

Youth at Risk Services

The HKFYG Youth Crime Prevention Centre (YCPC) provides five categories of service, including prevention education, crisis intervention and professional assessments, counselling and treatment, multi-disciplinary collaboration, and advocacy. The focus areas include youth crime and deviance, sex-related issues and drug abuse. There were 4,719 cases dealt with, and 675 programmes organised over the past year with a total attendance of 167,387.



Prevention Education

There were 150,121 visits to the YCPC YouthLaw's online platforms (website, YouTube, Apps and Facebook), with 205 new downloads of the YouthLaw Apps. 42 preventive educational videos were posted on YCPC YouthLaw's online platforms, covering topics including, youth crime, cybercrime, risky sexual behaviour, drug abuse and trafficking, gambling, as well as youth mental health issues.

Topics covered in the 226 Educational Workshops and Programmes for youth, parents, teachers, social workers and police included, law-abiding values, cybercrime, awareness on self-protection and the consequences of risky sexual behaviour, as well as hidden drug abuse and drug trafficking. Up-to-date trends on cybercrime, youth crime and deviant behaviour, gambling, binge drinking, strengthening family communication and management, as well as risk identification and professional counselling skills, were also covered.

Project Begin from Family developed a Strengthening Families Programme Training Manual, which included five training modules for parents, children, teens and families to enhance family functioning and prevent young people from taking drugs and other substances.

Crisis Intervention and Professional Assessments

Hotline services, with crisis intervention, dealing with crime, sex or drug-related issues, were available at **Hotline 8100 9669**. YCPC assisted arrested youth and victims, as well as their parents, by providing rapid intervention, professional counselling and outreaching service in police stations, hospitals and courts. In the past year, YCPC received over 180 referrals of arrested youth from the Hong Kong Police Force.

Under **Project E.Positive**, over 3,400 young people aged 10-24 were involved in screening and identification exercises on mental health and deviant behaviour.

Counselling and Treatment

Professional counsellors handled 3,358 cases that dealt with young people displaying criminal and deviant behaviour, including cybercrime, fraud, illegal jobs, drug trafficking, theft, sexual crimes, violence, and membership in triads and gangs. Counsellors also provided services for 267 young people with sex-related issues, along with 861 cases with drug-related problems. Counselling for parents of juveniles and victims of crime was also provided.





Project iSmarter developed a Cybercrime Counselling Manual to provide structural risk assessments and counselling services to juvenile delinquents and victims.

Different sports training programmes continued to support at-risk youth by strengthening their positive thinking, resilience and enhancing positive lifestyles. Programmes included **The Wind**, which is both Thai boxing and football training, funded by K&K Charity; **Cycloid - Cycling Team**, which included cycle training; and **Positive Run Positive Life** and **Running My Life**, cross country and running training.

With support from the City University of Hong Kong, YCPC provided narrative therapy treatment to young people who had sex-related issues. Sex education talks and workshops were arranged so that students could understand both how to self-protect and their own legal responsibilities.

Using a set of educational cards, and with counselling protocols in Narrative Therapy, risky sex issues were addressed. A new publication, *Love and Sex: Narrative Therapy for Youth*, was introduced to around 500 people through three online sharing sessions.

The YCPC initiated **Project MAP – A Meaning-Centered Approach to Drug Education and Counselling**. Meaning-Centered Approach (MCA) is a drug prevention and treatment intervention, which focuses on helping youth to explore the meaning of life, deal with interpersonal relationships, and use positive and strength-based techniques to deal with adversity and difficulties. The purpose is to promote a positive and meaningful lifestyle, without the need for drugs. A board game, *Adventurous Life*, was rolled out as well.

Project SPARKLE, partnered with Rotary Club of Dragon Hong Kong, focused on marginal youths by encouraging positivity, and strengthening their problem-solving, interpersonal and communication skills, through mentorship.





Advocacy and Service Development

Two books, *Turning Point V* and *Love and Sex: Narrative Therapy for Youth*, were published. The seventh Turning Point – Youth Improvement Award was held on 6 August 2020. *The Survey on Teenagers' Perception and Attitude toward Cannabis Use in Hong Kong* was also published in August 2020.

YCPC held an *E.Positive Webinar: Counseling strategies for handling youth mental health issues and delinquent behaviours*. About 100 social workers and teachers joined the webinar. Professor Daniel Wong Fu-keung, from The University of Hong Kong, gave a short lecture on Cognitive Behavioural Therapy (CBT) principles and counselling strategies. While a psychiatrist, Dr. Choi Wing-kit, spoke about medical treatments. The E.Positive project staff introduced a newly designed protocol that uses CBT and Mindfulness Based Cognitive Therapy to provide counselling for delinquent youth with mental health issues.

