to protect youth from the harms of drugs.

### Crisis Intervention and Professional Assessments

Hotline services, with crisis intervention, dealing with crime, sex or drug-related issues, were available through **Hotline 8100 9669**. YCPC assisted arrested youth and victims, as well as their parents, by providing rapid intervention, professional counselling and outreaching service in police stations, hospitals and courts. **Kwai Tsing District Project iSCAN** was an example of multi-disciplinary collaboration to better support youth.

Also with support from the Beat Drugs Fund, **Project SEToff III – Anti-drug Programme for Working Youth and Hidden Drug Abusers**, was executed to promote a

drug free lifestyle and improve employability among high-risk youth and drug abusers. Moreover, **Healthy Transition II - Preventive and Educational Programme for Substance Abuser with Mental Health Issues**, aims at enhancing awareness of mental health issues and strengthening anti-drug values among participants.

### Counselling and Treatment

**Project iSmarter - Cybercrime Prevention Service in Schools** is funded by the Quality Education Fund. The Project aims at raising the awareness of youth about cybercrimes, establishing their positive values in using the Internet, preventing them from committing cybercrimes and falling into negative traps on the Internet.

**The Wind** has been funded by K&K Charity Limited since 2016 which aims at assisting youth to build self-confidence and enhancing problem-solving skills through sports trainings. Emergency support activities and subsidies for at-risk youth and their families were also provided during the period of the pandemic.



**Project Life Decode 2022-2023**, in partnership with the Rotary Club of Lan Kwai Fong, helps young people who have been issued with Superintendents' Cautions with mentorship opportunities to develop positive and interpersonal communication skills.

### Advocacy and Service Development

As part of the 10th anniversary of the establishment of YCPC, a **Global Conference on Youth Crime Prevention: A Roadmap for the Future** was organised, connecting Hong Kong, Guangdong and Macao, mainland China and overseas experts for multi-disciplinary exchanges and collaboration, to provide more visionary and comprehensive strategies to tackle youth crime issues.



YCPC has long-adopted a cross-professional collaboration and evidence-based approach to prevention education, treatment and rehabilitation service for young people and families. **Project RESTART** was an example of engaging professionals from various sectors to better support rehabilitated youth with training on law-abiding attitudes.

The **Turning Point VIII** publication, sharing encouraging stories of those winning the **The Turning Point - Youth Improvement Award** was issued. The Award also celebrated its 10th anniversary to appreciate efforts of young people turning their lives around to become law-abiding, contributing members of society.



**Artificial Intelligence Big Data Analytics for Drug Problems in Hong Kong** was implemented by **Project RADAR III**, sponsored by the Beat Drugs Fund, to help YCPC provide targeted anti-drug education and services to the public based on the research results.

Jointly organised by YCPC and City University of Hong Kong, a qualitative research on cannabis use among youth was conducted. Together with **Project CHOICE II – Community-based Healthy Life Style Online and Offline Interactive Comprehensive Educational Project**, YCPC disseminated an anti-cannabis message among youth population and the public.



# Counselling Services

## Core Services



The Counselling Services supports the wellbeing of youth through school-based work, media counselling and public education. Through different services, the School Social Work Unit, Student Guidance Team, and Wellness PLUS address the developmental and remedial needs of young people, while the Media Counselling Centre and uTouch shed light on emotional needs via various media platforms.

### School Services

#### School Stationing Services

Last year, 25 primary schools and 17 kindergartens were served by the Student Guideline Team. A total of 1,165 developmental and prevention activities were organised for students, parents and teachers. The total number of cases handled, included 4,779 cases and 28,987 consultations related to emotional, family, behavioural and study issues.

Through the School Stationing Services, assistance was also provided to 35 secondary schools in which a total of 4,165 cases were handled. Also organised were 26,824 consultations and 6,483 programmes and group sessions.

### Consultation and Supervision Service

The Federation rendered casework consultations, crisis management and support, regular service reviews and professional trainings to school social workers employed by primary schools. Seven schools and ten school social workers were served.

### Youth Emotional Health

#### Community Youth Wellness

**Wellness PLUS** strives to develop greater health consciousness in young people as it advocates a focus on physical, emotional, social and occupational wellness for all-round wellness. A team of young people were also trained to be health check practitioners in promoting community health.

Last year, 278 healing and educational learning programme sessions were held with a total attendance of 17,465. The School Clinical Psychological Services provided case consultations, assessments and direct intervention to students facing emotional distress.

Supported by the Health Bureau, **Recharge Usself** was launched in April 2022 to alleviate the distress and burden of young carers by helping them to develop strength, resilience and even values, as they transitioned from teenage into adulthood.





### Special Educational Needs (SEN)

**Project NES** provided SEN Stationing Services, including group work and casework, in 12 secondary schools by nurturing and engaging over 100 SEN students to maximise their potential.