YCPC held a *Workshop on Artificial Intelligence Big Data Analytics for Drug Problem in Hong Kong*. The workshop shared details about how text mining engines on social media platforms were used to analyse drug trends, drug myths, new drug scenes and patterns of high risk drug users on social media platform. Professor Dennis Wong Sing-wing of the City University of Hong Kong helped evaluate the research results and analysed the phenomenon of drug abuse among teenagers from a criminology perspective. The project staff of Project RADAR II also shared their work practices.

YCPC also cooperated with The University of Hong Kong in conducting a survey entitled, *Risk and resilience of vulnerable families in Hong Kong under the impact of COVID 19*. This study adopted an ecological resilience framework to explore the impact of the epidemic on families wherein there was a young person, with delinquent tendencies or mental health concerns. The survey also looked at ecological protective factors for the vulnerable families.

WL Residence (WLR)

The WLR provided short term residential services, including life coaching, life planning, guidance and career skills training, for young adults aged between 18 and 24. 78 youth were served in the past year.

The Way Forward

The main focus of YCPC in the coming year will be to develop and provide educational programmes on the meaning of life and law-abiding values. Counselling services will pay extra attention to issues including cybercrime, arrested youth, crime and mental health, hidden drug abuse problems, and sexual deviant behaviours.



Counselling Services

The Counselling Services consolidate the work of the School Social Work Unit, the Student Guidance Team, the Media Counselling Centre, the Wellness Mind Centre and Wellness PLUS. Given current unprecedented challenges, the services addressed different emotional health issues across the units and via different platforms.



School Stationing Services

Over the last year, 24 primary schools and 19 kindergartens were served through the Student Guidance Team. A total of 1,104 developmental and prevention activities were organised for students, parents and teachers. 453 cases and 7,643 consultations related to emotional, family, behaviour and study issues were handled. Case supervision, crisis support and professional training were also provided to nine school social workers from eight primary schools which had employed individual school social workers on their own.

School Stationing Services were provided for 35 secondary schools, of which 21 were served by 12 Youth S.P.O.Ts and the other 14 by the School Social Work Unit. A total of 3,815 cases were handled, while 24,946 consultations and 5,300 programmes and group sessions took place.

Youth Emotional Health

Community Youth Wellness

Wellness PLUS was set up to provide healing and educational learning programmes to help young people strive for balance. Experiential and mindfulness self-help activities attracted university students and young professionals. School Clinical Psychological Services were also rolled out to provide case consultations, psychological assessments and direct intervention to students facing emotional distress.

Project STEP continued to promote emotional wellness to youth in need. With support from HSBC's 150th Anniversary Charity Programme, together with the popular "*Moving Wellness*" bus which went around local schools and communities, this year, 600 wellness ambassadors were equipped with psychological knowledge and counselling techniques having had 40 training and practicum hours. Two interactive educational theatres were conducted in 40 primary and 40 secondary schools, teaching students how to deal with their emotions. Under the Psychiatric Service Scheme and Chinese Medicine Service Scheme, immediate psychological assessments, psychiatric consultations and medications were provided for 188 vulnerable youth.

An innovative online-to-offline self-help device, "**Wellness Hub**", provided a comfortable space for youth where they could have an audio guided journey narrated by a clinical psychologist. To create a time-out space for students, 28 secondary schools and two universities were equipped with "wellness hub kiosks" and a set of toolkits, which included a "Me Time" tent, an online portal and emotional teaching materials.

Wellness for Youth School-based Programmes

During the long school suspensions, emotional problems concerning academic and family issues became more common. In order to enhance students' awareness on mental health issues, **Mind Healing Programme**, sponsored by Lee Hysan Foundation, was launched. Mindfulness programmes for students and teachers were conducted in 30 secondary schools. A total of 156 sessions were organised and feedback from the participants was positive and encouraging. An Instagram page was also set up to promote a healthy lifestyle to students through stories and videos during the school suspension period.



Special Educational Needs (SEN)

Project COACH provided SEN School Stationing Services for groups and individuals and was aimed at both SEN students, particularly those with dyslexia, autism or hyperactive disorders, and their parents. Apart from enhancing students' learning motivation and acquiring effective learning skills, the programme also helped them improve emotional and behavioural problems. The service also stressed the connection between school and family. Covered were 25 primary schools with 2,790 training sessions.

Project NES embraced the belief of maximising SEN students' potential, by nurturing and engaging them so that their talents should shine. Groups and activities were organised in seven secondary schools and 71 SEN students received intensive and comprehensive services.

Project Family was a pilot project being launched to provide career guidance, and job and life skills to those with autism spectrum disorder. Through work experience in the HKFYG Organic Farm, eight participants enhanced their skills of self-care and learned basic job skills. With this successful

start, the project became a two-year initiative sponsored by The Community Chest of Hong Kong, beginning from June 2021, to benefit more students and their families.

Resilience Building

- **The Understanding Adolescent Project (Primary)** provided a wide range of programmes to Primary 4 to 6 students in 48 primary schools.
- **School-based After-School Learning and Support Programme** planned to provide 109 programme sessions as extra learning experience to underprivileged students in six primary schools. Due to the pandemic, 70% of service sessions were cancelled.
- **Healthy School Projects**, supported by the Beat Drugs Fund, was organised in five secondary schools. A total of 98 programme sessions with different themes were delivered to over 2,246 participants.

Further Schooling

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One-stop services including talks and workshops, real-time online tutoring, online mock interviews, as well as practical information, were available to DSE candidates. A total of 73 programme sessions were held, with the participation of 2,764 students. Trained social workers and volunteers also offered immediate guidance and counselling through hotline and online platforms, handling a total of 9,405 hotline cases and 4,316 online cases.

Life Planning Services for School Students

PLUS-Experiential Learning Series is a learning package for school students focusing on positive values, life planning, unique experiences and service learning. A total of 887 programme sessions were provided to students and parents.

Media Counselling

Hotline Services

Youthline 2777 8899 provides an immediate and convenient channel for young people to seek help or support through the phone. In the reporting period, 220,456 incoming calls were registered and a total number of 41,492 cases were handled. Problems relating to schooling, emotions and mental health were the top three concerns.

The 24-hour free telephone **Infoline service** consistently provides counselling messages and useful information to youngsters. Over the past year, a total of 173,718 callers listened to the stories and information of Infoline.

Online Counselling

uTouch Cyber Youth Outreach Service adopted a proactive approach to identify and engage online youth, aged 6-24, at risk of social exclusion. In order to better understand youth loneliness, particularly during the pandemic, an online survey and press briefing was conducted. A series of tailor-made online and art-based offline activities were offered. This year, 2,252 young people were engaged and encouraged to participate in the different activities and a total attendance of 10,080 was recorded. Partnerships with other community stakeholders and organisations were also formed to foster cross-sectoral collaboration to address the needs of at-risk youth.

Open Up is a round-the-clock online text platform designed specifically to cater for the needs of youngsters experiencing emotional distress. Supported by The Hong Kong Jockey Club Charities Trust, the Federation, together with The University of Hong Kong and four other agencies, provide online counselling services. A new volunteer centre was set up in Lai Chi Kok for volunteer trainings and online duty. From April 2020 to March 2021, 33,641 chat sessions were provided.

Media Education

Sponsored by the Quality Education Fund, a new project, focusing on media and artificial intelligence (AI) literacy education was developed. Called **Project MAIL**, it is a pioneering AI literacy curriculum for secondary school students. As of March 2021, 30 secondary schools had enrolled, taking part in classes and workshops. A youth survey on fake news was also conducted where it was found that 60% of 2,000 school students believed that fact-checking should be taught in schools.





Education Services

Providing high quality education is the goal for the two non-profit making kindergartens-cum-nurseries; non-profit making kindergarten; aided primary school and Direct Subsidy Scheme secondary school. In spite of school suspensions, the commitment to education continued. The Continuous Learning Centre also continued to encourage lifelong learning through less formal platforms.



Pre-primary Education

Homework Reform

The kindergartens re-designed the school-based homework in 2018-19, with the aim to provide age-appropriate tasks that help children to revisit and extend what has been learnt at school. Believing that young children learn best through touching and manipulation, homework for ages 2 to 4 now focuses on task-based activities using school provided materials, including bricks, craft papers and clay. The participation of parents constitutes a large part in the new homework design, including finishing tasks with children, recording progress and giving comments. This not only improves parents' understanding of child development, but also enhances parent-child relationships.

For older children, homework emphasises developing muscle and motor skills before gradually entering the writing stage. Writing tasks are designed to supplement reading, speaking and listening skills, to develop a holistic language foundation. Parents were happy and found that the curriculum built a solid foundation which made the transition to primary school easier.