Funded by The Community Chest, **Project FARMily**, where the name stands for Farm and Family, was designed for autistic students. By merging the therapeutic benefits of farming with residential living and working together, 53 students were given an opportunity to learn about farming, career planning and other life skills, thus enhancing their own sense of self-care and self-value to lead a resilient attitude for future employability and community connections.

### Project COACH - Special Educational Needs Student Supporting Scheme

Group and individual trainings for SEN students and parents, particularly those with dyslexia, autism or hyperactive disorders, were provided. The focus was also on building a better learning environment for the students through a closer collaboration between school and family. The Project served 30 primary schools with 2,763 training sessions.

### Resilience Building

**Project Family Resilience Plus** was supported by the Rosewood Hotel Group to provide immediate assistance to disadvantaged youth whose families were seriously affected by the pandemic. A subsidy of HK\$ 5,000 was given to 100 students from 36 local schools to take a leading role in improving family harmony and quality family time by planning something themselves. The Hon Alice Mak Mei-kuen, BBS, JP, Secretary for Home and Youth Affairs, officiated at the recognition ceremony and acknowledged young people's eagerness to make a difference.



### Further Schooling

#### DSE@27771112

HKDSE candidates were provided with multiple services, including career talks, online tutoring, online mock interviews, study planning consultations, as well as stress management information. About 2,178 students and parents were served. There was also immediate guidance and counselling offered by trained social workers and volunteers throughout the year, who handled 4,852 hotline cases and 5,198 online cases.

## Core Services

### Life Planning Services for Students

The **PLUS-Experiential Learning Series** was developed to cater for students' developmental needs. A total of 1,743 programme sessions were offered, stressing positive values, life planning, unique experiences and service learning.



### Media Counselling

#### Hotline Services

Lines of communication are open through **Youthline 2777 8899**, which provides an immediate and convenient channel for young people to seek help and get support on their phones. In the reporting period, 146,761 incoming calls were registered and 39,137 cases were handled. The top areas of concern were those related to emotions and mental health, schooling and jobs.

#### Online Counselling

The **uTouch** Cyber Youth Outreach Service adopts a proactive approach to identify and engage online youth at risk of social exclusion. With cyberbullying posing increasing challenges to mental and emotional health of youth, a large-scale survey conducted with 3,488 interviewees was carried out followed by a cyberbullying exhibition. Through the interactive exhibition and workshops, the public learnt how to be more empathetic and help victims with practical advice.

In the past year, 2,076 counselling sessions were held for young people struggling with their emotions. uTouch also collaborated with over 60 community stakeholders and organisations to address the needs of at-risk youth.

**Open Up** is supported by The Hong Kong Jockey Club Charities Trust and enabled the Federation to work together with community partners to provide around-the-clock online counselling services to youth in emotional crisis. From April 2022 to March 2023, 29,602 chat sessions were held, with 111 volunteers trained.

### Media Education

In order to nurture youth as responsible, wise and ethical digital citizens, 310 media education sessions were delivered to 32,969 students. There was also an expansion of services from media literacy to Artificial Intelligence literacy driven by **Project MAIL**. Echoing the UNESCO Global Media and Information Literacy Week, a **Mobile Truck** provided exhibitions and interactive activities to promote digital wellness at around 20 schools and community spots.



## List of Schools Served by the Federation's School Stationing Services

### Secondary Schools

1. Buddhist Kok Kwong Secondary School\*
2. Buddhist Mau Fung Memorial College\*
3. Buddhist Tai Hung College
4. Buddhist Wong Wan Tin College\*
5. Christian Alliance College\*
6. Confucian Tai Shing Ho Kwok Pui Chun College
7. Creative Secondary School\*
8. De La Salle Secondary School, NT\*
9. Diocesan Girls' School
10. Fung Kai Liu Man Shek Tong Secondary School\*
11. H.K.T.A. The Yuen Yuen Institute No.1 Secondary School
12. HKICC Lee Shau Kee School of Creativity\*
13. Ho Ngai College (Sponsored by Sik Sik Yuen)
14. Holy Trinity College
15. King Ling College\*
16. Law Ting Pong Secondary School\*
17. Lions College
18. Lok Sin Tong Wong Chung Ming Secondary School\*
19. Lok Sin Tong Yu Kan Hing Secondary School\*
20. Man Kwan Pak Kau College\*
21. Man Kwan QualiEd College\*
22. N.T. Heung Yee Kuk Yuen Long District Secondary School\*
23. Po Leung Kuk Ho Yuk Ching (1984) College\*
24. Po Leung Kuk Vicwood K.T. Chong Sixth Form College
25. S.K.H. Lam Kau Mow Secondary School
26. Salesians of Don Bosco Ng Siu Mui Secondary School
27. Shun Tak Fraternal Association Yung Yau College\*
28. St. Francis Xavier's College
29. St. Francis Xavier's School, Tsuen Wan\*
30. Tack Ching Girls' Secondary School
31. The Church of Christ in China Kei San Secondary School\*
32. Tin Shui Wai Methodist College\*
33. Tsung Tsin College\*
34. Tsung Tsin Middle School
35. Wai Kiu College