Warm Festival Greetings during the Pandemic

The pandemic and social distancing regulations disrupted many festival celebrations. To ensure that children understood the traditions of different festivals, the kindergartens designed two play kits for Christmas and the Lunar New Year. The kits included, a festive activity advent calendar to count down to the festival and a variety of parent-child games, craft projects, decorations and reading activities. Children were thrilled to unbox the kits and parents were grateful for the easy-to-follow instructions and the ready-to-use materials. A wordless picture book about visiting grandparents during the Lunar New Year was also designed and published, to help children understand better and gain some knowledge about the 24 solar terms.

Empowering the Elderly through Cross-generational Integration Programmes

With many children at the HKFYG KK Cheng Kindergarten being taken care of by young and energetic grandparents, the kindergarten, in collaboration with an elderly centre nearby, provided a series of training to help the elderly become helpers. The elderly now constitutes an important support in the kindergarten, by reading and helping with the children on a regular basis. These cross-generational integration programmes not only enhance the elderly's self-esteem and happiness, but also promote mutual understanding and respect across different generations. Recognising this success, over the past two years (2019-20 and 2020-21), the kindergarten was awarded the "Age-Friendly City Appreciation Scheme Star Award" by The Hong Kong Council of Social Service.





Primary Education

The highlights of the year at the HKFYG Lee Shau Kee Primary School:

Project Learning

Starting from Primary 5, students are required to work on a one-year project under the guidance of teachers. Beginning with an inquiry and undergoing a series of self-directed learning activities, such as conducting research, designing questionnaires, analysing data and drawing conclusions, students were equipped with necessary skills for dealing with future challenges.

Lead-Lab II

The newly-established digital e-learning zone provided students with a variety of fun e-learning experiences like VirCube, 4D Frame, Scan and Cut. Through the setting of tasks, students communicated and discussed with one another how to solve problems. Specialised training sessions and multiple intelligence lessons offered them the opportunities to realise another perspective of self-directed learning.

As a result of the pandemic, teachers gained more experience in using e-learning platforms and various apps and were more effective in online teaching. There was more teacher-student interaction and instant assessments and feedback were available. Homework became more diverse, and included making videos and recordings, as well as collaborative writing on Google doc. As the lesson times were shortened, all these new try-outs created more space and time for both teachers and students.





Secondary Education

The HKFYG Lee Shau Kee College (HLC) offered the following this year:

Learning and Teaching

HLC continued to provide a broad curriculum for students, catering for their diversified learning needs. Besides the provision of more electives for the HKDSE, from September 2021, the College will offer a S4 Integrated Curriculum for an International Stream (GCE A-Level).

Being the sole partner with The University of Hong Kong in MOOC (Massive Open Online Courses), students were encouraged to pursue courses from worldwide universities at their own pace. This year, all S3 students were asked to complete a MOOC course to replace traditional summer assignments. The completion rate was expectational: over 264 MOOC courses were completed by 130 S3 students. To further cultivate passionate self-directed learners with global perspectives, a more structural and extensive approach would be implemented in S4 next year.

To further support the implementation of e-learning, all teachers were provided with a tablet, in addition to the computers in staff rooms and classrooms. Opportunities for professional development were frequently arranged for teachers, namely,

training on Microsoft Teams and OneNote, self-paced online training of various e-learning tools on Staff Development Day, lesson studies about facilitating self-directed learning (SDL) with e-devices, intra- and inter- departmental e-learning sharing throughout the year, to improve pedagogy with e-learning to support students' skills of SDL.

Student Development

The Students Affairs Committee utilised online platforms to hold various activities enhancing life skills and promoting values for students. Many amazing stories or reflections were shared by student leaders, teachers and guest speakers during assemblies. To strengthen emotional support to students after prolonged class suspensions, a "Welcome Back Programme" was held. A welcome video was played and S1 students delivered welcome gifts to their fellow students with the Guidance Team when school resumed in September 2020. Face mask holders, designed by a student, were sent to all HLCians and alumni.

Students were actively engaged in Life-wide Learning Days, programmes outside the classrooms. They visited the HKFYG Leadership Institute in Fanling or participated in workshops including dancing, African drums, ukulele, needling and astronomy exploration.





Continuous Learning

While face-to-face teaching was impossible to maintain during the peak of the pandemic, online teaching was adopted with a high degree of flexibility to ensure the smooth operation of the classes. Following the resumption of normal routines, face-to-face courses restarted. During the year, approximately 150 online classes were held and the number of participants reached the peak of 13,371. The Continuous Learning Centre (CLC) also launched an incremental number of online programmes and seminars.

Five programmes accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ) were included in the list of reimbursable courses under the Continuing Education Fund (CEF). Currently, CLC is applying for two additional programmes, Building Inspection Assistant Training and Florist Training, for HKCAAVQ's accreditation; the results of which will be announced in December 2021. Apart from Speech and Language Training, accredited by United Kingdom Training Qualifications, three new programmes: Dental Services, Students with Special Educational Needs, and Veterinary Technology were listed.

The HKFYG Living Life Academy (LLA) published two issues of *Learning Magazine* this year. Signature programmes and daily learning tips featured in promoting a variety of choices for online courses and summer programmes. Another publication *Understanding Mediation II* was also published to enhance readers' knowledge on mediation and handling conflict through real cases of mediation. In 2021, LLA aims at promoting the understanding and practice of positive psychology through a forthcoming publication, which will be launched to coincide with the opening of the Hong Kong Book Fair 2021. Concurrently, LLA will participate in the Education and Careers Expo in July 2021 to showcase products of continuing education and career information.

In 2020, LLA created an educational board game on mediation. To strengthen HKFYG colleagues' knowledge and skills on dispute resolution, LLA held an internal workshop including a demonstration of the game. Subsequently, another two online mediation workshops were arranged for principals, teachers and social workers of primary and secondary schools.





Parenting Services

The Parent Support Network (PSN) and the Family Life Education Units (FLE) provided both internet and community-based services, which included Mediation Services, Educational Talks, Workshops, Self-Learning Groups and Family Activities for parents and children, as well as continuous learning and mutual support.



Service Highlights

Parental and Family Education Programmes

A systemic Parental Education Curriculum was developed both online and at district-based, consisting of the following: Nurturing Children, Strengthening Parent-child Relationship and Handling Parent-child Conflicts. Celebrity Parental Talks collaborated with celebrities and professionals were held at different schools. The Unit organised 292 Parental and Family Life Education Programmes, with a total of 26,682 service attendance.

Website for Parent Support Network (psn.hkfyg.hk)

Professionals and celebrities were invited to share their expertise and experience on parenting and issues of parents' interests online. Useful information, videos, articles and news were uploaded daily on the website, as well as social and public media platforms. Parents were also encouraged to participate at online classes, groups, workshops or via passages. From April 2020 to March 2021, PSN had a record of 139,516 views in all online platforms.

Parent-child Mediation Service

Both online and district-based mediations, brief case services and remedial support were provided to parents and their children with a total of 1,388 service attendance.

Parental e-Learning Services

Due to the pandemic, more than 120 online parental e-learning talks, workshops, sharing groups and parent-child activities were organised throughout the year with diversified knowledge and interests. They included parental education, wellness, developing interests and enhancing the relationship between parents and children. More than 2,400 persons were served.

An online Certificate Course for parents, that covered such areas as, resolving parent-child conflict, dealing with emotions and improving familial communications was organised to provide systematic and professional training to parents. More than 120 persons were served.





Collaborative Programmes

Parental Education Talks Series

For the 17th consecutive year, the Federation co-organised territory-wide parental educational talk with the Vocational Training Council (VTC). This year, the online talks focused on different pathways for further studies after the Hong Kong Diploma of Secondary Education Examinations. Mr. Sam Wong Tak-sum and Mr. Joseph Tsang Chi-to were invited as guest speakers and the talks attracted over 6,000 participants.

Project: Parent Support Network

The Unit organised the Project with the support of The Community Chest Baseline Allocation. The Project focused on enhancing self-support and mutual help within and among families and communities from different networks. More than 200 programmes, mutual support groups, educational talks and workshops were organised both online and at district-based with more than 6,000 persons served.

Project: Parent Wellness Project

Sponsored by The Women's Commission, the Project focused on parental wellness through three online talks and eight online parent groups. The aim was to help build up healthy family lives.

Publications

Parental Book: *Mom's Training: The Gift of Life*

The book was written in collaboration with young writer, Ms. Carmen Lau Yin-man, and shared twelve stories about mothers and positive parenting.

Newspaper Column: *Parent Classroom*

Sing Tao Daily published this weekly column that covered a range of topics, including parental education, psychology and dealt with the latest parent-child issues. More than 50 articles were published this year.