Remarks: \* Served by Youth S.P.O.Ts



**Core Services**

**Primary Schools**

1. Baptist (Sha Tin Wai) Lui Ming Choi Primary School
2. Confucian Tai Shing Primary School
3. Gigamind English Primary School
4. HKFYG Lee Shau Kee Primary School
5. HKKKWA Sun Fong Chung Primary School
6. HKUGA Primary School
7. Iu Shan School
8. Ka Ling School of The Precious Blood
9. King Lam Catholic Primary School
10. Kwai Ming Wu Memorial School of The Precious Blood
11. Kwong Ming School
12. L.S.T. Yeung Chung Ming Primary School
13. Marymount Primary School
14. Ng Clan's Association Tai Pak Memorial School
15. Precious Blood Primary School
16. Precious Blood Primary School (South Horizons)
17. Precious Blood Primary School (Wah Fu Estate)
18. Pui Ling School of The Precious Blood
19. Salesian Yip Hon Primary School
20. Si Yuan School of the Precious Blood
21. St. Paul's College Primary School
22. St. Stephen's Girls' Primary School
23. Tai Po Old Market Public School (Plover Cove)
24. The H.K.C.W.C. Hioe Tjo Yoeng Primary School
25. Tsuen Wan Chiu Chow Public School

**Kindergartens**

1. The Hong Kong Federation of Youth Groups Ching Lok Kindergarten
2. The Hong Kong Federation of Youth Groups Ching Lok Kindergarten (Yaumatei)
3. The Hong Kong Federation of Youth Groups KK Cheng Kindergarten
4. The Salvation Army Catherine Booth Nursery School
5. The Salvation Army Centaline Charity Fund Kindergarten
6. The Salvation Army Chan Kwan Tung Kindergarten
7. The Salvation Army Fu Keung Kindergarten
8. The Salvation Army Hing Yan Kindergarten
9. The Salvation Army Lei Muk Shue Nursery School
10. The Salvation Army Ng Kwok Wai Memorial Kindergarten
11. The Salvation Army Ping Tin Kindergarten
12. The Salvation Army Rosita Yuen Kindergarten
13. The Salvation Army Sam Shing Nursery School
14. The Salvation Army So Uk Kindergarten
15. The Salvation Army Tai Wo Hau Nursery School
16. The Salvation Army Tin Ka Ping Kindergarten
17. The Salvation Army Tsuen Wan Nursery School



# Education Services



The Federation continues to provide quality education through two non-profit making kindergartens cum nurseries, one non-profit making kindergarten, one aided primary school and one Direct Subsidy Scheme secondary school. The HKFYG Continuous Learning Centre and Living Life Academy encourage lifelong learning through less formal platforms.

## Pre-primary Education

### Enhancing Children's Art Development

Kindergartens continued to boost children's art learning through the development of "Picture Book Art Curriculum", parent-child and home-school collaboration activities, as well as community involvement.

Supported through a subsidy from the Education Bureau, the **Ching Lok Kindergarten** created resource kits using art games, including a "Tram Tour" booklet, game cards and an art creation manual. The kindergarten also provided game materials and handicraft kits to support parents and children in exploring self-learning in art.

**KK Cheng Kindergarten** provided art training to teachers and parents to strengthen children's art development. To celebrate its 10th anniversary, a special parent-child board game was designed to promote family communication and Chinese virtues.

### Stimulating Children's Learning Through Conducive Environment

To enhance children's learning exposures, it is necessary to facilitate interactions among the students, the environment and learning materials for independent exploration.

In this school year, teachers of **Ching Lok Kindergarten (Yaumatei)** participated in the "Kindergarten Space and Spatial Practice: Action Research on Educational Practice and Teacher Professional Development" organised by the Education University of Hong Kong. The purpose was to augment professional competence by utilising spaces, including corridors and stairs, more effectively and efficiently to not only improve the school environment, but also to increase children's opportunities for autonomous and exploratory learning.

## Primary Education

### Life Education

The **HKFYG Lee Shau Kee Primary School** emphasises life education. This year, positive and proactive attitudes were further deepened through multi-disciplinary exposures. Students were reminded of positive education through inter-class sports activities, while teachers were encouraged to lead by example, inspiring students to develop positive values.





### Interdisciplinary Theme-based Learning

The school arranged interdisciplinary theme-based learning for students at all levels, in conjunction with various local and overseas learning activities. Students could learn independently, read and investigate, combining subject knowledge and using various common skills to showcase their learning outcomes.

### Young Maker

The School-Based Young Maker Programme was designed to foster STEM education by promoting interdisciplinary learning through project-based activities that integrated engineering design concepts and problem-solving skills. Using a theme-based approach, students developed their creativity and ability to apply classroom concepts to real-life situations. This Programme also served as a learning platform to equip students to face challenges posed by technology's rapid advancements.

### "Endangered Species Zone"- Interactive Learning Zone

To boost the enjoyment and engagement of students in self-directed learning during non-class time, the school added interactive learning zones under different themes. The "Endangered Species Zone" was one such zone, with a layout designed by the students Visual Arts Team and painted by volunteers from Renren Home which also sponsored painting materials. This zone proved very popular, attracting students to learn about endangered species and sustainability.





## Secondary Education

### Learning and Teaching

The HKFYG Lee Shau Kee College continued to develop a Blended Learning in Self-directed Learning (SDL) Programme, assisted by various learning and staff development opportunities, with a focus on eLearning tools. Electronic whiteboards were installed in all classrooms, and a "Bring Your Own Device" scheme was launched smoothly from S.1 to S.3. Subject departments adopted SDL guided learning plans for at least 60% of the curriculum, with core and extension parts catered specifically to learners' capabilities.

To meet different interests and needs of students, the College offered ample curriculum choices, including the non-local International Advanced Level (IAL) curriculum in S.5 and S.6. Our mathematics and science teachers also actively participated in professional development events, sharing their experiences with other DSS schools and learning from IAL in other schools.

For the 8<sup>th</sup> year, the College collaborated with The University of Hong Kong (HKU), to introduce Massive Open Online Courses (MOOC) to students, encouraging them to pursue courses from worldwide universities at their own pace. This year, MOOC were promoted to all S.3 students who had to attempt a MOOC course of their choice during the summer vacation, replacing the traditional summer holiday

assignments. Seven students shared their learning journeys with HKU professors and secondary school students in the **S.4 MOOC x Reading Curriculum** in which English teachers connected language learning and global issues by supporting students in project-based learning about the Sustainable Development Goals of the United Nations in order to cultivate students' lifelong learning skills.

### Student Development

The College implemented various initiatives to promote positive self-esteem and resilience among students, including mindfulness activities and peer counsellor trainings. We also introduced the "Birthday Cards/Wishes Campaign" to foster a positive loving environment and facilitate teacher-student relationships. Career exploration programmes were offered to students to help them investigate their interests and strengths. National Security education and Media and Information Literacy education were offered to students to learn to think critically, click wisely, and become responsible citizens.

To strengthen leadership skills, student leaders were encouraged to join in various programmes, including the HKFYG "Hong Kong 200" Leadership Project. To build a sense of belonging, student leaders were also highly involved in the Pre-S1 Orientation and many activities, such as lunchtime performances, annual singing contests, and short-video film competitions. We are committed to nurturing Leaders of Tomorrow to serve the community, the nation and the world.

### Continuous Learning

The **Continuous Learning Centre (CLC)** continues to expand talent training by organising a great variety of vocational development programmes. During the year, over 400 training programmes were held and around 10,000 students participated. More than 80% of the graduates were young people aged between 18 and 35, mainly from the education, social welfare and medical care industries.

## Qualification Enhancement

Seven programmes accredited by Hong Kong Council for Accreditation of Academic and Vocational Qualifications were included in the list of reimbursable courses under the provision of Continuous Education Fund. The courses included such professional courses to be, for example, Mediators, Building Inspection Assistants, Florists, Playgroup Tutors and Music Tutors, as well as trainings to be a Physiotherapy Assistant and Clinic Assistant. Ten popular programmes are currently accredited by Training Qualifications UK including Speech and Language Training and Veterinary Assistant Training.

With a particular focus on physical and mental health, CLC launched a series of health care and counselling-related courses, such as Positive Attitudes and Supporting SEN Children Training, with the overall objective in students having both theoretical and practical skills, as well as medical and counselling knowledge.

The CLC and the Xu Beihong Arts Committee co-organised the **2022 Xu Beihong Cup International Youth and Children Art Competition** which continues to receive tremendous support from local schools and art groups. The theme for this year was, "Healthy Living", encouraging children and youth to showcase a wholesome lifestyle through creative art.

The **HKFYG Living Life Academy (LLA)** published two issues of *Learning for Good* magazine this year, introducing the latest information on education and careers, and sharing stories about learning through interviews with celebrities and young mentors. Through participating in two exhibitions, the "Education and Career Expo" and the "JUMP Career and Education Expo" organised by Hong Kong Trade Development Council and *Ming Pao* respectively, LLA was able to promote a wide range of courses offered and provide young people with information on continuing education and employment opportunities.