Creativity Education and Youth Exchange



STEM (Science, Technology, Engineering and Mathematics) Education

The HKFYG Centre for Creative Science and Technology (CCST) was established to provide hands-on exploratory science education for students and teachers. With the support of the Innovation and Technology Commission and the Hong Kong Science and Technology Parks Corporation, nearly 240 workshops and talks were organised for more than 14,000 participants in 2020-21. In view of social distancing policy due to the pandemic, about 80% of workshops were held online and workshop materials were delivered to homes or schools prior to the workshop.

The second batch for the **LEAD Engineer Training Scheme** trained 33 tertiary students to become qualified STEM educators. After participating in between 12 to 15 comprehensive training sessions, including STEM Workshop designs, classroom management, needs of SEN students, emerging technologies in education, practicums and assessment, they now serve schools and communities with quality STEM education, gaining teaching experiences for their future careers.

The Innovation and Technology Pillar of the HSBC Future Skills Development Project aims to develop digital competencies among young people through workshops, school visits and career placements. The Project served 1,936 primary school students, 1,807 secondary school students and 1,223 tertiary students in 2020.

The Unit collaborated with the Transport and Housing Bureau to produce an online STEM programme to promote the work of seafarers to young people through a series of interesting lessons on nautical science and interactive workshops in August 2020. The four online workshops attracted 2,642 views.

The Unit supported the **Virtual InnoCarnival 2020** by building an online exhibition platform, organising 72 sessions of online workshops and 43 online seminars. The platform attracted over 82,000 clicks. A total of 2,970 families benefited by learning at home.

STEM Competitions

The Federation also organised the following:

The Hong Kong Student Science Project Competition (SSPC) 2020 attracted almost 350 students from 46 secondary schools, forming 86 teams to compete for various science-related awards. The SSPC is jointly organised by the Federation, the Education Bureau, the Hong Kong Science Museum and the Hong Kong Science and Technology Parks Corporation, funded by the Innovation and Technology Commission and supported by the Hong Kong Young Academy of Sciences.

The Global Youth Science and Technology Bowl 2020 attracted over 200 students from 22 countries or regions to participate and compete online. The competition facilitated scientific exchange among participants and audience through live-streaming competitions.





Over 367 students and teachers from 73 primary and secondary schools competed for the **Creative Coder Competition** jointly organised by the Federation and Department of Electrical and Electronic Engineering of The University of Hong Kong. Students learnt about computer programming and built an interactive installation or game.

In spite of all the challenges of the pandemic and lockdowns, the Youth Exchange Unit has adjusted the programmes by moving online, providing exchanges through travel vlogging and enjoying international cultural festivals.

Travel Vlogger New Media Training and Online Exchange Programme

Sponsored by Greater Bay Area Homeland Youth Community Foundation, 37 young people joined the Travel Vlogger New Media Training, learning script writing, video shooting and editing, setting up images and on the Greater Bay Area. Through trainings, their digital skills were enhanced and the participants being equipped to be travel vloggers.

An online international cultural festival was held in January 2021 with representatives from Germany, France, Denmark, Laos, Myanmar and Korea to share their culture and livelihood under the pandemic. 500 attendance were achieved.

Ocean Park-Conservation Chill Club

Commissioned by the Ocean Park Corporation, the Youth Exchange Unit recruited 300 young people to enrol in the "Ocean Park-Conservation Chill Club" and became conservation ambassadors. Participants learnt conservation work on three local signature species and ran seminars for 4,000 local students, published a monthly magazine and ran game booths. Participants also produced short films and videos.

Hong Kong Young Ambassador Scheme

The Hong Kong Young Ambassador Scheme, jointly organised by the Tourism Commission and the Federation, aimed to nurture a group of energetic young people as ambassadors to promote Hong Kong's hospitable culture and diverse tourism appeal to visitors around the world. In its 20th year, the Scheme appointed around 300 new ambassadors who underwent a series of core skills training. Their duties over the year included: stationing service at nine local tourist attractions, organising 18 promotional activities, producing 18 videos focused on the features of 18 districts, participating in nine tourism promotional events and four "Walking with Locals" activities. The ambassadors received 14 advanced trainings to enhance their service skills during the term of service. The training included visits and best practice sharing sessions led by prestigious companies. The Scheme also recruited 37 secondary school students to join a "YA Buddy" Programme to promote a hospitality culture in the community together with the ambassadors this year.





Leisure, Cultural and Sports Services

The Cultural Services Unit and the four camps and outdoor activities centres of the Federation offered diversified programmes and activities in spite of the pandemic.



a cappella Services

Two notable projects were held this year. The first, commissioned by the Hong Kong Museum of Art and the Leisure and Cultural Services Department (LCSD), *Five Senses at HKMoA – Floating Landscape with a cappella* was an original video of music and images that reflected the synergy between the city and nature. This project received more than 60,000 views within the first two weeks and was received with much acclaim.

The second, commissioned by the Intangible Cultural Heritage Office of LCSD saw the Unit choose several heritage events like the Ghost Festival and the Dragon Boat Festival, as well as iconic intangibles, like Hong Kong milk tea, to have songs composed about them and sung in a *cappella*. Called *the ICH@Schools Programme Series: ICH x A CAPPELLA*, these lively renditions were then performed in secondary schools, again to great acclaim and the amusement of the audiences.

HKFYG Jockey Club Youth Arts Education Programme – Restpiration Online

Funded by The Hong Kong Jockey Club Charities Trust, the programme was held on 12 December 2020. Playing on the word “Restpiration”, the focus was on rest, respire and inspiration to promote wellness through art. Five art zones could be navigated through a virtual art park that focused on different issues: visual and performing art, wellness, dojo, food and the just relaxing. The online programme has reached more than 70,000 people.

Jockey Club Sai Kung Outdoor Training Camp

More sporting activities were included, like shooting training by the International Practical Shooting Confederation, Standing Up Paddle (SUP) and Yoga. Training programmes were provided at the Youth S.P.O.Ts for youth at risk and through the school counselling services. The first round of the OTC League will take place at the Camp in August 2021.

Another new programme called “Leave No Trace” was created to educate campers to go green. In this programme, campers learnt how to respect and enjoy nature.

In addition, a new kind of staycation was offered to attract families to spend a pleasurable day at the Camp and enjoy the activities.





Lamma Youth Camp

In spite of the pandemic, a wide array of themed programmes were promoted in 2020-21. A new kind of staycation called “Lamma tentcation” was set up to attract families to enjoy a “go green” stay, learning how to observe their living environment, respecting and enjoying nature.

Another highlight offered by the Camp was the wildlife experience which began in the dark: a night safari in search for frogs. With a 24-hour CCTV system installed in the tree frog pond, campers could observe and understand more about Romer’s tree frogs without disturbing their habitat. At the same time, a series of related programmes were launched for the public.

Tai Mei Tuk Outdoor Activities Centre

Located near the main dam of Plover Cove where the surrounding sea is relatively calm and geographically protected by surrounding mountains, the Tai Mei Tuk Outdoor Activities Centre is an ideal venue for water sports training and activities. New pilot water sports programmes, including SUP polo, wind-surfing and sailing, were launched.

Although the effects of the pandemic were inevitable, the Centre made use of the lockdown period to carry out major repair and maintenance works. An instructor training course of “Leave No Trace” was organised to help the Centre’s staff and instructors embrace the concept of environmental protection.

Stanley Outdoor Activities Centre

With a very generous grant from The Hong Kong Jockey Club Charities Trust, the Centre underwent redevelopment into a holiday camp. The redevelopment is expected to be completed by the end of 2021 and will reopen to the public in 2022. Being renamed as The Jockey Club Stanley Outdoor Training Camp, it will provide not only aquatic activities but also a wide variety of experiential-learning based and sustainability programmes, through which youth can gain more knowledge on water sports, environmental protection, enhancing self-ability and self-worth, and the unique culture and history of local communities in the South District.



Research and Publications

In-depth and analytical evidence-based research has become exceedingly more important in a world where information is so readily available, but with no clear guidance on what might be true or what might be fake. Making a judgement and being able to form an opinion can only be really achieved with clear and concise knowledge. Over the past 28 years, The HKFYG Youth Research Centre (YRC) has been providing just this, so as to better understand the challenges, concerns and needs of the young people.



Youth I.D.E.A.S.

Youth I.D.E.A.S. was established in 2015. Serving as a youth think tank, with more than 80 young professionals, entrepreneurs and post-secondary school students, and has eight academics and experts as advisers. Youth I.D.E.A.S. conducts evidence-based research for policy advocacy. Over the past four years it has completed 48 research projects in four clear areas: (1) Economic Development, (2) Governance, (3) Education, and (4) Livelihood. Findings are then shared with policymakers and different sectors of society.