# Parenting Services

The Parent Support Network (PSN) and the Family Life Education Units (FLE) provided both online and community-based services, which included Parent-child Mediation, Brief Case Consultation, Educational Talks, Workshops, Supporting Groups and Family Activities for parents and children, as well as continuous learning and mutual support.



## Service Highlights

### Parental and Family Education Programmes

A systematic Parental Education Curriculum and Kindergartens Parenting Education Curriculum stressing "Positive Parenting" was developed. Talks and workshops, in collaboration with celebrities and professionals, were held at different schools, community and online platforms. The unit organised 583 Parental and Family Life Education Programmes, with a total service attendance of 25,966.

### Online Platforms for Parent Support Network

Professionals were invited to share their expertise and experiences on parenting and mutual support online. Parental information, videos, and news were uploaded daily on the website, social media platforms and mobile Apps. Parents were also encouraged to participate in online case consultation, message groups or workshops. In the reporting year, PSN had 103,085 views on all online platforms.

### Parent-child Mediation Service and Brief Case Support

Both online and district-based mediations, brief case services, remedial and tangible support were offered to parents and their families with a total service attendance of 790.

### Distribution of pandemic prevention items

Through the generous donations of partners, pandemic prevention items including face masks, Rapid Antigen Test (RAT) kits, SIM cards and food were distributed to 250 low-income families.



## Core Services



### Collaborative Programmes

#### Parental Education Talks Series

The Unit co-organised the 19th territory-wide Parental Educational Talk with the Vocational Training Council featuring parent-child communication in Covid and DSE studies.

#### Project: Pandemic Prevention and Support Station

To ease emotional distress of low-income and single-parent families, the Project aimed to strengthen family's resilience and provided them with pandemic prevention resources to overcome the crisis. Different supportive activities like meditation retreats and horticultural therapies were organised to strengthen participants' psychological health. Cash coupons and pandemic prevention items were also provided to release family's financial burden. More than 100 needy families were served.

#### Project: Singing Bowl in the Community

Sponsored by HSBC, the Project was launched by the Unit with two Youth S.P.O.Ts. The Singing Bowl therapeutic groups involved cross-generational participation.

#### Project: Jockey Club Project IDEAL

Supported by The Hong Kong Jockey Club Charities Trust, the Unit and other nine NGOs were invited by The Hong Kong Council of Social Service to be part of this meaningful initiative to promote "Parent Empowerment" and "Transformative Learning Approach" in parent education. 100 parents joined to sustain mutual support and continuous learning among parents.



#### Project: Parent Support Network

Funded by The Community Chest Baseline Allocation, the Unit organised 350 programmes to focus on enhancing self-support and mutual help within and among families and communities through different networks and tiers.

#### Publications

Since 2021, the Unit has collaborated with *Sing Tao Daily* for their column "Parent Classroom", to share issues related to parenting with expert viewpoints and information. There were over 100 articles published through this weekly column, and previous articles have been compiled into a new publication, *Path to Parenting*.

# Creativity Education and Youth Exchange



The HKFYG Centre for Creative Science and Technology (CCST) was established to provide hands-on exploratory STEM learning (Science, Technology, Engineering and Mathematics) for students and teachers. The Youth Exchange Unit (YE) broadens young people's horizons through various experiential study tours to mainland China and overseas. Through different thematic programmes, young participants foster their understanding of the country, while developing their global perspectives.

## Creative Education

### STEM Education

Supported by the Innovation and Technology Commission and the Hong Kong Science and Technology Parks Corporation, the CCST provides diversified science and creative competitions, STEM workshops, carnivals, exchange programmes, and trainer training programmes to enrich youth with a holistic learning experience. In the past year, a total of 376 workshops and talks were organised for over 21,000 participants.

### STEM Programmes

Supported by the Beat Drugs Fund, the STEM Education Anti-drugs Programme **Hands-on Toxicology Science** educated young people about the harm and adverse effects of drugs, approaching the subject through interesting themes like neuroscience, forensic toxicology, data science and design thinking. The aim is to empower young people with the knowledge and skills they need to make informed decisions about drug use. Last year, about 120 workshops were organised for about 3,300 participants.

Following a successful roll-out in 2021, the Unit continued to deliver Shell's global flagship programme - **Shell NXplorers** to Hong Kong STEM teachers in strengthening their STEM habits. About 60 primary school teachers were empowered to incorporate problem-solving, creativity and Sustainable Development Goals into their delivery of STEM curricula in the past school year. The facilitating team from the Unit was awarded a Gold Award of Excellence in Facilitation of the Shell NXplorers Global Inspiration Awards to recognise their professionalism in conducting STEM teachers training.



## Core Services

The Unit played a vital role in supporting the **InnoCarnival 2022** by organising an InnoTech Exhibition and provided about 180 sessions of InnoTech Online Workshops for over 2,000 youngsters. Furthermore, 4,200 STEM learning kits with pre-recorded teaching videos were distributed to facilitate students' STEM learning anytime at home.



### STEM Competitions

Some of the competitions organised or hosted by the Federation include:

**The Hong Kong Student Science Project Competition 2022** attracted 587 students from 75 secondary schools, forming 198 teams to compete for various science related awards. The Competition was jointly organised by the Federation, the Education Bureau, the Hong Kong Science Museum

and the Hong Kong Science and Technology Parks Corporation, funded by the Innovation and Technology Commission and supported by the Hong Kong Young Academy of Sciences.

**The GreenMech Contest** had more than 372 students from 58 primary and secondary schools forming 113 teams to participate. Through designing and building contraptions with different energy exchange mechanics, the Contest enabled the students to deepen their knowledge and application of different science principles and green energy concepts.

A turnout of 187 students from 28 primary and secondary schools competed for the **Creative Coder Competition** jointly organised by the Federation and Department of Electrical and Electronic Engineering of The University of Hong Kong. Contestants made use of creative computer programming to build an interactive installation for people.

Over 110 students and teachers from 23 schools participated in the **Hong Kong Creative Maths & Science 4D Frame Competition 2022**. Their creativity and spatial thinking skills saw them build a model of endangered species, a smart agricultural device and a mechanism to reduce pollution to echo the theme of sustainability.







## Youth Exchange

### Exchange Programmes

Commissioned by the Sham Shui Po District Office, the Unit organised an exchange to Seoul, Korea. The tour included an exploration of arts, culture, fashion and technology and helped participants gain insight into Korea's global impact. They also engaged in campus activities with local youth, sharing their cultures and traditions.

A trip to Singapore was organised for the Youth Ambassadors of Youth Development Commission (YDC). They visited different icon sites in Singapore and learnt about the development of state-owned enterprises in the city-state. They were also able to see Singapore's multi-cultural diversity and meet with Hong Kong youth working there.

### Local Study Activities

As a result of restricted travelling due to pandemic protocols, local study activities were organised for secondary school students. These included dining etiquette classes, as well as industry prospects for those students studying Tourism and Hospitality. Other programmes explored entrepreneurial and employment opportunities for young people.

Through cultural exchanges and discussions, students' understanding of the customs, architecture,

cuisine, and conservation within the Greater Bay Area were explored. Supported by the Board of Management of the Chinese Permanent Cemeteries, an interesting programme entitled, **Journey of Life and Death: Career Planning Programme for Life and Death Education**, encouraged young people to gain self-awareness, plan for their future, develop positive values, and enhance their resilience to adversity.

### Skill Learning Project

The Project assisted 70 outstanding university students in exploring employment and entrepreneurial opportunities in the Greater Bay Area so that they could understand the area's development.

### Young Ambassador Scheme

The Hong Kong Young Ambassador Scheme, jointly organised by the Tourism Commission and the Federation, galvanised 301 young leaders to be Ambassadors to promote Hong Kong's hospitality and tourist attractions to locals and visitors. The new Ambassadors underwent a series of core skills training to help them with their duties, which included stationing services at local tourist spots, participating in mega events, and organising promotional activities.



# Leisure, Cultural and Sports Services

## Core Services

To balance young people's academic pursuits, the Federation offers different recreational programmes for physical health, leisure enjoyment and cultural knowledge through the Cultural Services Unit (CSU), the Community Team Sports Office (CTS) and the four camps and outdoor activities centres.



### Cultural Services

#### West Kowloon Sunset Cultural Portal 2022

The CSU, Youth S.P.O.Ts and the West Kowloon Cultural District Authority jointly presented the "West Kowloon Sunset Cultural Portal". Throughout the summer, more than 70 online and onsite programmes, including art installations, exhibitions, performances and workshops, were organised to encourage the public to know more about the West Kowloon District and enjoy themselves. Visitors were also encouraged to learn about the connection between arts and districts. More than 22,000 families and young people participated, an online reach of almost 1.5 million was obtained.

#### Restpiration Concert 2022

The Unit organised the Restpiration 2022 Concert at MacPherson Stadium to promote wellness. The Restpiration series focuses on the concepts of "Rest,

Respire, and Inspire" through the practice of the arts. Sponsored by The Hong Kong Jockey Club, the concert included pop and a *cappella* singers, bands, brass ensembles and dancers, along with harmonica and percussion players and sand painter. One unique feature was the sharing sessions that intertwined elements of "confronting adversaries" and "encouragement towards resilience". It is hoped that the 1,100 students who attended in-person and those who were part of the 83,000 online views through the live-stream broadcast on YouTube and Facebook, were positively impacted.