Last year's reports are as follows:

Publication	Serial Number	Title
September 2020	YI052	Maximising the Advantages of Flexible Working Arrangements
September 2020	YI053	Improving Operations of Advisory Bodies to Better Facilitate Youth Engagement
November 2020	YI054	Opportunities for Youth Employment amid the Pandemic
November 2020	YI055	Enriching Students' Internship Experiences in the Next Normal
January 2021	YI056	Public Health Lessons Learnt from COVID-19
January 2021	YI057	To Stay or To Leave? A Critical Question for Good Governance
March 2021	YI058	Tackling Hong Kong's Brain Drain
April 2021	YI059	Supporting Teachers in Facing Educational Challenges
May 2021	YI060	Balancing Privacy Protection and Big Data Development
June 2021	YI061	The Challenges of Civil Servant Talent Development
August 2021	YI062	Navigating Career Opportunities for Young People



Youth Trends in Hong Kong

Youth Trends in Hong Kong provides an integrated view on different features of Hong Kong young people by collating the most recent research findings and the major statistics on this cohort. *Trends* also provides suggestions for future youth development. This series serves as useful resources for people who are interested in issues related to young people to have a comprehensive picture of Hong Kong youth today.

Youth Studies

Two studies were undertaken this year that focus on the future and the readiness of youth to cope. This is especially relevant given that Hong Kong has faced serious challenges over the past two years. While this has not been an easy time for the entire community, young people have been particularly affected in terms of their expectations and all-round wellbeing.

Publication	Title
June 2020	A Study on "Skills for Tomorrow"
July 2021	A Study on "All-Round Wellness"

Professional Publications

The Federation published 11 books for professional and leisure reading in the year, encouraging people to read:

1. *Live with Anxiety*
2. *Turning Point V*
3. *Love and Sex: Narrative Therapy for Youth*
4. *Beyond Failure: Learning from Outstanding Young Volunteers*
5. *Life is Beautiful*
6. *Mom's Training: The Gift of Life*
7. *Understanding Meditation II: A Guide Book to Theories & Cases*
8. *Postcards - Beautiful Hong Kong Scenes*
9. *Care Beyond Professionalism: Stories under COVID-19*
10. *Language of Love*
11. *Together • We Go Further*





Youth Hong Kong Magazine

Youth Hong Kong, an English quarterly magazine, covers topical issues and their impact on young people. With Chinese summaries of major articles, the magazine provides insights through interviews, features and first-hand accounts. The circulation of the magazine is 10,000 copies with a wide base of online readership around the world. Topics covered over the period include:

Publication	Topic
June 2020	60 Years and Beyond, Always with YOUth
September 2020	Impact of COVID-19 on young people at home, school and work
December 2020	Understanding young people's vulnerability and celebrating resilience
March 2021	Young people getting ready for work

<https://cps.hkfyg.org.hk/yhk-issues/>

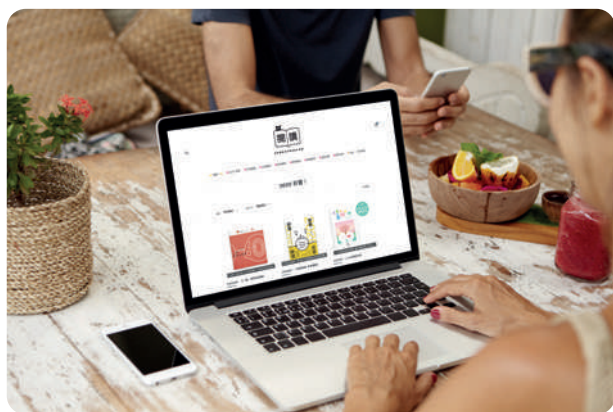


Youth S.P.O.T. Magazine

The *Youth S.P.O.T. Magazine* is published bi-monthly with a circulation of 22,000 copies. Targeting young readers in Hong Kong, the magazine covers interesting topics with young people's voice.

Publication	Title
April 2020	Exploring how to learn
June 2020	Our stories, in this Youth SPOT
August 2020	Searching for a job under COVID-19
October 2020	Caring for people under COVID-19
December 2020	Choosing a green life
February 2021	Thank you for understanding me

<https://cps.hkfyg.org.hk/ysm/>



The HKFYG Online Book Shop

Started in September 2018, the HKFYG Online Book Shop offers discounts and promotions for both books and stationary.

books.hkfyg.org.hk

SCOLAR Sponsored Activities

The Standing Committee on Language Education and Research (SCOLAR) sponsored two writing programmes to promote reading and writing among primary and secondary students in Hong Kong:

Creative Writing Competition

Working within teams, 60 students in primary and secondary schools were trained. What was originally meant to be a team competition had to be changed to an individual experience activity due to the pandemic.

School Writers Competition

From S1 to S4, 60 school writers took part, with the winner an S4 student who saw her book, *Language of Love*, being published.