#### Hong Kong International a cappella Festival 2023

With a pandemic induced hiatus of three years, The Hong Kong International a cappella Festival 2023 returned. Prestigious vocal artists from Korea, Japan, the Philippines, the US and respected local artists reunited with the Hong Kong audiences in large and small concerts held in stadium, public spaces and school settings. Along with the popular "International a cappella Extravaganza" and "a cappella Community Day", with the generous support from The Hong Kong Arts Development Council, two other features were added: a highly-participated "Hong Kong a cappella Contest" and an "a cappella Gala" Concert. An audience of more than 5,000 were entertained by 50 a cappella groups, local and from overseas.





### Community Team Sports

Since its establishment in 2015, the CTS has concentrated on doing sports in the community, facilitating quality trainers and sports industry practitioners for the industry's development, providing support to non-elite young sports players and sustaining the development of the sports industry.

### The HKFYG Jockey Club Youth Sports Development Project

This is a three-year project sponsored by The Hong Kong Jockey Club Charities Trust, which encourages young people aged 8 to 25 to take part in five team sports, namely group runs, basketball, lacrosse, dodgeball, and ice hockey, to build self-confidence. Those who have a particular interest could even advance themselves through coaching practice or becoming sports volunteers. A total of 3,000 young people received training in three years.

### Sports Mileage Scheme

The Sports Mileage Online Platform was set up for participants to upload their physical activity time sheets which then get converted into *Sports Mileage* to benefit others. The Sports Mileage collected will support the CTS team to connect with coaches and partners who offer free sports classes to deprived young people providing them with unexpected opportunities. It is hoped that the participants will

build up a regular habit of doing physical activities and join other CTS events afterwards, as they contribute to the scheme which benefits others.

### Special Stadium

The Special Stadium is a platform that aims to enhance self-confidence and communication skills of students with special educational needs (SEN) from average or low-income families through sports training. Through on-going assessments by social workers and coaches, unique sports intervention and training plans were provided for the SEN students. This helped parents and schools to better see the improvements of the students so that they could provide more comprehensive assistance.

### Sports x Girls Power

Since 2022, through generous support from Mitsubishi Electric (HK) Ltd, the **V.Cares Youth Volleyball Training Program** empowers over 200 grassroots girls aged 13 to 17 every year to participate in a screening, out of which 120 could be chosen to undergo intensive training. From there, some could be further selected to play in the prestigious V.League final competition. The entire Programme ensures that participants engage in volleyball training, as well as in volunteer services as a way to learn how to be loved and give back.



## Core Services

### Camps and Outdoor Activities Centres

Outdoor activities play a special role in individual's development. The four camps and outdoor activities centres of the Federation, serve as both a classroom and a playground, offering various activities highlighting environmental sustainability, water sports, and eco-adventure. It not only enables young people to develop teamwork, stamina and positive values, but also encourages them to appreciate nature and take responsibilities in conservation.

#### Jockey Club Stanley Outdoor Training Camp

The Camp began residential services in early 2022, with ten guest rooms and 83 dormitories. The Camp adopts a green layout to increase ventilation and reduce electricity consumption. The building is specially designed with a green exterior wall, with insulating glass that helps heat insulation and blends with the natural landscape. The roof garden is also equipped with a green wall and promotes renewable energy to achieve energy saving and carbon reduction.

To welcome more users to the newly-renovated facilities, large-scale youth water sports experiences and training programmes were organised. This also encouraged sports development and created employment opportunities.



#### Jockey Club Sai Kung Outdoor Training Camp

In light of the post-pandemic recovery, new activities were added, such as rope courses, virtual reality sports, team enrichment trainings and wellness programmes. In the vicinity of the Sai Kung Country Park and mangrove areas, the Camp also promoted educational and experiential activities related to sustainable development. The aim is to raise awareness and encourage behavioural change in environmental protection among youth, families and even corporates.

#### Lamma Youth Camp

Lamma Youth Camp is located in a valley, leveraging the advantages of the unique conditions of rich biodiversity and wise management of nature resources. It is suitable for various ecological adventures, wilderness adventures and camping activities.

#### Tai Mei Tuk Outdoor Activities Centre

Tai Mei Tuk Outdoor Activities Centre has played a significant role in promoting water sports, particularly sailing, windsurfing, wingfoiling and board rowing through training. Good for land and waterborne activities, the Centre has also been partnered with professional sports groups, like the National Sports Association.

# Research and Publications



The HKFYG Youth Research Centre conducts sound and evidence-based research and analysis on issues critical to understanding the ever-evolving needs, issues and concerns of young people. The Professional Publications Unit publishes books and magazines to share knowledge with partners and supports, while also connecting with youth, and to promote reading and writing.

## Youth Research

The Youth Research Centre (YRC) gives insights on youth trends and development through the following:

**Youth I.D.E.A.S.**, which stands for **I**deals, **D**edication, **E**ngagement, **A**spirations and **S**ervice, was established in 2015. As a local youth think tank, Youth I.D.E.A.S. conducts evidence-based research for policy advocacy. Over the past eight years, it has completed 70 research projects, the findings of which are communicated with policymakers and different sectors of society.

The new term (2023-2025) of Youth I.D.E.A.S. comprises 80 young professionals, entrepreneurs and post-secondary school students, with six academics and experts as advisors. With the support of the YRC, Youth I.D.E.A.S. conducts research on a regular basis in the areas of (1) Employment and the Economy, (2) Society and Livelihood, and (3) Youth Development and Engagement. Under the theme of "Connecting

Community and Creating Impact", it is envisioned that Youth I.D.E.A.S. would continue to connect local youth, communities and wider society to further improve social change through research and action.

Last year's reports include:

Serial Number	Topic
YI067	Effectively Supporting SEN Secondary Students with e-Learning
YI068	A Study on the Rise of Fake News
YI069	What Young People Want for Hong Kong
YI070	Tapping into the Economic Opportunities of the Metaverse

## Youth Trends in Hong Kong

*Youth Trends in Hong Kong* is a publication series, which provides an integrated view on the different features of Hong Kong youth by collating the most recent research findings and major statistics on young people. The *Indicators of Youth Values* is the 19th in a series that has been published by the YRC since 1997. Statistical data, including comparisons

**Core Services**

throughout the years, tracks the changes of youth trends and values. This series serves as useful resource, providing a comprehensive picture of Hong Kong youth today.

**Youth Studies**

With the aim of precisely reflecting the different facets of today's youth in Hong Kong, the YRC conducts in-depth research covering the views of young people on their future development and that of Hong Kong society. With the research putting forward some feasible solutions to meet the needs and expectations of young people, the YRC compiled all the relevant information for the Home and Youth

Affairs Bureau to consider while formulating the government's Youth Development Blueprint.



**Professional Publications**

Through collaboration with different service units, experts and partners, the Professional Publications Unit published ten books for professional and leisure reading in the past year, as well as promoting reading and writing. The books are:



**Island L'amore**



**Dear Don & Saya**



**Whale's Ocean**



**Travel Trilogy**



**Voices from Hong Kong Sports II**



**Hong Kong Entrepreneurs' First Blind Spot**



**365 Days of Whole Wellness**



**Path to Parenting**



**Turning Point VII**



**The Books of Emotions**

## Youth Hong Kong Magazine

The *Youth Hong Kong* English quarterly covers topical issues and assess their impact on young people. The magazine provides insights through interviews, features and first-hand accounts, with Chinese summaries of major articles. The circulation of the magazine is 9,000 with a wide base of online readership around the world. Topics covered:

Publication Date	Topic
June 2022	<i>Another New Chapter</i> A focus on the possibilities of the Greater Bay Area
September 2022	<i>Recalibrating Youth Engagement</i> Looking at how youth can, and want, to contribute to society
December 2022	<i>Gifts of 2022</i> Reflecting on non-material things that have changed our lives for the better
March 2023	<i>Closing the Health Gap</i> Looking at the health challenges facing Hong Kong



For details, please visit <https://cps.hkfyg.org.hk/yhk-issues/>



## Youth S.P.O.T. Magazine

The *Youth S.P.O.T.* Magazine is published bi-monthly with a circulation of 22,000 copies. As a masterpiece produced by both professional writers and youth production teams, it targets at young readers in Hong Kong covering trendy topics with young people's voices.

Publication Date	Topic
April 2022	To everyone under COVID-19
June 2022	Menu to learn how to say goodbye
August 2022	Youth who loves arts and culture
October 2022	New school term
December 2022	CHANGE
February 2023	Feeling the nature

To enjoy reading, please visit <https://cps.hkfyg.org.hk/ysm/>

Core Services



Encouraging Reading and Writing

The HKFYG Online Book Shop offers another channel for youth to enjoy reading with discounts and promotions for both books and stationery.

Through the annual **Hong Kong Book Fair** and the setting up of the HKFYG Bookstore, young people and the public are engaged to appreciate young writers and HKFYG publications.

Two writing programmes were sponsored by the Standing Committee on Language Education and Research (SCOLAR) and Language Fund. For **The School Writers' Programme**, 322 students enrolled and 80 participants were trained. Two champions' books were published, *Island L'amore* and *Dear Don & Saya* in the Hong Kong Book Fair 2022. For the **Hong Kong Creative Writing Programme**, more than 490 students enrolled and 50 teams were trained. The Hon Chu Kwok-keung, Legislative Councillor, was the Guest of Honour to recognise young people's efforts to promoting cultural prosperity.

